

Samples of Treatment Plans and Progress Reports



APPENDIX D

The first sample of a treatment plan and progress report concerns the 69-year-old man with aphasia described in Appendix A, Report 10. The second sample concerns the same elderly client with dysphagia described in Appendix A,

Report 11, and in the sixth example of a Problem Oriented Report in Appendix B. These are written in an abbreviated style similar to that used in acute care and rehabilitation hospitals and nursing homes.



Sample 1

Client in Report 10, Appendix A

Mr. Smith, age 69 years

Medical Diagnosis: Aphasia following CVA

Frequency of Treatment: Daily sessions for 4 weeks

Problem: Aphasia with cognitive and linguistic deficits

Plan of Treatment: Individual treatment with SLP; use of visual, verbal, and tactile activities; use of external aids to increase orientation (such as a memory book); staff, patient, and family education; and a weekly meeting of the rehabilitation team

Functional Goals

Increase functional communication and comprehension of oral and written language to improve the level of his safety in the home environment.

Long Term

Independent living in the home environment.

Short Term

1. Mr. Smith will increase orientation in time and space for his current environment with 80% accuracy in the clinical setting.
2. He will increase his level of reasoning and problem-solving skills to 80% accuracy in the clinical setting.
3. He will improve word finding abilities in order to increase functional communication skills by 80% in the clinical setting.
4. He will improve reading comprehension of 2 to 3 sentences to 80% accuracy.
5. He will identify main idea/topic of auditorily presented reading passage or conversation at 80% accuracy.

Functional Abilities at Outset of Treatment (9/22/1999)

1. Confused orientation when interacting with more than one person at a time with difficulty in concentration and attention
2. Reasoning and problem-solving skills at 60% accuracy
3. Word finding abilities 50% of the time
4. Reading comprehension in short passages at 60% accuracy
5. Ability to identify main topic/idea of auditorily presented reading passage or conversation was limited by attention and concentration difficulties

At End of Treatment (10/20/1999)

- Well oriented with two people in room with 80% accuracy
- 75% accuracy
- 25% of the time
- Comprehension of 2- to 3-word reading passages at 75% accuracy
- Identified main topic: Auditorily: 85%; Reading: 80%; Conversation: 90%

Recommendations

Schedule an additional session to provide the patient and family with specific activities to improve orientation, reading, comprehension, and functional communication in the home environment. A follow-up examination should be done in 6 months.

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