



USA Gymnastics Alabama Competition Rules

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At a Glance

STATE MEET QUALIFYING SCORES – Add 22.00 to Level for Level 1 – 8 (Ex Level 3= 22.00+3=25.00AA) Level 9 & 10 must have a 32.00 AA to qualify

Specialist at level 8, 9 & 10 – 9.0 on the event

State meet Entry Fees: \$85.00 for Levels 1 – 5

\$88.00 for Level 6 & XCEL

TEAM FEE: \$50.00 All Levels

\$98.00 for Levels 7 – 10

State Meet Dates and Sites:

Compulsory State Meet (Level 1 -5)

Dec. 3-5, 2021, in Tuscaloosa at the Belk Activity Center - Host: Bama Bounders

Optional/Xcel State Meet

March 25 – 27, 2021, in Foley at the Foley Event Center – Host: Bama Bounders

PROGRAM & LEVEL DECLARATION DATES:

NOVEMBER 19, 2021 FOR ALL COMPULSORY LEVELS

MARCH 11, 2022 FOR LEVEL 6-10 & XCEL

Dates and Deadlines to place a competition on qualifying calendar for 2021-2022

JANUARY 1, 2021 TO MAY 1, 2021

BIDS FOR STATE MEETS FOR 2022 - 2023 - BID FORMS WILL BE AVAILABLE ON 7/15/21

BIDDING IS FOR 2022 COMPULSORY STATE and 2023 OPTIONAL/XCEL STATE

BIDS DUE BY NOVEMBER 15, 2021 – BIDS AWARDED AFTER SAC MEETING IN DECEMBER

REGIONAL QUALIFYING SCORES

Level 9 & 10 – 35.00 AA scored at the Alabama state meet

Specialists: Level 9: 9.5 Level 10: 9.3

Level 6, 7 & 8 – by percentage from the Alabama state meet

XCEL Silver, Gold, Platinum and Diamond by percentage from Alabama state meet

Bronze is not eligible to qualify to the regional competition

ALABAMA WEB SITE: www.ALAUSAGYM.COM

USA Gymnastics Alabama Competition Calendar

- Competition Season: August 1—July 31st
- Competitions are placed on the calendar on a first come basis beginning January 1st
- All requests for qualifying competitions must include the following:
- Request for Judges
 - All requests should be made through the Judge Assignment website – www.gymjas.com
 - Instructions for online judges request system are included at end of this document
 - Meet directors may request judges by name or request that a judge not be assigned to their competition.
 - This must be done on the form when the request is filed
 - Judges may not solicit meets or ask meet directors why they are not on their meet
 - Fees that are due with judges Request Form - \$3.00 per judge requested - payable to Alabama NAWGJ (nonrefundable)
 - Mailing address for AL NAWGJ SJD: Gayli Craver, 128 Spearpoint Ln, Meridianville, AL 35759
- Submissions for ALL Alabama Qualifying Competitions
 - Will be accepted as of January 1st for the following season
- All requests for a AL USA Gym Qualifying competition must be received by MAY 1st
 - Competition requests received after MAY 1st for the upcoming season may not be considered State Qualifiers & may only be used for mobility purposes. Meet Directors or Organizations that have not paid USAG fees/and or fines will not be able to place any competitions on the Qualifying calendar until all fees are paid in full.

Sanction Guidelines

- All National sanction guidelines must be followed
- Rules and Policies are available at www.usagym.org
- All sanctioned qualifying competitions must be open to all Alabama clubs
- All qualifying competitions must use 2 judge panels per event for Levels 4-10
 - Levels 1-3 may use 1 judge panels but this information must be in pre-meet information
- All qualifying competitions may be used to qualify to the Alabama USA Gym State meets
- Non USAG sessions (AAU or non sanctioned) must be completed before or after ALL USA Gymnastic sessions or follow the USA Gymnastics guidelines for concurrent competitions.

Mobility Competitions

- Mobility meets may be used to qualify to an Alabama USA Gym state meet at the discretion of the State Administrative Committee only if the meet is sanctioned
- May have only one club (team) competing to obtain a sanction
- Mobility meets must follow all rules and policy of USA Gymnastics
- Mobility only meets will not be placed on the Alabama calendar
- Level 4 & 5 may use one judge panel for mobility meets but not for qualification to State Meet
- All optional levels require 2 judge panels for mobility competitions
- It is highly recommended that these meets use the Request for Judges procedure above.
- Mobility competitions must pay athlete fee of \$1.00 per athlete to the SAC

Mobility Scores – (DP – Page 80 / Xcel – Page 49 in 2021-2022 Rules & Policies)

- Level 1 – 3: no score required
- **Level 4 – entry level** 34.00 required to move to level 5
- Level 5 – 32.00AA required to move to level 6 or 7
- Level 6 – 32.00AA (athletes may skip this level)
- Level 7 – 32.00AA required to move to level 8
- Level 8 & 9 – 34.00AA required to move to next level
- XCEL
 - There is no mobility into the DP program from XCEL
 - All XCEL athletes must enter DP program at level 4 or below
 - XCEL GOLD is not an entry division
 - New XCEL athletes must enter at Bronze or Silver
 - Mobility score to move to GOLD is 31.00AA at Silver
 - Mobility score to move to Platinum is 31.00AA at Gold
 - Mobility score to move to Diamond is 31.00AA at Platinum
 - Mobility from DP into XCEL program
 - DP athletes at level 1 & 2 – MUST enter at Bronze or Silver
 - DP athletes at level 3 MUST enter at Silver or Gold
 - DP athletes at level 4 MUST enter at Gold
 - DP athletes at level 5 & 6 MUST enter at Platinum
 - DP athletes at level 7 & above MUST enter at Diamond

If a DP Level 8 or below athlete wishes to enter the Xcel Program in a Division below the allowable Division, her coach may submit a “reason for change” letter to the State Administrative Committee Chairman for approval.

Athletes may only compete in 1 (one) State meet per competitive season

USA Gymnastics Competitions – State Meets

- Alabama USA Gym will host state meets for Levels 1 -10 and XCEL
 - Fall Season: Levels 1, 2, 3, 4, 5
 - Spring Season: Levels 6, 7, 8, 9, 10 and all XCEL divisions
 - Athletes may compete in one state meet in the fall and one in the spring
- Athletes at level 1, 2, 3, 4 & 5 must compete in Alabama qualifiers to qualify to the Alabama State meets
 - Clubs may enter as many qualifiers as they want
- Athletes at level 6, 7, 8, 9 & 10 & XCEL, in addition to at least one Alabama qualifier, may also use scores from out of state competitions to qualify to the State meets – out of state scores must be submitted to the State Chair prior to the Declaration Date to be considered if the athlete has not achieved a qualifying score in an in-state meet. Clubs are responsible for providing these scores to the State Chair on time.

- **DECLARATION DATE:** Declaration date is the date that the athlete declares their program/level/division for the rest of the competitive season and for state meet qualification
 - **November 19, 2021: Levels 1- 2-3-4-5**
 - **March 11, 2022: Levels 6-7-8-9-10 & all XCEL Divisions**
 - Athletes may not drop back during the season after the declaration dates
 - Athletes may not drop back after competing in a State competition at that level
 - Athletes that move up a level from the previous year and compete in competitions after the declaration date and then want to drop back must petition to the SACC and Regional Tech & DP Chairman for approval
- **Specialists**
 - Level 10 Specialist: 9.0 on event
 - Level 9 Specialist: 9.0 on event
 - Level 8 Specialist: 9.0 on event
 - Clubs must declare that an athlete is a specialist on entry form by the date of the State meet and may only compete on the event that they qualified on and declared
- **Entry Fees for State Competitions**
 - Level 1- 5: \$85.00
 - Level 6-7: \$88.00
 - XCEL: \$88.00
 - Levels 8 – 10: \$98.00
 - Team Fee all Levels: \$50.00
 - Entry deadlines are 3 – 4 weeks prior to event date or as posted on calendar
 - Entry deadlines are strictly enforced
 - All entries must be in the hands of the meet director by deadline date with ALL fees paid or late fees will be assessed – it is the club responsibility to know deadline dates and enter on time – it is not the responsibility of the Meet Director or Alabama USA Gymnastics
 - Clubs should enter all athletes that plan to attend the state meet even if not yet qualified – as you may use competitions after the deadline date to qualify to a state meet – if the athlete does not achieve the qualifying score a refund will be given provided the meet director is contacted the Monday after the athletes last competition –
 - **CLUBS WILL NEED TO REGISTER FOR ALL STATE MEETS ON USA GYMNASTICS MEET RESERVATION SYSTEM** – after you enter you must then either send a check to meet host or pay online depending on the meet host – your entry is not considered complete until **ALL FEES ARE PAID IN FULL** -
 - If a club enters late including athletes that are NOT yet qualified, the Club will not be allowed to compete in the State meets until all entry fees and late fees have been paid in full
 - **Clubs that enter after the draw has been done may be allowed to enter the competition however, athletes will be placed into any session that works for the competition. Athletes that need to be placed in sessions that are not their age group will not receive awards or count for team.**

Late Fees for State Meet Competitions

- Late Fees
 - \$25.00 late fee per athlete will be assessed for late entries plus a \$100 club fine
 - A \$500 fine will be assessed if a club is late for both State Meets in the same competition season (August 1 – July 31)
- See the Alabama calendar on the USAG-Alabama website for dates, information and deadline dates for all State Meets – www.alausagym.com

Format for Competition at State Competitions

- Levels 1 – 5
 - Athletes will be divided by birth date into equal sessions
 - Alternating youngest to oldest or oldest to youngest or as determined otherwise by Alabama State Committee – normally old to young in odd years/young to old in even years
- Levels 6, 7 & 8 and XCEL Silver, Gold, Platinum & Diamond State meets
 - Athletes will be divided into age groups by birth date and will compete according to the draw that will be done by the Alabama State Committee
 - The draw will be announced prior to the competition entry date
- Levels 9 & 10 State meets
 - Athletes will be divided into age groups by birth date and will generally compete youngest to oldest however actual schedule will be determined by SAC and Meet host
 - Level 10 seniors will generally compete in the last session on Saturday evening

State Team Competition Rules

- Clubs enter the Team competition by paying the team entry fee with their entry
- Clubs may not enter the Team competition after the divisions for the State meet have been announced
- Divisions will be used at the Compulsory State Meet for Levels 1-4 unless a Level has insufficient entries as determined by the State Committee
- Divisions
 - Large Team – 10 or more gymnasts entered in that Level
 - Small Team – 9 or less gymnasts entered in that Level
- Large/Small Team determination is based on entry and is not altered by scratches
- Club divisions will be announced AFTER the scratch deadline date for State Meet
- Once team divisions have been announced a club may not move to a smaller division due to scratches - Clubs that ADD athletes may be moved to a larger division
- Athletes that enter a state meet with one team and then move to compete with another team may NOT count toward the team score at the State meet
- Number of counting scores for Team competition
 - 3 scores will count for all levels and all divisions
- Team State Banners
 - Based on 50% plus one per Level unless determined otherwise by State Committee
- State Meet Award policy for athletes
 - Events: 50% plus 1 State medals for all levels
 - All Around – 100%

Judges Selection – Rules for Alabama USA Gymnastics Qualifying and State Competitions

- All qualifiers will be assigned judges by NAWGJ Alabama as per criteria set by the Alabama USA Gymnastics State Committee
- Requests for specific judges will be honored if written on the judge's request form and if judge is available
- A judge will not be assigned to the meet if this is indicated on the judge's request form
- Assigners will work together to assign competitions using meet director's requests, location, availability, rating, and Alabama USA Gym criteria as guidelines
- Judges may not "solicit" competitions from Meet Directors
 - Judges are not allowed to ask a Meet Director why they were not assigned to their competition or ask to be assigned to their competition

State Meet Assignments

- The Alabama USA Gymnastic State committee is responsible and required by R&P to select all judges for the Alabama state meets
- All paperwork required (availability form, CPE form and in gym card) must be current
- Final list of judges must be approved by a quorum of the Alabama USAG State committee before contracts may be sent to judges
- The Alabama committee will also approve panel assignments and Meet referee assignments for all State meets
- Number of Judges at State meets
 - 2 judge event panels: Levels 1 – 7 & XCEL
 - 4 judge event panels: Levels 8-10
- In Gym Card
 - The Alabama committee requires all judges that are interested in being considered for an optional Alabama state meet to file an in gym card (6 hours) at the level that they wish to be considered for (Level 10 in gym will satisfy all levels)
 - If a judge has filed an in gym card with the Region this will satisfy the requirement
 - State Meet Availability Forms - must be filed for ALL state meets by the deadline date of September 1st

State Meet Bids

- Bid forms will be available on the Alabama USA Gymnastics website www.alausagym.com
- Bid forms for State Meets should be available by mid-summer and are due back to the State Chair on or before Nov. 15
- Bids must include all required information
- State meets are governed by the Alabama USA Gymnastic committee
 - Please review the regulations for bidding and hosting a state meet that are available on the Alabama web site www.alausagym.com

Qualifying to Regional Competitions

- Levels 6,7 & 8 will qualify to the Regional meet by a percentage from the state meet
 - Exact number will be determined just before the state meet
 - Petitions are not allowed to qualify to the regional meet and athletes must compete with their age group to be eligible to qualify to the regional meet
- Levels 9 must achieve a 35.00AA at the State meet
- Level 10 must achieve a 35.00AA at the State meet
- Level 9 Event Specialist will qualify to the Regional meet by achieving a 9.5 at the State meet on event
- Level 10 Event Specialist will qualify to the Regional meet by achieving a 9.3 at the State meet on event
- Level 9/10 athletes may petition to the regional meet – score required to petition must be 1(one) point higher than the regional qualifying score for each level (36.00AA for petitions)
- XCEL silver, gold, platinum and diamond athletes will qualify to the Regional meet by percentage from the state meet (**Bronze is NOT eligible to enter a regional meet**)
 - Exact numbers will be determined just before the XCEL state meet
 - Petitions are not allowed to qualify to the regional meet
 - Athletes must attend the Alabama state meet to qualify to the Regional competition
 - Alabama will enter a State team at Silver, Gold and Platinum at the Regional meet
 - Athletes must compete in their age group and assigned session in order to qualify to the regional competition

Alabama PROGRAM of the Year

- State committees are responsible for the selection of the program of the year
- Each state may set their own criteria for selection
- The region will select the Regional program of the year from the state nominees
- Alabama State Committee will determine a Compulsory Club of the Year, Optional Club of the Year, and Xcel Club of the Year. In addition, the Committee will select a Program of the Year which will be submitted as the Alabama Program of the Year for the Regional vote.
- The Clubs and Program of the Year Awards will be given at the Annual Awards Reception.

XCEL

- This is a separate program from the DP Program and there is no mobility from XCEL to the DP Program
- States may determine if a state meet will be held at XCEL and what divisions
- All rules will be posted on the National web site
- Judges rating for Alabama XCEL meets: a level 4/5 rating is required for all qualifiers at Bronze, Silver and Gold. - Level 7/8 rating or higher is required for the Alabama state meet as well as all meets with Platinum/Diamond

Alabama USA Gymnastic Committee

- The Alabama committee is made up of 7 elected representatives and members appointed to the committee by the Alabama State Chairman
- Elections are held every 2 years for committee positions -next election is in 2023
- The Alabama committee is responsible for the organization and rules of State competitions, selection of judges, educational opportunities, enforcement of all USAG rules and policies at all sanctioned USA Gymnastics events in Alabama.
- The list of the State Administrative Committee is posted on the Alabama web site

Misc.

- All Regional rules for Region 8 are available at the Region 8 web site: www.region8gymnastics.org
- All National rules for USA Gymnastic competitions are available at the National USA Gymnastic web site: www.usa-gymnastics.org
- Mike Holdefer, SACC: mike.alsacc@gmail.com
- 2000 Dover Bay Ct, Northport, AL 35473
- Office Phone: 205-759-9359