



Wisconsin
Interscholastic
Athletic Association

2024-25

MIDDLE LEVEL HANDBOOK



2024-25 WIAA MIDDLE LEVEL/JUNIOR HIGH SCHOOL RULES AT A GLANCE

The WIAA Middle Level/Junior High Rules at a Glance offers a brief synopsis of WIAA Bylaws and Rules of Eligibility, to address in general some of the most common questions of the membership.

WIAA Bylaws, which outline the provisions of membership in the Association and the Rules of Eligibility, appear in the WIAA Middle Level/Junior High Handbook. The reader should refer to that publication, or confer with your school athletic director, for more complete information. Your AD should always be your first contact for questions or concerns about school sports.

It is the responsibility of member schools to abide by the rules of the Association, to educate students, coaches, parents and others regarding the provisions of membership and Rules of Eligibility and to report to the WIAA all violations of Association provisions.

The WIAA Constitutions states that each member school must have administrative oversight of at least one independently sponsored interscholastic athletic program that is maintained throughout duration of membership.

Junior high/middle-level schools are not restricted, as to what sports they conduct in the fall, winter, or spring seasons, however, the following regulations do apply:

There is to be no overlap of fall, winter and spring seasons.

FALL – The maximum length of a fall season is 10 weeks, concluding on the Saturday of the 10th week.

WINTER – The maximum length of a winter season is 15 weeks, concluding on the Saturday of the 15th week.

SPRING – The maximum length of a spring season is 10 weeks, concluding no later than the last day of school.

It is recommended that schools consider using the high school guidelines for minimum days of practice.

National Federation rules are followed, in junior high/middle-level competition, but schools and conferences may adapt those rules for safety reasons, or to allow more students to participate. Examples of adaptations might be:

1. Extra periods of play, to allow participation by youngsters that did not get an opportunity to play in the regular game.
2. Longer periods of play, designed for the same reason as number 1.
3. Weight considerations and restrictions.

GAME MAXIMUMS – Member schools may not exceed the game maximum requirements.

Baseball – 12	Soccer – 12
Basketball – 17 (2 tournaments)	Softball – 12
Cross Country – 8	Swimming & Diving – 12
Football – 7	Tennis – 12 (4 tournaments)
Golf – 12	Track & Field – 12
Gymnastics – 12	Volleyball – 13 (6 tournaments)
Lacrosse – 12	Wrestling – 12

CONTEST OFFICIALS – A school shall use only persons licensed with the Association for purposes of officiating junior high/middle level (Grades 6-8) interscholastic contests. Schools must follow the requirements for number of licensed officials needed at each contest.

NON-SCHOOL PARTICIPATION (IN-SEASON) – It is the philosophy of this Association that a student owes loyalty and allegiance to the school and team of which he/she is a member during the season of a given sport. Athletes may compete in not more than two non-school events with prior school approval during each regular sport season. The event(s) will not count against the individual maximum for the athlete in that sport. A student becomes ineligible in a sport for the remainder of the season for competing in more than two non-school events in the same sport during the season of practice and competition established by the school. The penalty may be reduced upon request of a school on the basis of documented extenuating circumstances.

COACHING REQUIREMENTS – All coaches must meet the Coaches Not Licensed to Teach (CNLT) requirement if not certified to teach in Wisconsin. All paid coaches must be AED/CPR and First Aid certified and maintain certification while coaching.

COACHING CONTACT – Nonschool coaching contact will be permitted during the school year for middle school coaches, provided such nonschool programs are not limited to students on the basis of school or team affiliation.

PARTICIPATION – A student is eligible for interscholastic competition at a junior high/middle school (Grades 6-8), if he/she is carried on the attendance rolls (for purposes of state equalization aids) as a fulltime Grade 6, 7, or 8 student in that member school, with the following additional provisions: 1. A student is eligible to participate in interscholastic competition at the level (Grades 6-8) to which he/she has been placed/promoted. 2. Junior high/middle level students (Grades 6-8) are not eligible to compete with or against students enrolled in Grades 9-12.

Students at private schools may be afforded eligibility at the community/local public middle level/junior high school provided that the private school is also a WIAA member. A private member school student is eligible for interscholastic competition at a member junior high/middle level public school (Grades 6-8), if he/she is carried on the attendance rolls as a fulltime Grade 6, 7, or 8 student in the private school, with the following provisions: 1. A student is eligible to participate in interscholastic competition at the level (Grades 6-8) to which he/she has been placed/promoted. 2. Formal school Board of Education approval is required by all of the schools involved. 3. Formal middle level athletic conference approval is required by all of the schools involved, when conference membership applies.

AGE REQUIREMENT – A student shall be ineligible for interscholastic competition as a member of a team consisting of Grades 6, 7, and 8 students if he/she reaches his/her birthday before August 1 of any given school year (6th grade - 13, 7th grade - 14, 8th grade - 15).

HEALTH COMPLIANCE – A student may not practice for or participate in interscholastic athletics until the school has written evidence on file in its office attesting to: 1. Parental permission each school year including an acknowledgement of receiving the school athletic code, 2. Acknowledgement of receiving the WIAA Rules of Eligibility, 3. Athletic Emergency Form 4. Current physical fitness to participate in sports.

ALL-STAR ACTIVITIES – It is the philosophy of this Association that all-star games and similar activity do not serve the best interests of junior high/middle level students, because of overemphasis, exploitation, selection procedure, and/or other factors. A student becomes ineligible in a sport for a maximum of one year from date of last offense for participating in an all-star game or similar activity.

AMATEUR STATUS – A student may not accept, receive and/or direct to another, reimbursement in any form of salary, cash (including gift cards), or share of game or season proceeds for athletic accomplishments, such as being on a winning team, being selected for the school varsity team, or being a place winner in an individual tournament, etc. A student may receive: school mementos valued not more than \$200, an award valued no more than \$100 retail, and may retain non-school competition apparel worn by the student as part of the team uniform. Rules further prevent athletes from receiving compensation or benefit, directly or indirectly, for the use of name, picture and/or personal appearance as an athlete because of ability, potential and/or performance as an athlete. Athletes may not receive free and/or reduced rates on equipment, apparel, camps/clinics/instruction and competitive opportunities that are not identical for any and all interested students. A student may not be identified as an athlete, provide endorsement as an athlete, or appear as an athlete in the promotion of a commercial/advertisement and/or profit-making event, item, plan or service. Also, an athlete violates this rule if he/she plays in any contest (school or non-school) under a name other than his/her own.



Official Junior High/ Middle Level Handbook

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Stephanie Hauser, Executive Director

Mel Dow, Associate Director

Tom Shafranski, Assistant Director

Kassie Mortimer, Assistant Director

LeVar Ridgeway, Assistant Director

Melissa Gehring, Assistant Director

Chad Schultz, Assistant Director

Todd Clark, Communications Director

Middle Level Athletics Program Philosophy

(Endorsed from Department of Public Instruction publication - "Middle Level Athletic Programs")

Program philosophy should be supported by all those involved with the program.

The mission of middle level athletics is to provide an enjoyable educational experience for young adolescents based on their developmental characteristics and needs. The development of the young adolescent's self-esteem, citizenship, responsibility, and skills in cooperative and leadership behaviors are positive outcomes of appropriate middle level athletic programs. These programs should be enjoyable, vigorous, and safe and should occur in a positive climate with appropriate adult leadership and support. Effective middle level athletic programs are coordinated with other school and community activities to offer additional opportunities for young adolescents to explore varied interests. Middle level athletics are an essential part of the total educational process and an excellent opportunity for the home, school, and community to work together.

Characteristics of the Young Adolescent

(Endorsed from Department of Public Instruction publication "Middle Level Athletic Programs")

The following information lists selected characteristics for the young adolescent. Middle level programs should take these characteristics into account. These characteristics and their implications have been reviewed and adopted by experts in middle-level athletics and middle level education.

- * growth in height, weight, body proportions
- * growth in organs of digestion and respiration
- * growth in sex characteristics
- * development of physical abilities
- * need for positive relationships outside the home
- * substitution of peer group standards for those of family
- * need for social experiences in groups
- * feelings of social and personal inadequacy
- * development of ethical standards

Program Goals

(Endorsed from Department of Public Instruction publication - "Middle-Level Athletic Programs")

1. The developmental characteristics of young adolescents should provide the foundation for the middle level athletic programs and philosophy.
2. Coaches, parents, athletic directors, administrators, school board members and community leaders need to be knowledgeable about characteristics and needs of young adolescents, as well as appropriate coaching strategies and role model behaviors for them.
3. Programs should promote behaviors that include cooperation, sportsmanship and personal improvement. Winning is not the primary goal of the program.
4. The program should be open to all young adolescents and provide a positive experience. All young adolescents should have the opportunity to participate, play and experience skill improvement. Formation of teams should be determined by the number of young adolescents interested in the program.
5. Each activity should have a predetermined season. Athletic activities, including practice schedules, should be flexible with concern for student conflicts and family schedules.
6. Athletic programs should have clear, written policies that reflect the needs of young adolescents. Policies should be concise and include student expectations and guidelines for coaches, parents, and spectators.

Introduction to the WIAA

The Wisconsin Interscholastic Athletic Association is a voluntary, unincorporated, and nonprofit service organization. Currently, there are 514 schools in the membership which includes senior high public schools, charter schools, and religious and independent schools. Another 76 are associate members. There are also 36 members in the WIAA Junior High/Middle Level association with two associate members. The WIAA had its earliest beginnings in late 1895 and early 1896, and the first set of rules was adopted in December 1896.

The governing body of the WIAA is the Board of Control, which consists of 10 administrators from the senior high membership and one representative from the Wisconsin Association of School Boards (WASB). Seven of the 11 members represent geographical districts of the state, one is an at-large gender representative, one an at-large ethnic minority representative, and one is an at-large nonpublic school representative. The WASB member is named by its Board of Directors. Liaison representation is given to WADA (Wisconsin Athletic Directors Association), WASB (Wisconsin Association of School Boards), and the DPI (Department of Public Instruction). The first Board of Control was elected in 1897.

To assist the Board, an Advisory Council of administrators from senior highs was created in 1949 that now consists of 18 members. There are five members each from large, medium, and small school categories and three at-large representatives; gender, ethnic minority, and nonpublic school.

A Middle Level Council was created in 1996. Seven of the 10 members represent geographical districts of the state, one is an at-large gender representative, one an at-large ethnic minority representative, and one is an at-large nonpublic school representative. Liaison representation is provided to WAMLE (Wisconsin Association of Middle Level Educators), DPI, and WATA (Wisconsin Athletic Trainers Association).

Operation of the WIAA is the responsibility of the Executive Director and the executive staff at WIAA headquarters at 5516 Vern Holmes Drive in Stevens Point, WI. In addition to the Executive Director, there are seven additional executive staff members and 12 members of the support staff. There have been six executive heads of the WIAA; P.F. Neverman (1924-1951), Cliff Fagan (1951-1957), John E. Roberts (1957-1985), Doug Chickering (1986-2009), Dave Anderson (2009-2021), and Stephanie Hauser (2021-present).

The WIAA conducts an Annual Meeting (senior high) each year that provides its membership the opportunity to amend the Constitution, Bylaws, and Rules of Eligibility and to address special topics. The WIAA is a charter member of the National Federation of State High School Associations.



Board of Control



Cory Hinkel
Luck
President



Dennis Burr
Fall River



Kurt Cohen
Potosi



Mike Humke
Dodgeville



Nathan Lehman
Stratford



Ryan McMillen
Muskego



Karl Morrin
Northwestern



Brian Nadeau
Ellsworth



Paul Pedersen
Regis



Daniel Retzki
Green Bay Preble



Jill Stobber
Waterford

Executive Office



Stephanie Hauser
Executive Director



Mel Dow
Associate Director



Tom Shafranski
Assistant Director



Kassie Mortimer
Assistant Director



LeVar Ridgeway
Assistant Director



Melissa Gehring
Assistant Director



Chad Schultz
Assistant Director



Todd Clark
Communications
Director

Board of Control

Member	School	First Elected	Term Expires
District 1 (Northwest)			
Cory Hinkel	Luck	2022	2025
District 2 (Northeast)			
Nathan Lehman.....	Stratford	2024	2027
District 3 (West Central)			
Brian Nadeau	Ellsworth	2024	2026
District 4 (East Central)			
Daniel Retzki.....	Green Bay Preble.....	2022	2026
District 5 (Southwest)			
Kurt Cohen.....	Potosi.....	2024	2027
District 6 (South Central)			
Dennis Burr.....	Fall River	2022	2025
District 7 (Southeast)			
Ryan McMillen	Muskego	2021	2025
Wisconsin Association of School Boards			
Mike Humke.....	Dodgeville.....	2019	2025
At-Large Representative			
Jill Stobber	Waterford	2021	2027
At-Large Representative			
Karl Morrin	Northwestern.....	2020	2026

Junior High/Middle Level Council

DISTRICT 1

(No District 1 member expressed interest - position filled by)
VACANT

DISTRICT 2

VACANT

DISTRICT 3

Bob Sanders, Meadowview Middle School
(Sparta)

DISTRICT 4

Dan Fink, P.J. Jacobs Junior High
(Stevens Point)

DISTRICT 5

VACANT

DISTRICT 6

(No District 6 member expressed interest - position filled by)
VACANT

DISTRICT 7

VACANT

GENDER AT-LARGE REPRESENTATIVE

VACANT

ETHNIC AT-LARGE REPRESENTATIVE

VACANT

NON-PUBLIC SCHOOL AT-LARGE

REPRESENTATIVE

Matt Schneider, Aquinas Middle School
(La Crosse)

WAMLE REPRESENTATIVE

Shelley Joan Weiss

DPI LIAISON

TBA, Wisconsin Department of Instruction

WATA LIAISON

Steve Nass, Lake Mills

WADA LIAISON

No representative appointed by WADA

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Constitution

The Constitution, in general, contains information relating to the WIAA as an organization.

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Constitution

The WIAA Constitution applies to high school and junior high/middle level. The Bylaws and Rules of Eligibility are published separately for high school and junior high/middle level. For the convenience of readers, new rules and rules clarifications in the Constitution, Bylaws, and Rules of Eligibility have been highlighted (shaded areas).

Article I – Name

Section 1 – Association

- A. The name of this voluntary, unincorporated, and nonprofit organization shall be the Wisconsin Interscholastic Athletic Association (WIAA), hereinafter referred to as the Association.

Article II – Purpose

Section 1 – The purpose of this Association is threefold:

- A. To organize, develop, direct, and control an interscholastic athletic program which will promote the ideals of its membership and opportunities for member schools' participation.
- B. To emphasize interscholastic athletics as a partner with other school activities in the total educational process and formulate and maintain policies which will cultivate high ideals of good citizenship and sportsmanship.
- C. To promote uniformity of standards in interscholastic athletic competition and prevent exploitation by special interest groups of the school program and the individual's ability.

Note: The WIAA membership-sponsored tournaments are the collective property of the Association and not of any individual member. The Association reserves the right to promote and advance the membership's interests with 1) publication information; 2) exclusive arrangements to create recognition and exposure for school-sponsored activities; 3) restrictive policies prohibiting exploitation and commercialization of membership-sponsored tournaments; 4) appropriate proprietary interests; and 5) the use of images or transmissions identifying students, administrative personnel, and member school marks.

Article III – Membership

Section 1 – Eligibility

- A. Membership in this Association is open to:
 - 1) Public high schools on a Grades 9-12 basis, and public middle level schools on a Grades 6-8, or any combination thereof, basis.
 - 2) State supported institutional schools offering instruction in any or all of Grades 6-12.
 - 3) Nonpublic schools enrolling Grades 9-12 that qualify for Section 501(c) (3) status under the declaration of the Internal Revenue Code.
 - 4) Nonpublic schools enrolling Grades 6-8 that qualify for Section 501(c)(3) status under the declaration of the Internal Revenue Code.
 - 5) Charter schools enrolling students in grades 9-12, whose chartering authority has approved membership for at least one other stand-alone member in good standing.

Note: A charter school's status shall be as an Associate member. Associate membership does not include voting or cooperative team privileges.

- 6) A residential school is defined as a school which provides a residential community setting for students in which a full range of boarding services are provided (dormitory, 3 meals a day, 24 hours a day supervision, etc.) and 25 students or ten percent, whichever is larger, of the full student enrollment live full-time in school-owned housing continuously throughout the academic year. Boarding students must spend an average of five days per week living and boarding on campus while school is in session.
- B. Membership is not available to schools belonging to another Wisconsin state-wide interscholastic athletic association.
- C. For continued membership following their probationary period, schools must have administrative oversight of at least one independently sponsored interscholastic athletic program or co-op athletic program that is maintained throughout duration of membership.

Section 2 – Admission

- A. Application for membership shall be considered by the Board of Control of this Association upon receipt of the form provided for such purpose, along with the following:
 - 1) Minutes of school's governing board action authorizing application to the WIAA.
 - 2) The school's Board-approved extracurricular code of conduct.
 - 3) Department of Public Instruction school identification number.
 - 4) Indication of at least one independently sponsored, interscholastic athletic program for each gender (unless applying school is a single gender school) in each WIAA sport season (fall, winter, and spring).
 - 5) Completed WIAA membership application form provided as evidence that the school:
 - a. Is eligible as a public school or institution, substantially supported by taxation, and the application for membership by the public school has been approved by the school board of the school district of which the school is a part.
 - b. Is eligible as a nonpublic school, qualifying for Section 501(c) (3) status as a tax-exempt organization, and the application for membership by the nonpublic school has been approved by the recognized governing body of the nonpublic school.
 - c. Will conduct its athletic program under the CONSTITUTION, BYLAWS, and RULES OF ELIGIBILITY and all other regulations of this Association.
 - d. Agrees to abide by decisions and respect interpretations of the Board of Control of this Association.
- B. New membership shall be probationary for three years. WIAA Area Meeting and Annual Meeting attendance shall be required throughout the probationary period.
- C. A school shall be a member in good standing for three calendar years prior to programs becoming eligible for entry into Association tournaments.
- D. A school shall be a member in good standing for three calendar years prior to being eligible for entering into cooperative team programming with another member school.

Note 1: If a school fails to meet any of the requirements in A, B, C, and/or D during the probationary period, the school will need to initiate the application process again and reapply.

Note 2: When an existing school district expands to create a new high school, all membership rights are afforded to the new school and the requirements in B, C and D will not apply (i.e. a single school splits into two separate schools).

- E. Exceptions to items A4 and B of this section will be considered for approved charter schools, upon application from their public school governing bodies.

Note 1: Consideration will be given to residency, enrollment, the chartering authority, and the number of charter schools under the jurisdiction of the chartering authority. It will be required that the chartering authority has also approved membership for at least one stand-alone member in good standing.

Note 2: In multi-high school districts, charter school students are eligible at the school of residence only. WIAA transfer rules apply.

Section 3 – Classification

- A. Each senior high school shall be classified for purposes of membership, representation, and competition (including tournaments where necessary) on the basis of previous year's enrollment on the third Friday in September.

- 1) Schools with only Grades 10-12 students shall add, for purposes of classification and competition:

- a. The total enrollment figure of the Grade 9 students if there is only one school with Grades 10-12 students in the district.
- b. One-third of the enrollment of Grades 10-12 if there is more than one school with Grades 10-12 students in the district.

- 2) The Board of Control shall have authority to adjust enrollment figures in unusual situations (such as consolidation, formation of new school, gain or loss of district, etc.), provided such information is made known before September 15 of each year.

- 3) The enrollment of schools consisting of students of only one gender shall be doubled to determine its classification.

Note 1: When two or more school districts consolidate, the third Friday enrollment count of the previous year will be used for all WIAA tournaments.

Note 2: When transitioning from a single gender school to a co-ed school, the enrollment of the original gender population shall be doubled for classification purposes until such time as the over-all enrollment reaches 60-40 ratio between both genders. Until that time, the under-represented gender shall be classified and assigned at face value.

- 4) In a multiple high school district, charter school enrollment will be identified by the district according to student residence. The students will be assigned and counted by the school of residence for participation, enrollment and divisional classification.

- B. After determining the school enrollment as described above (Art. III Sect. 3-A), a tournament performance factor and procedures outlined in Appendix N will be used to determine divisional tournament placement for all WIAA sports, except swimming & diving and track & field.

Section 4 – Dues and Assessments

- A. Member schools shall not be assessed annual dues or fees by the Association in conjunction with filing membership renewal application forms at the beginning of each school year.

- 1) Disaster Authority: The Board of Control shall retain the right to levy proportionate fees on all member schools in the event of the membership emergency, sufficient to meet the identified emergency and to sustain the operations and services of the Association.

Section 5 – Expulsion

- A. A member school may be expelled from this Association by a majority vote at the Annual Meeting provided that:

- 1) Reasons for expulsion are presented, in writing, by the Board of Control at such Annual Meeting.
- 2) Charges in connection with expulsion are presented by the Executive Director to the administrator or principal of the school involved at least ten days before the date of such Annual Meeting.

Section 6 – Voluntary Resignation

- A. A school that voluntarily terminates membership in the Association shall be denied readmission for a period of four school years.

Article IV – Annual Meetings

Section 1 – Location

- A. The Board of Control shall designate a time and place for an Annual Meeting for the purpose of conducting the business of this Association.

Section 2 – Notice

- A. Written notice of the Annual Meeting shall be provided appropriate level member schools at least 30 days prior to the date of the Annual Meeting.

Section 3 – Vote

- A. Each appropriate level member school shall be entitled to one vote at the Annual Meeting, and this vote must be cast by the administrator, principal, or another person designated by the local Board of Education or recognized governing body.

Section 4 – Emergency

- A. The Board of Control may call a special meeting of the membership for emergency reasons, but not earlier than 30 days from the first notice of such a meeting.

Article V – Board of Control Organization

Section 1 – Membership

- A. Executive and administrative powers of this Association shall be vested in a committee of eleven members, to be known as the Board of Control.

- 1) Ten of the members shall be administrators, assistant administrators, high school principals, or assistant high school principals. Seven of the ten members shall each represent one of the districts comprised of the high schools listed hereafter. One of the ten members shall be an at-large representative of whichever gender has fewer memberships at the election announcement date for this position. One of the ten members shall be an at-large representative of ethnic minority origin as defined in the following note:

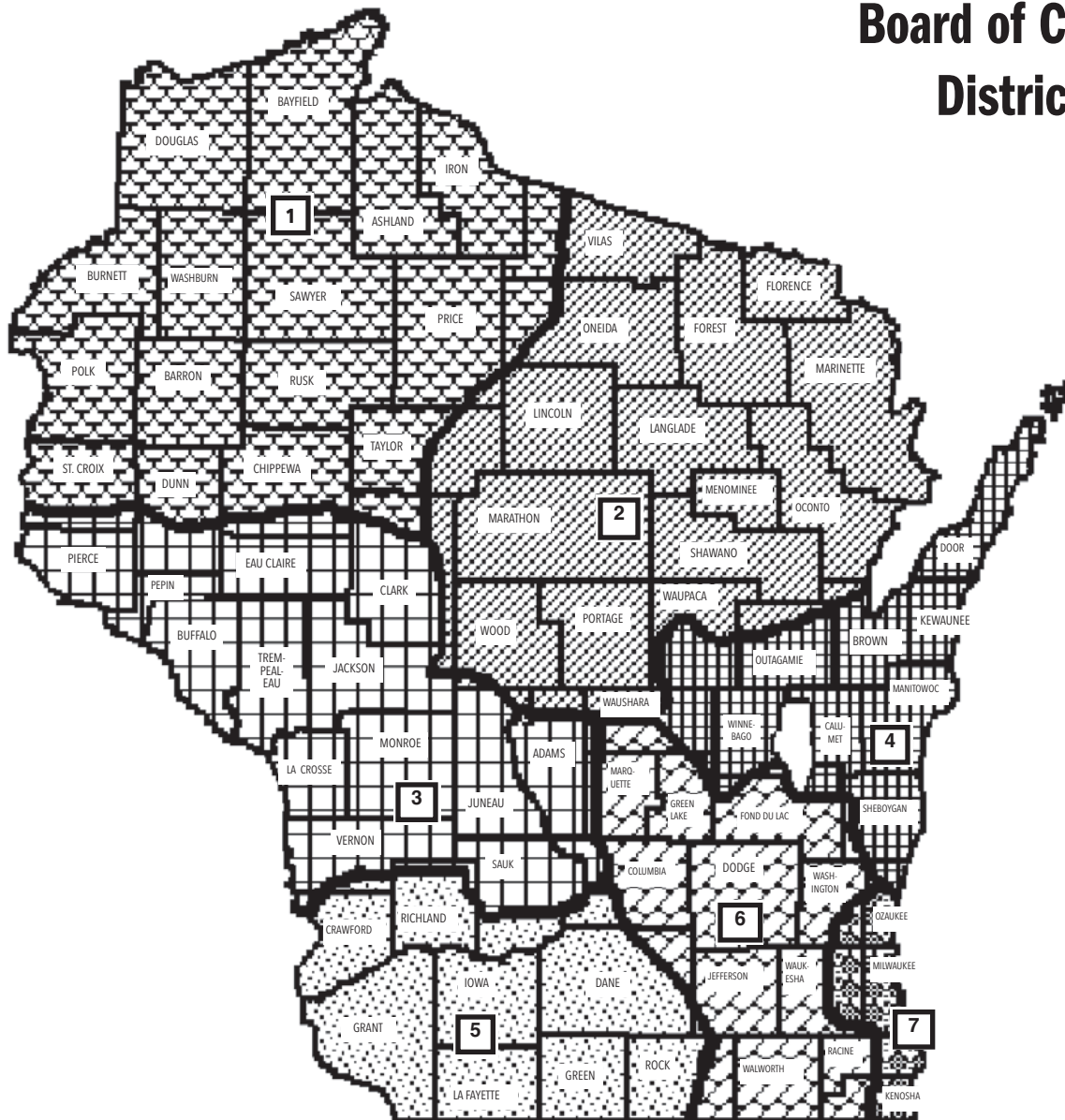
Note: A person having origins in Black racial groups of Africa; Mexican, Puerto Rican, Cuban, Central or South American or other Spanish culture or origin, regardless of race; Asian; Pacific Islander; American Indian; or Alaskan Native.

One of ten members shall be an at-large eligible administrator of a member nonpublic school.

Note: Candidates must have 1) Department of Public Instruction licensure allowing placement in the eligible set, 2) must be employed full-time or part-time in a qualifying position and (3) cannot be members of the teachers' bargaining unit.

- 2) One member shall represent the Wisconsin Association of School Boards, and that organization shall determine the procedure for selecting its representative.

Board of Control Districts



- a. District 1 – Northwest (63 schools) – Amery, Ashland, Baldwin-Woodville, Barron, Bayfield, Birchwood, Bloomer, Boyceville, Bruce, Butternut, Cadott, Cameron, Chequamegon (Park Falls), Chetek-Weyerhaeuser, Clayton, Clear Lake, Colfax, Cornell, Cumberland, Drummond, Flambeau (Tony), Frederic, Gilman, Glenwood City, Grantsburg, Hayward, Hudson, Hurley, Lac Courte Oreilles (Hayward), Ladysmith, Lake Holcombe, Lakeland Union (Minocqua), Luck, Medford, Mellen, Mercer, New Auburn, New Richmond, Northwestern (Maple), Northwood (Minong), Osceola, Owen-Withee, Phillips, Prairie Farm, Prentice, Rice Lake, Saint Croix Central (Hammond), Saint Croix Falls, Shell Lake, Siren, Solon, Swings, Somerset, South Shore (Port Wing), Spooner, Spring Valley, Stanley-Boyd, Superior, Thorp, Turtle Lake, Unity (Balsam Lake), Washburn, Webster, Winter.
- b. District 2 – Northeast (67 schools) – Abbotsford, Almond-Bancroft, Amherst, Antigo, Assumption (Wisconsin Rapids), Athens, Auburndale, Bonduel, Bowler, Colby, Coleman, Columbus Catholic (Marshfield), Crandon, Crivitz, D.C. Everest (Schofield), Edgar, Elcho, Faith Christian Academy (Wausau), Florence, Gillett, Goodman, Granton, Gresham Community, Iola-Scandinavia, Laona, Lena, Manawa, Marathon, Marion, Marshfield, Menominee Nation (Keshena), Merrill, Mosinee, Nekoosa, Newman Catholic (Wausau), Niagara, Northland Lutheran (Mosinee), Northland Pines (Eagle River), Oconto, Oconto Falls, Pacelli (Stevens Point), Pembine, Peshtigo, Phelps, Pittsville, Port Edwards, Rhinelander, Rib Lake, Rosholt, Saint Thomas Aquinas Academy (Marinette), Shiocton, Spencer, Stevens Point Area Senior High, Stratford, Suring, Three Lakes, Tigerton, Tomahawk, Tri-County (Plainfield), Wabeno Area, Wausau East, Wausau West, Wausaukee, White Lake, Wild Rose, Wisconsin Rapids Lincoln, Wittenberg-Birnamwood.
- c. District 3 – West Central (67 schools) – Adams-Friendship, Alma, Alma Center Lincoln, Altoona, Aquinas (La Crosse), Arcadia, Augusta, Bangor, Baraboo, Black River Falls, Blair-Taylor, Brookwood (Ontario), Cashton, Chippewa Falls, Cochrane-Fountain City, Community Christian School of Baraboo H.S. (Baraboo), Coulee Christian (West Salem), De Soto, Durand-Arkansaw, Eau Claire Immanuel Lutheran, Eau Claire Memorial, Eau Claire North, Elewa-Strum, Elk Mound, Ellsworth, Elmwood, Fall Creek, Gale-Ettrick-Trempealeau (Galesville), Gilmanston, Greenwood, Hillsboro, Holmen, Independence, Kickapoo (Viola), La Crosse Central, La Crosse Logan, La Farge, Loyal, Luther (Onalaska), Mauston, McDonell Central Catholic (Chippewa Falls), Melrose-Mindoro, Menomonie, Mondovi, Necedah, Neillsville, New Lisbon, Onalaska, Osseo-Fairchild, Pepin, Plum City, Prescott, Providence Academy (La Crosse), Reedsburg Area, Regis (Eau Claire), River Falls, Royall (Elroy), Sparta, Tomah, Viroqua, West Salem, Westby, Weston (Cazenovia), Whitehall, Wisconsin Dells, Wonewoc-Center, Youth Initiative (Viroqua).

- d. District 4 – East Central (83 schools) – Algoma, Appleton East, Appleton North, Appleton West, Ashwaubenon (Green Bay), Bay Port (Green Bay), Berlin, Brillion, Cedar Grove-Belgium, Chilton, Clintonville, De Pere, Denmark, Elkhart Lake-Glenbeulah, Fond du Lac, Fox Valley Lutheran (Appleton), Freedom, Gibraltar (Fish Creek), Green Bay East, Green Bay N.E.W. Lutheran, Green Bay Preble, Green Bay Southwest, Green Bay West, Hilbert, Hortonville, Howards Grove, Kaukauna, Kewaunee, Kiel, Kimberly, Kohler, Little Chute, Lourdes Academy (Oshkosh), Luxemburg-Casco, Manitowoc Lincoln, Manitowoc Lutheran, Marinette, Menasha, Mishicot, Neenah, New Holstein, New London, Notre Dame de la Baie Academy (Green Bay), Omro, Oneida Nation, Oostburg, Oshkosh North, Oshkosh West, Ozaukee (Fredonia), Plymouth, Providence Academy (Green Bay), Pulaski, Random Lake, Reedsville, Ripon, Roncalli (Manitowoc), Saint Lawrence Seminary (Mount Calvary), Saint Mary Catholic (Neenah), Saint Mary's Springs Academy (Fond du Lac), Sevastopol (Sturgeon Bay), Seymour, Shawano Community, Sheboygan Area Lutheran, Sheboygan Christian, Sheboygan Falls, Sheboygan North, Sheboygan South, Southern Door (Brussels), St. Ignatius Chesterton Academy (Kaukauna), Stockbridge, Sturgeon Bay, Two Rivers, Valders, Valley Christian School (Oshkosh), Washington Island, Waupaca, Wautoma, West De Pere, Weyauwega-Fremont, Winneconne, Wolf River Lutheran (Cecil), Wrightstown, Xavier (Appleton).
- e. District 5 – Southwest (67 schools) – Abundant Life Christian (Madison), Albany, Argyle, Barneveld, Belleville, Belmont, Beloit Memorial, Benton, Black Hawk (South Wayne), Boscobel, Brodhead, Cassville, Cuba City, Darlington, DeForest, Dodgeville, Edgewood High School of the Sacred Heart (Madison), Evansville, Fennimore, Highland, Iowa-Grant (Livingston), Ithaca (Richland Center), Janesville Craig, Janesville Parker, Juda, Lancaster, Lodi, Madison Country Day (Waunakee), Madison East, Madison La Follette, Madison Memorial, Madison West, McFarland, Middleton, Mineral Point, Monona Grove, Monroe, Monticello, Mount Horeb, New Glarus, North Crawford (Soldiers Grove), Oregon, Parkview (Orfordville), Pecatonica (Blanchardville), Platteville, Portage, Potosi, Prairie du Chien, Richland Center, River Ridge (Patch Grove), River Valley (Spring Green), Riverdale (Muscoda), Saint Ambrose Academy (Madison), Sauk Prairie (Prairie du Sac), Seneca, Shullsburg, Southwestern (Hazel Green), Stoughton, Sun Prairie East, Sun Prairie West, The Lincoln Academy (Beloit), Turner (Beloit), Verona Area, Waunakee, Wauzeka-Steuben, Wisconsin Heights (Mazomanie), Wisconsin School for the Blind and Visually Impaired (Janesville).
- f. District 6 – South Central (70 schools) – Arrowhead (Hartland), Badger (Lake Geneva), Beaver Dam, Big Foot (Walworth), Burlington, Cambria-Friesland, Cambridge, Campbellsport, Catholic Central (Burlington), Central Wisconsin Christian (Waupun), Clinton, Columbus, Deerfield, Delavan-Darien, Dodgeand (Juneau), East Troy, Edgerton, Elkhorn Grove, Faith Christian (Williams Bay), Fall River, Fort Atkinson, Green Lake, Hartford Union, Horicon, Hustisford, Jefferson, Johnson Creek, Kettle Moraine (Wales), Kettle Moraine Lutheran (Jackson), Kewaskum, Laconia (Rosendale), Lake Country Classical Academy (Oconomowoc), Lake Country Lutheran (Hartland), Lake Mills, Lakeside Lutheran (Lake Mills), Living Word Lutheran (Jackson), Lomira, Markesan, Marshall, Mayville, Milton, Montello, Mukwonago, North Fond du Lac, Oakfield, Oconomowoc, Palmyra-Eagle, Pardeeville, Poynette, Princeton, Randolph, Rio, Slinger, St. John's Northwestern Academies (Delafield), Union Grove, University Lake School (Hartland), Waterford, Waterloo, Watertown, Watertown Luther Prep, Waupun, Wayland Academy (Beaver Dam), West Bend East, West Bend West, Westfield Area (Westfield), Westosha Central (Salem), Whitewater, Williams Bay, Wilmot Union, Winnebago Lutheran Academy (Fond du Lac).
- g. District 7 – Southeast (97 schools) – Audubon Technology and Communications (Milwaukee), Brookfield Academy, Brookfield Central, Brookfield East, Brown Deer, Carmen Northwest (Milwaukee), Carmen South (Milwaukee), Carmen Southeast (Milwaukee), Catholic Memorial (Waukesha), Cedarburg, Chesterton Academy of Milwaukee (Milwaukee), Cristo Rey Jesuit (Milwaukee), Cudahy, Destiny (Milwaukee), Divine Savior Holy Angels (Milwaukee), Dominican (Whitefish Bay), Dr. Howard Fuller Collegiate Academy (Milwaukee), Eastbrook Academy (Milwaukee), Franklin, Germantown, Golda Meir (Milwaukee), Grafton, Greendale, Greenfield, Hamilton (Sussex), Heritage Christian (New Berlin), Hmong American Peace Academy (Milwaukee), Holy Redeemer Academy (Milwaukee), Homestead (Mequon), Kenosha Bradford, Kenosha Christian Life, Kenosha Indian Trail High School and Academy, Kenosha St. Joseph Catholic Academy, Kenosha Tremper, Kingdom Prep Lutheran (Wauwatosa), Marquette University (Milwaukee), Martin Luther (Greendale), Menomonee Falls, Messmer (Milwaukee), Milwaukee Academy of Science, Milwaukee Arts, Milwaukee Bay View, Milwaukee Bradley Technical, Milwaukee Hamilton, Milwaukee Juneau, Milwaukee King, Milwaukee Lutheran, Milwaukee Madison Academic Campus, Milwaukee Marshall, Milwaukee North, Milwaukee Pulaski, Milwaukee Riverside University, Milwaukee Ronald W Reagan College Prep, Milwaukee School of Languages, Milwaukee South, Milwaukee Vincent, Milwaukee Washington, Milwaukee Wis. Conservatory of Lifelong Learning, Muskego, New Berlin Eisenhower, New Berlin West, Nicolet (Glendale), Oak Creek, Obama SCTE (Milwaukee), Pewaukee, Pius XI Catholic (Milwaukee), Port Washington, Racine Case, Racine Horlick, Racine Lutheran, Racine Park, Racine Saint Catherine's, Reuther Central (Kenosha), Saint Anthony (Milwaukee), Saint Francis, Saint Joan Antida (Milwaukee), Saint Thomas More (Milwaukee), Salam (Milwaukee), Shoreland Lutheran (Somers), Shorewood, South Milwaukee, St. Augustine Preparatory Academy (Milwaukee), Tenor (Milwaukee), The Prairie School (Racine), Trinity Academy (Pewaukee), University School of Milwaukee, Veritas (Milwaukee), Waukesha North, Waukesha South, Waukesha West, Wauwatosa East, Wauwatosa West, West Allis Central, West Allis Nathan Hale, Whitefish Bay, Whitnall (Greenfield), Wisconsin Lutheran (Milwaukee).

Section 2 – Term

- A. The term of office for members of the Board of Control will be three years, effective with the August meeting of the Board. A member's consecutive tenure on the Board may not encompass more than two full three-year terms.

Section 3 – Compensation

- A. Members of the Board of Control will serve without compensation, except for reimbursement of expenses incurred while performing necessary duties of a Board member.

Section 4 – Elections

- A. Representatives of Seven Districts and At-Large Gender, Ethnic Minority, and Nonpublic School Representatives
 - 1) Each member senior high school of this Association is entitled, when appropriate, to one vote for Board of Control member in its geographical district, one vote for an at-large gender member, one vote for an at-large ethnic minority member, and one vote for an at-large nonpublic school member. The vote must be cast by the administrator, high school principal, or a person designated by either of these persons.
 - 2) No later than the fourth Tuesday in January, the WIAA office will announce that declarations of candidacy will be accepted from eligible administrators (Article V, Section 1-A-1) if there is a Board of Control vacancy in their elector district or for the at-large gender, ethnic minority or nonpublic school representative.

- 3) No later than 5:00 p.m. on the fourth Tuesday in February, any eligible school administrator may file a declaration of candidacy with the WIAA office.
- 4) No later than the first Tuesday in March, the Executive Director shall verify the declarations of candidacy and certify the names of the candidates who have filed valid nominations.
- 5) The Board of Control shall require a primary election, if there are more than two candidates for any seat. If a primary is necessary, a ballot will be prepared and distributed to the appropriate schools. The return ballot must be signed and returned to the WIAA office, postmarked no later than the fourth Tuesday in March. If any eligible candidate receives 75% or more of the total votes that can be cast, that person shall be declared elected. Primary election ballots will provide a write-in option.
- 6) Before the first Tuesday in April (unless the primary has determined an elected candidate) or immediately following the primary (if necessary), the WIAA office will issue ballots to the voting schools for purposes of the election. These ballots will contain the names of the top vote-getters in the primary, double the number to be elected, as well as a write-in option or, if there has not been a primary, the ballots will contain the names of all candidates, as well as a write-in option. The ballots must be signed and returned to the WIAA office, postmarked no later than the third Tuesday in April.
- 7) In both a primary and/or general election, at least 25% of the schools in the election set must have voted in order for a write-in candidate to be advanced or elected.
- 8) A special Elections Committee appointed by the Board of Control shall open and canvass the ballots. The results shall be announced at the Annual Meeting. In the event of a tie, a runoff election shall be conducted by mail-in ballot within two weeks following the Annual Meeting.

Section 5 – Vacancies

- A. A vacancy exists on the Board of Control when a member 1) moves from one electoral district to another, 2) leaves the profession, 3) resigns from the Board, or 4) is unable to serve for any reason.
- B. Representatives of Seven Districts and At-Large Gender, Ethnic Minority, and Nonpublic School Representatives
 - 1) A vacancy occurring after August 1, but before the election procedure begins (fourth Tuesday in January), will be filled by the Board of Control appointing a replacement.
 - a. An appointed replacement for a vacancy will serve only until the day before the next following August meeting of the Board of Control.
 - b. There will be a special election, at the time of the regular election, to complete an unexpired term, if one or two years remain on a term temporarily filled by an appointed replacement.
 - 2) A vacancy occurring after the election procedure begins (fourth Tuesday in January), but before August 1, will be filled by a Board of Control authorized special election using procedures similar to the regular election procedure.
- C. Wisconsin Association of School Boards Representative
 - 1) A vacancy will be filled by the Board of Directors of the Wisconsin Association of School Boards appointing a replacement.

Section 6 – Officers and Meetings

- A. The Board of Control shall organize each year, following the Annual Meeting, for the purpose of electing a president, president-elect, and treasurer. (The Executive Director shall act as secretary of the Board.)
- B. There shall be a minimum of six regular meetings of the Board of Control each school year, and a majority of members shall constitute a quorum for each meeting.
- C. The duties of the president:
 - 1) Call and preside over all regular meetings of the Board of Control.
 - 2) Preside over the Annual Meeting.
 - 3) Approve by signature all disbursements of the Association.
 - 4) Represent the Board whenever such representation is in the best interests of the Association.
- D. The duties of the president-elect shall be the same as those of the president, in the event that the president is absent or unable to perform such duties.
- E. The duties of the treasurer:
 - 1) Maintain a complete record of Association finances, including investments.
 - 2) Approve by signature all disbursements of the Association.
 - 3) Authorize investments of Association funds, only in such properties and securities approved by the statutes of the state of Wisconsin, for investments by domestic life insurance companies.

Article VI – Powers and Duties of the Board of Control

Section 1 – Executive Director

- A. The Board of Control shall employ an Executive Director (not a member of the Board) and may authorize that person to make decisions as necessary for the proper operation of Association business. The Board may provide office facilities for conducting Association business and approve assistants to the director and other employees necessary for the administrative work of the Association.

Section 2 – Authority

- A. The Board of Control shall have general control over all activity and persons involved with the official school teams in any sport sponsored by this Association.
 - 1) The Board shall have sole authority to interpret the provisions of the CONSTITUTION, BYLAWS, and RULES OF ELIGIBILITY, and any other regulations which are adopted.

- 2) The Board shall have the authority to make changes, whenever necessary, to rules and regulations of this Association, except the CONSTITUTION, BYLAWS, and RULES OF ELIGIBILITY. All changes to WIAA rules and regulations must first pass by majority vote of the WIAA Advisory Council before being advanced to the Board of Control. Any amendments made to proposals in rules and regulation changes made by the Board of Control must be returned to the Advisory Council for approval.
 - b. Any change approved by the Board of Control in maximum game/meet limits, or in WIAA adaptations to NFHS rules of sport, which by their enactment would result in additional cost to be incurred by schools, must be advanced to the Annual Meeting for a vote before taking effect.
- 3) The Board shall hear all appeals of decisions by the Executive Director, within provisions of the WIAA appeal process, and have authority to grant relief in case of emergency or if extenuating circumstances are involved. Reference Appendix A.

Section 3 – Penalties

- A. Any of the following penalties may be imposed upon member schools, who violate Association rules and regulations, if such action is regarded as necessary for maintenance of discipline:
 - 1) Suspension of membership for not more than one year.
 - 2) Probation for not more than one year.
 - 3) Denial of participation in Association tournament program.
 - 4) Denial of any area of Association services and benefits.
 - 5) Monetary fine equal to Association expense incurred in any investigation and actual reimbursement of costs resulting from the violation.
 - 6) Forfeiture (team sports) of contests won by school or (individual sports) of points/places won by individuals.
 - 7) Loss of opportunity to host Association tournament events for not more than one year.
 - 8) Loss of conference affiliation.

Note: All parties concerned may be convened after 48 hours of notice to consider charges filed against a member school.

Section 4 – Benefit Plan

- A. The Board of Control may operate a Benefit Plan for the purpose of assisting in the payment of costs incurred for treatment of injuries sustained in interscholastic athletics, normal school attendance, and other school-sponsored activities.

Section 5 – Middle Level

- A. The Board of Control shall establish modified rules and regulations, where necessary, for the middle level school interscholastic athletic program with the assistance of a Middle Level Council.

Section 6 – Co-ed Competition

- A. The Board of Control shall prohibit all types of interscholastic activity involving boys and girls competing with or against each other, except
 - 1) as prescribed by state and federal law and 2) as determined by Board of Control interpretations of such law.

Section 7 – Incorporation

- A. The Board of Control may take steps, if it deems it necessary, to incorporate this Association.

Section 8 – Pension Fund

- A. The Board of Control shall maintain a pension fund for its employees.

Section 9 – Game Officials

- A. The Board of Control shall license game officials for interscholastic competition, and have the authority to determine qualification for licensing, procedure for advancement, and conditions for revocation, suspension, or probation of license.

Section 10 – Conference Alignment

- A. The Board of Control has the authority to take action to bring about a reasonable conference affiliation and relationship for member high schools. Reasonable conference affiliation and relationship with member high schools may include total movement of member schools, sport specific relief, and/or scheduling assistance.

Note: While it is not generally the intent to make wholesale changes in existing conference lines, it should be understood that there could be adjustments in areas where conference affiliation problems are particularly acute. It should be understood that it may not be realistic to find a solution for every member school.

- B. For inclusion in a conference, any member high school, either through co-op application or by singular sponsorship, must offer one sport for boys and one sport for girls in each of the school year seasons: fall, winter, and spring. Schools that are not coeducational must adhere to a similar single-gender requirement.
- C. Member schools that voluntarily withdraw from their WIAA assigned conference in a sport without conference approval shall be removed from the conference schedules in that sport for two years following the withdrawal.
- D. Member schools that voluntarily withdraw from their WIAA assigned conference in any sport with or without conference approval shall be removed from the WIAA tournament in the same sport for two years.

Section 11 – Cooperative Teams

- A. The Board of Control has authority to approve cooperative team sponsorship (one team in a given sport involving two or more member schools) under the following conditions:
 - 1) The schools involved must be in the same geographical area.
 - 2) The agreement for a cooperative team must specify two school years, but that agreement may be terminated by the Board of Control for documented extenuating circumstances.

- 3) Applications for initial approval, or renewal of approval of a cooperative team, must include a completed and signed Cooperative Team Request Form, reflecting:
 - a. Approval of involved schools.
 - b. Approval of involved Board(s) of Education or Governing Bodies.
 - c. Approval of conference in which the cooperative team will participate.
 - d. The program will adhere to a 'no-cut' policy.

Note: Board of Control and conference approval is not required for nonvarsity cooperative teams.

- 4) Total enrollment of schools involved in cooperative team will determine classification of competition in WIAA tournament series.
- 5) Requests for approval and to add a cooperative team into WIAA tournament competition must be received in the WIAA office by the following deadline dates to be included in the subsequent year's tournament program:

Fall Sports – October 1

Winter Sports – February 1

Spring Sports – May 1

Note: Football Co-op deadline is October 1 (even years only)

- 6) If a cooperative team is discontinued, each school must reapply for tournament entry as a stand-alone program by the deadline dates. (See Bylaws, I-5-B)

Section 12 – Dissolution

- A. Upon dissolution or final liquidation of the Association, the assets of the Association remaining after payment of its obligations shall have been made or provided for shall be transferred exclusively for the purposes of the Association in such manner, or to such organization or organizations organized and operated exclusively for charitable, educational or scientific purposes as shall at the time qualify as an exempt organization or organizations under Section 501(c)(3) of the Internal Revenue Code of 1954 (or the corresponding provision of any later or future United States Internal Revenue Law), as the Board of Control shall determine.

Article VII – Advisory Council Organization

Section 1 – Membership

- A. A committee of 18 members to be known as the Advisory Council shall be established to represent member schools as follows:
 - 1) Five members to represent the large size schools.
 - 2) Five members to represent the middle size schools.
 - 3) Five members to represent the small size schools.
 - 4) One member shall be an at-large representative of whichever gender has fewer memberships at the election announcement date for this position.
 - 5) One member shall be an at-large representative of an ethnic minority as defined in the following note:

Note: A person having origins in Black racial groups of Africa; Mexican, Puerto Rican, Cuban, Central or South American or other Spanish culture or origin, regardless of race; Asian; Pacific Islander; American Indian; or Alaskan Native.

- 6) One member shall be an eligible administrator of a member nonpublic school.

Note: Candidates must have 1) Department of Public Instruction licensure allowing placement in the eligible set, 2) must be employed full-time or part-time in a qualifying position and 3) cannot be members of the teachers' bargaining unit.

- B. Membership on the Advisory Council is open to administrators, assistant administrators, high school principals, or assistant high school principals of member senior high schools of this Association.

Section 2 – Term

- A. The term of office for members of the Advisory Council will be three years, beginning with the start of the school year following election. A member's consecutive tenure on the Council may not encompass more than two full three-year terms.
- B. A member may continue serving an elected term, if the member's school moves from one classification to another, provided the member remains in a qualifying position in that school.

Section 3 – Compensation

- A. Members shall serve without compensation, except for reimbursement of expenses incurred while performing necessary duties of a Council member.

Section 4 – Elections

- A. Each member senior high school of this Association is entitled, when appropriate, to one vote for Advisory Council member in the enrollment classification of the school, one vote for an at-large gender member, one vote for an at-large ethnic minority member, and one vote for an at-large nonpublic school member. The vote must be cast by the administrator, high school principal, or a person designated by either of these persons.
- B. No later than the fourth Tuesday in January, the WIAA office will announce that declarations of candidacy will be accepted from eligible administrators (Article VII, Section 1-B) if there are Advisory Council vacancies in their enrollment classification or for the at-large gender, ethnic minority or nonpublic school representatives.
- C. No later than 5 p.m. on the fourth Tuesday in February, any eligible school administrator may file a declaration of candidacy with the WIAA office.
- D. No later than the first Tuesday in March, the Executive Director shall verify the declarations of candidacy and certify the names of the candidates who have filed valid nominations.
- E. The Board of Control shall require a primary election, if there are more than twice as many candidates as there are available positions to be

filled. If a primary is necessary, a ballot will be prepared and distributed to the appropriate schools. The return ballot must be signed and returned to the WIAA office, postmarked no later than the fourth Tuesday in March. If any eligible candidate receives 75% or more of the total votes that can be cast, that person shall be declared elected. Primary election ballots will provide a write-in option.

- F. Before the first Tuesday in April (unless the primary has determined an elected candidate) or immediately following the primary (if necessary), the WIAA office will issue ballots to the voting schools for purposes of the election. These ballots will contain the names of the top vote-getters in the primary, double the number to be elected, as well as a write-in option or, if there has not been a primary, the ballots will contain the names of all candidates, as well as a write-in option. The ballots must be signed and returned to the WIAA office, postmarked no later than the third Tuesday in April.
- G. In both a primary and/or general election, at least 25% of the schools in the election set must have voted in order for a write-in candidate to be advanced or elected.
- H. A special Elections Committee appointed by the Board of Control shall open and canvass the ballots. The results shall be announced at the Annual Meeting. In case of ties, a runoff election shall be conducted by mail-in ballot within two weeks following the Annual Meeting.

Section 5 – Vacancies

- A. A vacancy exists on the Advisory Council when a member 1) moves to a school in another enrollment classification, 2) leaves the profession, 3) resigns from the Council, 4) is elected or appointed to the Board of Control, or 5) is unable to serve for any reason.
- B. A vacancy occurring after the start of the school year, but before the election procedure begins (fourth Tuesday in January), will be filled by the Board of Control appointing a replacement.
 - 1) An appointed replacement for a vacancy will serve only until the day before the start of the next following school year.
 - 2) There will be a special election, at the time of the regular election, to complete an unexpired term, if one or two years remain on a term temporarily filled by an appointed replacement.
- C. A vacancy occurring after the election procedure begins (fourth Tuesday in January), but before the start of the following school year, will be filled by a Board of Control authorized special election using procedures similar to the regular election procedure.

Section 6 – Officers and Meetings

- A. The Advisory Council shall organize each year at its first meeting following the Annual Meeting for the purpose of electing a chairperson and vice chairperson. (The Executive Director of the Association shall act as secretary to the Council.)
- B. There shall be a minimum of two meetings of the Advisory Council each school year, and a majority of members shall constitute a quorum for each meeting.

Article VIII – Powers and Duties of the Advisory Council

Section 1 – Authority

- A. The Advisory Council shall have the power to initiate amendments for presentation to the membership of the Association.
- B. The Advisory Council shall vote and approve by majority vote any changes in WIAA rules and regulations before proposals advance to the Board of Control.

Section 2 – Duties

- A. The Advisory Council shall advise the Board of Control in formulating the aims and policies of this Association.

Article IX – Amendments

Section 1 – Origin

- A. A proposed amendment to the CONSTITUTION, BYLAWS, or RULES OF ELIGIBILITY of this Association may originate:
 - 1) At the Annual Meeting of this Association by a majority vote of represented member senior high schools.
 - 2) In the Board of Control.
 - 3) In the Advisory Council.
 - 4) By petition, in writing, by the administrator or high school principal of at least 10% of the member senior high schools. The petition must be submitted by the first Friday in January prior to the next Annual Meeting.

Section 2 – Procedure

- A. Within 30 days of the origination or filing of a proposed amendment, the Executive Director shall distribute to member senior high schools of this Association an informational bulletin detailing the wording of the proposal and a brief description of its meaning, intent, and the effect of passage.
- B. The member school representatives at the ensuing Annual Meeting (or at a special emergency meeting) of this Association shall vote on the proposed amendment. If the majority of school representatives present vote in favor of the proposed amendment it shall become effective no later than the next following issue of the BULLETIN, the official publication of this Association.

Section 3 – Incorporating Changes

- A. The Board of Control shall have authority following each Annual Meeting of this Association to incorporate related changes in the CONSTITUTION, BYLAWS, or RULES OF ELIGIBILITY with the action taken by the membership at the Annual Meeting, but such changes shall not alter the meaning or intent of any provision.

Article X – Middle Level Council

Section 1 – Membership

- A. There shall be established a Middle Level Council of ten members, including seven administrators, or building administrators, and/or athletic directors of member middle level schools containing Grades 6-8 students (or any combination thereof) with one member representing each of the seven Board of Control Districts. Note: If vacant positions cannot be filled by a district representative, the position will become available to any qualified individual from a member middle school. One of the ten members shall be an at-large representative of whichever gender has fewer memberships at the declaration date for this position. One of the ten members shall be an at-large representative of a

nonpublic school member. One of the ten members shall be an at-large representative of ethnic minority origin as defined in the following note:

Note: A person having origins in Black racial groups of Africa; Mexican, Puerto Rican, Cuban, Central or South American or other Spanish culture or origin, regardless of race; Asian; Pacific Islander; American Indian; or Alaskan Native.

In addition, liaison representation will be made available to the Department of Public Instruction, Wisconsin Association of Middle Level Educators, Wisconsin Athletic Directors Association and Wisconsin Athletic Trainers Association.

Note: Candidates must have 1) Department of Public Instruction licensure allowing placement in the eligible set and 2) must be employed in a qualifying position.

Section 2 – Term

- A. Matters relating to appointment, term of office, and vacancies shall be determined by the Board of Control.

Section 3 – Compensation

- A. Members shall serve without compensation, except for reimbursement of expenses incurred while performing necessary duties of a committee member.

Section 4 – Meetings

- A. The Middle Level Council shall meet once each school year or more often as directed by the Board of Control.

Article XI – Powers and Duties of the Middle Level Council

Section 1 – Authority

- A. The Middle Level Council, with Board of Control approval, shall have authority to initiate amendments to the CONSTITUTION, BYLAWS, and RULES OF ELIGIBILITY of this Association as they pertain to proposals to change rules and regulations affecting Grades 6, 7, and/or 8 students at schools affiliated for middle level membership. Only administrators or building administrators of schools containing Grades 6, 7, and/or 8 students and affiliated for middle level membership shall be eligible to vote on such proposed amendments.

Section 2 – Duties

- A. The Middle Level Council shall advise the Board of Control of this Association in the area of aims and policies of interscholastic athletics for Grades 6-8.
- B. The Middle Level Council will review amendments approved at the WIAA Senior High Annual Meeting relative to the WIAA Constitution, Bylaws and Rules of Eligibility. Any changes will be reviewed by the Council and at the Council's direction, may be recommended to the Board of Control for placement in the WIAA Middle Level Handbook.

Bylaws

The Bylaws, in general, contain information relating to the junior high/middle level school's responsibility insofar as WIAA rules and regulations are concerned.

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Bylaws

Article I – School Competition and Practice Requirements

Section 1 – A School shall not Participate in:

- A. Contests held in conjunction with professional, semiprofessional and other games, meets, or programs sponsored by noneducational agencies. Unless such participation is approved by the Board of Education or the governing body of all participating institutions.
- B. Contests conducted by a nonschool person, group or organization, including school club teams, YMCA, American Legion, etc. Unless such participation is approved by the Board of Education or the governing body of all participating institutions.

Note 1: Such contests may be scheduled only if an administrator of the school with the WIAA sanctioned team is present and has determined all WIAA regulations are being followed.

Note 2: Involvement of business, commerce, industry, etc., in sponsorship of school events is not prohibited, except to those concerns related to alcohol and tobacco products.

- 1. WIAA approval is required for:
 - a) Any interstate competition and/or event (other than scheduled conference events) in which four or more schools participate.
- 2. No approval is required:
 - a) If only one adjacent state and a total of no more than three schools are involved.
- 3. No approval shall be granted for any tournament, meet, or other contest to qualify for and/or determine a national junior high/middle level championship, but such championships involving schools for visually handicapped or deaf students are exempt from this provision.

Note: Request for National Federation or WIAA approval must be made by the host school on forms available from the WIAA office. National Federation approval must be completed 30 days prior to date of competition. There is no specified deadline for WIAA approval.

Article II – All-Star Prohibition

Section 1 – Coaching - Supervision - Promotion

- A. A school, including its administrators (district administrator and principal), athletic director, and coaches, shall not become involved directly or indirectly with the coaching, management, direction, and/or promotion of any kind of all-star game or similar contest involving students with remaining WIAA eligibility in any sport, if such all-star games or similar contests are held during the established school year.

Article III – Game Contracts

Section 1 – Competing Schools

- A. It is recommended that schools contract, in writing, for all interscholastic contests.

Article IV – Coaches Qualifications

Section 1 – Certified to Teach

- A. Persons certified or eligible and applying for certification to teach in Wisconsin or who have completed a WIAA approved education course shall be assigned as coaches (including assistants, helpers, aides, etc.) of teams representing a school in interscholastic competition.

Section 2 – Application

- A. This rule is applicable to all levels of competition, junior high/middle level (Grades 6-8), and practice sessions as well as actual competition.

Section 3 – Coaches Not Licensed to Teach (CNLTs)

- A. A school may employ other than a certified teacher for coaching, if a certified teacher is unavailable or unacceptable for coaching assignment.
- B. The following provisions must be met:
 - 1. All coaches not licensed as teachers must have completed a WIAA approved coaches education course before they start their second year of coaching.
 - 2. In lieu of having a coach not licensed as a teacher complete a course, a school may assign a faculty mentor, not otherwise coaching, to be present at all times with the coach.
 - 3. A coach not licensed as a teacher with five years of documented coaching experience prior to the 1994-95 school year in public or nonpublic educational institutions, will not need to complete a coaches education course, but will need to apply annually.
 - 4. Coaches not licensed as teachers, or who have not completed an approved coaches education course, must be registered with the WIAA office on the Request for Permission to Use a Coach Not Licensed to Teach Form (CNLT). This requirement includes first year coaches and coaches with five years of experience prior to the 1994-95 school year.

Section 4 – Sport/Rules Meeting Recommendation

- A. It is recommended that junior high/middle-level coaches attend a sport/rules meeting, if such meetings are offered in a sport. If meetings are not offered, coaches are encouraged to watch the online sport/rules meeting video.

Section 5 – Required Coaches Education Courses

- A. Beginning with the 2017-18 school year, all paid coaches, shall be certified and will maintain certification in First Aid, Cardiopulmonary Resuscitation (CPR) certification and AED operation.

Article V – Officials Qualifications

Section 1 – Licensed with WIAA

- A. A school shall use only persons licensed with the Association for purposes of officiating junior high/middle level (Grades 6-8) interscholastic contests.

Section 2 – Contracts

- A. It is recommended that schools contract, in writing, for all officials.

Article VI – Game Control

Section 1 – School

- A. All schools shall be responsible before, during, and after a game or meet for the proper conduct of their coaches, athletes, students, and other spectators, and when requested, a school shall complete a report regarding a game or meet in which problems occurred.
- B. A spectator removed or ejected from an interscholastic athletic competition for flagrant harassment or unsportsmanlike conduct is suspended from attendance for no less than the next competitive event (but not less than one complete game or meet). Host school administration is required to record and submit an ejection report to the WIAA. The spectator's athletic director will inform the spectator and, if the next event is an away event, they will contact the next opponent's administration.

Note: The suspension shall be served in the same sport at the same level of competition that the ejection occurred. If the sport season is completed, the penalty will be applied in the next sport or sports season.

- C. It shall be the responsibility of a school to eliminate such pranks and/or mischief, as ripping or cutting nets from basketball goals, tearing down goal posts, stealing batons, or marking flags or any other activity involving destruction and/or theft of game equipment and materials.

Section 2 – Game Officials

- A. The referee or other game official may warn and, if necessary thereafter, order forfeiture by the offending team or school if the conduct and control of any party concerned, including spectators, interrupts or adversely affects the normal procedure and progress of a contest.

Article VII – Awards

Section 1 – School

- A. A student may receive:
 - 1. a medal, cup, trophy, or plaque from the sponsoring organization regardless of cost.
 - 2. from schools, mementos not to exceed \$200 in total fair market value. Nonschool organizations desiring to make contributions toward the purchase of a championship ring/memento must make those contributions to the school.

Section 2 – Nonschool

- A. A banquet for a school team, sponsored by other than the school, shall not constitute a violation if arranged with the approval of the school.
- B. Group entertainment, sponsored by other than the school, is permissible only if such entertainment is limited to transportation, admission to event, and necessary food and lodging, and it must be approved by the school.

Note: Under this provision a middle level team may receive invitation, complimentary admission and acknowledgement/introductions, and/or opportunity to perform/scrimmage at community high school athletic events.

Section 3 – General

- A. A student may receive:
 - 1. any other award for participation in an athletic contest, or for athletic honors or recognition, which does not exceed \$100 in fair market value in the following WIAA recognized sports: Baseball, basketball, cross country, football, golf, hockey, lacrosse, soccer, swimming & diving, tennis, track & field, volleyball, and wrestling for boys, and basketball, cross country, golf, gymnastics, hockey, lacrosse, soccer, softball, swimming & diving, tennis, track & field, and volleyball for girls.
 - 2. and retain items of wearing apparel which are worn for nonschool athletic competition as a part of a team uniform provided for and worn by the student during competition.

Rules of Eligibility

The Rules of Eligibility, in general, contain information relating to the relationship of the student-athlete to the junior high/middle level school and WIAA.

Many eligibility issues at the middle level are identical to those at the senior high level. Therefore, you may refer to the Senior High Handbook for help in clarifying issues of eligibility not found in the Middle Level Handbook.

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Rules of Eligibility

Article I – General

Section 1 – School Administration

- A. The responsibility of educating and guiding students in the rules of eligibility governing member schools of this Association shall rest with the administration of each school.
 - 1. The administration of the school shall be responsible for the eligibility of all its athletes, and it is the duty and responsibility of one member school to immediately call to the attention of another member school and/or the Association office information or evidence pertaining to possible violations of Association rules.

Section 2 – Coach must be Present

- A. No team (or student) shall represent his/her school at any time in connection with interscholastic competition, unless accompanied by a coach or another appointed member of the school faculty.
 - 1. It is recommended that a female member of the faculty accompany any girls team coached by a male and a male member of the faculty accompany any boys team coached by a female.
 - 2. A game shall be forfeited or a team disqualified from further participation in a meet if, after a game or meet official has ejected a coach for any reason, there is no other coach or faculty member of that school present to supervise the team.

Section 3 – Attendance

- A. A student is eligible for interscholastic competition at a junior high/middle level school (Grades 6-8), if he/she is carried on the attendance rolls (for purposes of state equalization aids) as a full time Grade 6, 7, or 8 student in that member school, with the following additional provisions:
 - 1. A student is eligible to participate in interscholastic competition at the level (Grades 6-8) to which he/she has been placed/promoted.
 - 2. Junior high/middle level students (Grades 6-8) are not eligible to compete with or against students enrolled in Grades 9-12.
Note: In emergency situations a waiver may be requested allowing 9th grade student(s) to compete at the 8th grade level at member middle schools.
- B. A nonpublic member school student is eligible for interscholastic competition at a member junior high/middle level public school (Grades 6-8), if he/she is carried on the attendance rolls as a full time Grade 6, 7, or 8 student in the nonpublic school, with the following provisions:
 - 1. A student is eligible to participate in interscholastic competition at the level (Grades 6-8) to which he/she has been placed/promoted.
 - 2. Formal school Board of Education approval is required by all of the schools involved.
 - 3. Formal middle level athletic conference approval is required by all of the schools involved, when conference membership applies.
- C. According to state law, a school may use on its interscholastic teams students residing within the district boundary who are bona fide home-based private education students as defined by state law on the same basis and to the same extent as all other full-time students at the member school.

Section 4 – Scholarship

- A. A student in Grade 6, 7, or 8 must meet minimum academic standards established by the school he/she attends.
 - 1. Minimum academic standards shall be established by all schools. The following areas should be included in formulating policy for students, who do not meet the established minimum academic standards.
 - a. Length of season and number of contests.
 - b. A probationary period.
 - c. Extent of participation during probation.
 - d. Junior high/middle level participation philosophy.
 - e. Equal access to the programs by all students.
 - f. Eligibility carryover from one school year to the next.
 - g. Removal from a program.

Article II – Residence and Transfer

- 1. Students who transfer from one school district to another will have immediate eligibility.
- 2. Students who transfer schools within a school district will follow district guidelines.
- 3. Board of Education approved full-time student(s), paying their own tuition and residing full-time with parents in their primary residence shall be afforded eligibility.

Article III – Age Requirement

Section 1 – Junior High/Middle Level

- A. A student shall be ineligible for interscholastic competition as a member of a team consisting of Grades 6, 7, and 8 students if he/she reaches his/her birthday before August 1 of any given school year (6th grade - 13, 7th grade - 14, 8th grade - 15).

Section 2 – Verification

- A. A birth or baptismal record, or court verdict will establish the age of a student.

Article IV – Amateur Status

Section 1 – Loss of Eligibility

- A. A student shall be an amateur in all recognized sports of this Association in order to compete in any sport, and he/she shall become ineligible for all further participation in the school's interscholastic program if he/she:
 - 1. Accepts reimbursement, in any form (a) salary, (b) cash (including gift cards), (c) merchandise of any kind or amount or (d) share of game or season proceeds, for achievement in athletics.

- a. Actual and necessary reimbursement for transportation, food, and lodging and entry fees paid in connection with playing a contest shall not be regarded as a violation.
 - b. A student may receive :
 - (1) a medal, cup, trophy, or plaque from the sponsoring organization regardless of cost;
 - (2) from schools, mementos not to exceed \$200 in total fair market value. Nonschool organizations desiring to make contributions toward the purchase of a championship ring/memento must make those contributions to the school;
 - (3) any other award for participation in an athletic contest, or for athletic honors or recognition, which does not exceed \$100 in fair market value in the following WIAA recognized sports: baseball, basketball, cross country, football, golf, hockey, lacrosse, soccer, swimming & diving, tennis, track & field, volleyball, and wrestling for boys, and basketball, cross country, golf, gymnastics, hockey, lacrosse, soccer, softball, swimming & diving, tennis, track & field, and volleyball for girls;
 - (4) and retain items of apparel which are worn by nonschool athletic competition as a part of a team uniform provided for and worn by the student during competition. (See Bylaws, Article XI – Awards)
 - c. A school may allow a student to retain items of practice and playing uniforms which, for reasons of hygiene, obsolescence, deterioration, etc., will not be passed on to another student.
2. Signs a contract or agreement for services as a participating athlete.
 - a. A student may be employed (but not self-employed) on a part-time basis as an instructor on the playgrounds, game official, lifeguard, e.g.
 - b. This rule shall not prevent a student from signing (a) an agreement which binds him/her to play only for a particular team or (b) an athletic tender with a university or college.
 3. Receives compensation or benefit, directly or indirectly, for the use of name, picture, and/or personal appearance, as an athlete because of ability, potential, and/or performance as an athlete.
 4. Receives free and/or reduced rates on equipment, apparel, camps/clinics/instruction and competitive opportunities that are not identical for any and all interested students.
 5. Is identified as an athlete, provides endorsement as an athlete, or appears as an athlete, in the promotion of a commercial/advertisement and/or profit-making event, item, plan or service.

Note: When an athlete has been identified with or without permission and/or awareness resulting in a violation of this rule, the penalty may be reduced once the violation has been rectified.
 6. Plays in any contest (school or nonschool) under a name other than his/her own name.

Article V – Nonschool Participation

Section 1 – In-Season

- A. It is the philosophy of this Association that a student owes loyalty and allegiance to the school and team of which they are a member during the season of a given sport. Athletes may compete in not more than two non-school events with school approval during each regular sport season. The event(s) will not count against the individual maximum for the athlete in that sport. A student becomes ineligible in a sport for the remainder of the season for not receiving school approval beforehand and/or competing in more than two nonschool events in the same sport during the season of practice and competition established by the school. The penalty may be reduced with the forfeiture of the two nonschool opportunities, upon request of a school on the basis of documented extenuating circumstances.

Note: With the approval of school administration, a student may be allowed to participate as an individual (not part of a team) in contests which isolate separate sport skills outside the traditional competition setting, e.g., shooting, passing, kicking contests. Such skill contests/events may not include physical contact with another participant or contain similar risks for serious injury or extreme fatigue as the actual sport competition. There can be no school coach involvement. The approval of the school may be granted on the basis that such participation will not impair or alter the student's eligibility (ie: Amateur status) or other membership rules.

 1. Nonschool games, meets, or contests shall be interpreted to include (a) all games, meets, or contests outside the control of the school and (b) any games, meets, or contests within a school (other than official interscholastic athletic program) involving another school or a nonschool organization.
 2. A student who was a member of a school team in a given sport during the previous year may not delay reporting for the school team beyond the school's official opening day of practice in order to continue nonschool training or competition, except in the fall-sponsored sports of cross country, tennis, golf, and swimming, provided the delay does not extend beyond the first interscholastic meet.
 3. A student who is cut (although cutting should be discouraged) from the squad, during the season for reasons of skill, is exempt from this rule if there is an opportunity to rejoin the team later in the same season. A student suspended from the team, for the remainder of the season for reasons of discipline or academic problems, is exempt from this rule. A student suspended from the team for a portion of the season is not exempt from this rule.
- B. National Teams and Olympic Development Programs for Team and Individual Sport Athletes
 1. During the school year, students who participate for their school in a sport may participate through training, tryout or competition on a National Team or in a United States Olympic Development Program provided the student receives an individual invitation from either the United States National Governing Body (NGB) on the national level for that sport or from the United States Olympic Committee:
 - a. **National Team Definition:** A national team is a team selected by the National Governing Body (NGB) of the sport on a national qualification basis either through a defined selective process or actual tryouts for the purpose of international competition which requires the entries to officially represent the respective nations, although it is not necessary there be team scoring by nation. Participation by high school students on bona fide national teams that represent the United States may be permitted.
 - b. **Olympic Development Program Definition:** An Olympic Development Program (ODP) is defined as a training program or competition that is conducted or sponsored by the United States Olympic Committee, or directly funded and conducted by the United States Olympic committee member National Governing Body (NGB) on the national level, or specifically authorized by a national governing body involving

only athletes previously identified by the NGB as having potential for future participation at the regional national, or international competition in that sport.

Official National Governing Bodies

Baseball	USA Baseball	Soccer	U.S. Soccer Federation
Basketball	USA Basketball	Softball	Amateur Softball Association
Diving	USA Diving	Swimming	USA Swimming
Football	USA Football	Tennis	U.S. Tennis Association
Golf	U.S. Golf Association	Track and Field	USA Track & Field
Gymnastics	USA Gymnastics	Volleyball	USA Volleyball
Ice Hockey	USA Hockey	Wrestling	USA Wrestling
Lacrosse	USA Lacrosse		

- c. **Special Olympic Definition:** Special Olympics provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities.
- d. Waivers may be provided:
 - (1) The national team or development program meets the above definition.
 - (2) The student makes application to the high school principal or designee.
 - (3) The member school requests a waiver.

Section 2 – Out-Of-Season

- A. It is the philosophy of this Association that while athletes should not be unreasonably restricted, except during the actual school season of a sport. Subsequently, students may voluntarily assemble at any time without school and/or school coach involvement.
 - 1. A school is allowed to conduct a clinic, in a given sport, in the summer (when school is not in session). These clinics may be for a maximum of six days, and all must be concluded no later than the last Saturday in July.
- B. Nonschool coaching contact will be permitted during the school year for middle school coaches, provided such nonschool programs are not limited to students on the basis of school or team affiliation.
- C. Other than during the actual school season, the following provisions shall apply to nonschool participation in accordance with Section 2B above:
 - 1. An acceptable program or activity is one which is not limited to students on the basis of a school affiliation, athletic experience, team status, etc., and no school monies or resources can be applied.
 - 2. The person who will be coaching a student in the following school season shall not be permitted to coach that student other than during the designated school season for that sport, except that:
 - a. All sports except football are exempt from this requirement during the summer period, provided the program is not limited to students as described in C-1) of this Section.
 - b. This provision shall not prevent a coach from having supervisory responsibilities outside the designated season of a sport. Supervisory involvement, however, does not include situations like club team coaching (such as swimming & diving, except in summer), driving (or accompanying) student to competition or training (clinics, camps, etc.), conducting drills, throwing batting practice, running through plays, demonstrating techniques, or any other activity which could be regarded as coaching or instructing.
 - c. Coaches are allowed to recreate along with students in school sponsored open gyms which are purely recreational in nature.
 - d. A member school is permitted to supervise conditioning programs under the open gym provisions, which may include weight lifting, speed, agility, fitness. The program must be limited to non-sport and non-sport-skill-specific instruction. Basic 'instruction' e.g., safe lifting, safe spotting, training regimen and rationale, are permitted. No sport implements and/or sport specific movement/drills should be part of the open gym or weight room. These conditioning programs must be made known and accessible to all interested students and must be voluntary.
- D. With approval of its governing body, a school may issue its own equipment, uniforms and other apparel for use by athletes in training or non-school competition out-of-season at its own discretion.
- E. It is not permissible for any person or organization except the student or parents, to pay for any of the cost or fee for any kind of nonschool activity involving specialized training or similar instruction.

Students must pay 100% of any expenses, including transportation, to any nonschool (out-of-season) camps, clinics or specialized training. Schools are reminded that free and/or reduced rate opportunities afforded to select individuals can affect amateur status.

Note: This provision shall not prevent a school from covering the costs of team participation in a clinic or similar activity during the season of a sport and/or unrestricted summer contact days.
- F. A student must discontinue summertime participation in nonschool competition prior to the first day of the school's official opening day of practice in the same sport.

Note: See exception in Section 1-A-2) of this Article.

Section 3 – All-Star Activities

- A. It is the philosophy of this Association that all-star games and similar activity do not serve the best interests of junior high/middle level students, because of overemphasis, exploitation, selection procedure, and/or other factors.
- B. A student becomes ineligible in a sport for a maximum of one year from date of last offense for participating in an all-star game or similar activity.
 - 1. An all-star team consists of students chosen on the basis of individual accomplishment or reputation from two or more existing or recently existing teams. An all-star game is one played between two teams, either of which consists of selected students of two or more existing or recently existing teams.

Note: In individual sports, participation by invitation and with no team affiliation would be exempt from this rule.
 - 2. Activities within the confines of each member school do not come under the limitations of the all-star rule.

3. Activities during the summertime within the confines of an established league or program, such as an interdivisional contest or a team picked to represent a given league in additional competition, are exempt from this rule.
4. International competition or cultural exchange programs, which are in conflict with this rule, may be approved by the Board of Control.

Section 4 – Prohibited Activities

- A. Students may be ruled ineligible to participate in, or for participation in, any event or activity conducted by other than a school which may be regarded as contrary to the best interest of the participants or detrimental to the school athletic program.

Article VI – Health and Behavior/Compliance

Section 1 – Required Documentation

- A. A student may not practice for or participate in interscholastic athletics until the school has written evidence on file in its office attesting to:
 1. Parental permission each school year including an acknowledgement of receiving the school athletic code,
 2. Acknowledgement of receiving the WIAA Rules of Eligibility,
 3. Athletic Emergency Form
 4. Current physical fitness to participate in sports.

Section 2 – Physical Examination

- A. A preparticipation physical fitness form attesting to current physical fitness to participate in sports as determined by a licensed physician, Physician's Assistant (PA) or Advanced Practice Nurse Prescriber (APNP) no less than every other school year with April 1 the earliest date of examination. School policy determines when an athlete may return to competition following an injury, except where rule book or WIAA tournament policies apply.
- B. Physical examination taken April 1 and thereafter is valid for the following two school years; physical examination taken before April 1 is valid only for remainder of that school year and following school year.

Note: It is recommended that a student also have dental fitness attested by a licensed dentist.

Section 3 – Code of Conduct

- A. A school shall have a code of conduct for its athletes. The code of conduct should be in place prior to the start of the school year. The code should be developed with the involvement of students, coaches, and administration and adopted by the Board of Education or recognized governing body.
 1. A student is required to follow the school's code of conduct on a year-round (12 month) basis. This rule is subject to and superseded by the requirements and limitations imposed on the school by Department of Education regulations promulgated under Title IX relating to how schools must respond to allegations of sexual harassment consistent with Part 106 of Title 34 of the code of Federal Regulations.
 - a. In-season violations of the school code will result in immediate suspension of the student from interscholastic competition for no less than one day of competition (but not less than one complete game or meet) for acts involving (a) possession and/or use of alcohol, (b) possession and/or use of tobacco, including chewing tobacco and/or (c) use, possession, buying, or selling of controlled substances, street drugs and performance enhancing substances (PES).

Note 1: When the suspension results in a fraction of a game, the number shall be rounded up to the next whole number of games (i.e. 2.1 or 2.8 games equals 3 games).

Note 2: This is a minimum penalty and may not be reduced by any other provision of the school code.

Note 3: Any portion of the suspension not completed during the current season will carry over to the next sport or sport season.

Note 4: Victims of sexual assault and bystanders who report a sexual assault, request emergency assistance, cooperate with an assist law enforcement, and stay on the scene or who encounter law enforcement at a medical facility at which the victim is being treated cannot be issued a code of conduct violation. The victim or bystanders must meet the State Amnesty Law Requirements. The victim may not falsely claim amnesty knowing that the situation that he or she reports does not exist.
 - b. The member school will determine minimum penalties for violation of any other provisions of its code of conduct, including all out-of-season offenses.
 - c. The member school will determine minimum penalties for any other unacceptable conduct contrary to the ideals, principles, and standards of the school and this Association, including but not limited to criminal behavior.
 - d. Any student charged and/or convicted of a felony shall, upon the filing of felony charges, become ineligible for all further participation until the student has paid his/her debt to society and the courts consider the sentence served (including probation, community service, etc.).

Note: Except for conduct violations under paragraph (4) felony charges, the school must provide an opportunity for the student to be heard prior to any penalty being enforced. If a student appeals a suspension, according to the school's appeal procedure, the student is ineligible during the appeal process.

- B. The WIAA is against the use of anabolic-androgenic steroids and other performance enhancing substances (PES). Member schools shall devote time each year to positive programs which highlight prevention and education of the risks, benefits and adverse effects of PES. Coaches, teachers, sports medicine staff and school administrators who ignore or encourage the use of PES, provide and/or sell PES to athletes (including indirect distribution through a third party) shall be subject to their own school's provisions regarding discipline.

Section 4 – Flagrant or Unsportsmanlike Conduct and/or Assault on an Official

- A. A student, disqualified from a contest for flagrant or unsportsmanlike conduct, is suspended from interscholastic competition for no less than the next competitive event (but not less than one complete game or meet) at the same level of competition as the disqualification.

Note: The penalty shall be served in the sport in which the offense occurred. If that sport season is completed, then it shall be served in the next sport or sport season.
- B. Any player who in the judgment of the official, intentionally spits on, strikes, slaps, kicks, pushes or aggressively physically contacts an official at any time shall be immediately ineligible for competition a minimum of 90 calendar days from the date of the confrontation. In addition, the player is ineligible to compete for the first 25% of the next season in that same sport.

Junior High/Middle Level

SEASON REGULATIONS (Grades 6-8)

Junior high/middle-level schools are not restricted, as to what sports they conduct in the fall, winter, or spring seasons, however, the following regulations do apply:

1. There is to be no overlap of fall, winter, and spring seasons.
 - a. **FALL** - The maximum length of a fall season is 10 weeks, concluding on the Saturday of the 10th week.
 - b. **WINTER** - The maximum length of a winter season is 15 weeks, concluding on the Saturday of the 15th week.
 - c. **SPRING** - The maximum length of a spring season is 10 weeks, concluding no later than the last day of school.
2. It is recommended that schools consider using the high school guidelines for minimum days of practice.
3. National Federation rules are followed, in junior high/middle-level competition, but schools and conferences may adapt those rules for safety reasons, or to allow more students to participate. Examples of adaptations might be:
 - a. Extra periods of play, to allow participation by youngsters that did not get an opportunity to play in the regular game.
 - b. Longer periods of play, designed for the same reason as letter a.
 - c. Playing halves in basketball, designed as same reason as letter a.
 - d. Weight considerations and restrictions.
4. A number of sports allow multischool competition, however, all contests, including multischool, must be conducted within one day.
5. A student may participate only at their grade level (6, 7, or 8), unless multilevel participation is the only means of making a team for that school.
6. Junior high/middle level students (Grades 6-8) are not eligible to compete with or against students enrolled in Grades 9-12.

Note: In emergency situations a waiver may be requested allowing 9th grade student(s) to compete at the 8th grade level at member middle schools.
7. Teams shall be allowed to wear old varsity uniforms provided participant safety is not jeopardized.
8. Recommend organizational meeting be conducted prior to the season opening. No instruction or practice can be included.
9. State Law (175.22) prohibits use of cell phones (and other image-recording devices) in locker rooms except in emergency situations

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BASEBALL

ALERT: State Law (175.22) prohibits use of cell phones (and other image-recording devices) in locker rooms except in emergency situations.

1. PARTICIPATION LIMITATIONS

- a. The maximum number of contests scheduled during a Monday through Friday week is two. A Saturday and/or Sunday contest(s) is permissible. Exceptions are allowed due to cancellations of regularly scheduled contests.
- b. The maximum number of games is 12, including any practice/scrimmage with another school.
- c. A student may not pitch more than seven innings over any period of four consecutive calendar days.
 - (1) It is not the responsibility of game officials to enforce the pitching rule. Schools must report violations to the WIAA office following competition. Violations are considered in the same manner as a school using an ineligible student. The minimum penalty for such violations is forfeiture of game.
- d. Pitching Restrictions
 - (1) The pitch count is based on the number of pitches thrown to batters during the batter's time at bat. Warm up pitches allowed before the game, in between innings or allowed by the umpire in case of injury or game delay do not count.
 - (2) Pitches are counted and when the number of pitches reaches a certain level, the pitcher must take of the required days of rest.

Maximum number of pitches:

Age	Maximum Number of Pitches	Required Days of Rest (Pitches)				
		0 Days	1 Day	2 Days	3 Days	4 Days
MS 11-12	85	1-20	21-35	36-50	51-65	66+
MS 13-14	95	1-20	21-35	36-50	51-65	66+

- (3) When the pitcher reaches the maximum number of pitches, he may not pitch to another batter. He may only finish pitching to the current batter.
- (4) The pitching rule applies even though a game is called (ended) by the umpire because of darkness, rain or some other factor before it has become an official game.

2. CONTEST CONTROL

- a. All schools are responsible before, during, and after a contest for the proper conduct of their coaches, athletes, students, and other spectators and, when requested, a school must complete a report regarding the contest in which a problem occurred (WIAA Bylaws, Article IX).
- b. Schools are expected to prohibit and/or eliminate pranks and/or mischief or any other activity involving destruction, theft, etc., of athletic facilities, equipment, and materials.

3. LICENSED OFFICIALS

One WIAA licensed official (umpire) is required for all contests at the junior high/middle level, two are recommended. Schools cannot use unlicensed individuals as their second official.

4. MEDICAL COVERAGE

For all games and practices, emergency procedures should be in place as per DPI and Wisconsin Statute 121.02 (1) (g) Emergency Nursing Service. These should include, but are not limited to, such things as:

- a. A physician available by phone or on location.
- b. Phone location and phone numbers available for contacting physician and/or ambulance service.

5. CONCUSSION AND/OR UNCONSCIOUS PARTICIPANT

No athlete shall return to play or practice on the same day of being diagnosed with a concussion. Any athlete suspected of having a concussion must be evaluated by an appropriate health-care professional that day. Any athlete with a concussion must be medically cleared by an appropriate health-care professional prior to resuming participation in any practice or competition. Return to play must follow a step-wise protocol which includes provisions for delaying return to play based upon the return of any signs or symptoms. Any athlete deemed unconscious must have medical evaluation and clearance before being allowed to return to participation.

6. OXYGEN AND FLUIDS PROVIDED INTRAVENOUSLY

- a. Oxygen administered by mechanical means for recuperative purposes is not permitted.
- b. Fluids provided intravenously is an invasive procedure to be used only in emergency situations. An athlete may not return to competition the same day.

Note: See WIAA Medical Policies and Procedures for additional medical information.

7. RULES GOVERNING COMPETITION

The official rules for all interscholastic competition are contained in the (a) current editions of BASEBALL RULES and CASE BOOK and (b) related publications and interpretations of the National Federation with the following provisions:

NATIONAL FEDERATION ALLOWED ADAPTATIONS

- a. A game called for any reason, where a winner cannot be determined, will be treated as a suspended game (Rule 4-3-1 Note 2). If the game is to be completed, it will be continued from the point of suspension and a suspended game will be completed unless both schools agree not to do so.
- b. If a game is called prior to the completion of any full inning, NFHS Rule 4-2-3 will be applied.
- c. Courtesy Runners
 - (1) The team at bat may use courtesy runners for the pitcher and the catcher at any time. The same runner may not be used for both positions. Neither the pitcher nor the catcher will be required to leave the game under such circumstances.

Basketball

- (2) Players who have participated in the game in any other capacity are ineligible to serve as courtesy runners.
- (3) A player may not run as a courtesy runner for the pitcher or the catcher and then be used as a runner or batter for another player in that half inning.
Penalty: For illegal substitution, such substitute shall be restricted to dugout (3-1-1).
- (4) Upon mutual agreement, a game will end when after five innings a team is 10 or more runs behind and has completed its turn at bat (Rule 4-2-2 Note).
- d. A time limit may be placed on games. Innings in progress must be completed and no new inning may be started once the time limit has elapsed, regardless of the number of innings played, unless tied in tournament play (Rule 4-2-4). This is a conference or host school decision not umpire's prerogative.
- e. The Babe Ruth 13 to 15-year old bat rule will be followed. USA Baseball marking or BBCOR .50 2 5/8" Barrel.

STATE ASSOCIATION RECOMMENDATION

- a. It is strongly recommended that schools which schedule games on facilities without dugouts, separate the dugout area from the spectator area with fencing, rope, or similar protective measure.

8. FLAGRANT OR UNSPORTSMANLIKE CONDUCT

- a. A student, disqualified from a contest for flagrant or unsportsmanlike conduct, is suspended from interscholastic competition for no less than the next competitive event (but not less than one complete game or meet) at the same level of competition as the disqualification.
 - (1) Ejections for violations of Rule 3, Section 3, Article 1, a-d and f, and Rule 1, Section 1, Article 5 (removal of helmet) do not require the player to miss the next contest, unless the umpire deems the act to be flagrant or unsportsmanlike.
- b. Schools should establish their own policy as to whether athletes are allowed to be in uniform and participate in pregame and postgame activity, if they are ineligible to compete due to flagrant and/or unsportsmanlike conduct, athletic and/or academic code violations, or for any other reason.
- c. Any player who in the judgment of the official, intentionally spits on, strikes, slaps, kicks, pushes or aggressively physically contacts an official at any time shall be immediately ineligible for competition a minimum of 90 calendar days from the date of the confrontation. In addition, the player is ineligible to compete for the first 25% of the next season in that same sport.

BASKETBALL

ALERT: State Law (175.22) prohibits use of cell phones (and other image-recording devices) in locker rooms except in emergency situations.

1. PARTICIPATION LIMITATIONS

- a. The maximum number of contests scheduled during a Monday through Friday week is two. A Saturday and/or Sunday contest(s) is permissible. Exceptions are allowed due to cancellations of regularly scheduled contests.
- b. The maximum number of games is 17, including any practice/scrimmage with another school.
- c. A student may not play in more than 68 quarters (4 quarters per day). Note: The 4-quarter rule does not apply in situations where a student plays two games at the same level (6th, 7th or 8th grades) on the same day.

2. CONTEST CONTROL

- a. All schools are responsible before, during, and after a contest for the proper conduct of their coaches, athletes, students, and other spectators and, when requested, a school must complete a report regarding the contest in which a problem occurred (WIAA Bylaws, Article IX).
- b. Schools are expected to prohibit and/or eliminate pranks, mischief, or any other activity involving destruction, theft, etc., of athletic facilities, equipment, and materials.

3. LICENSED OFFICIALS

Two WIAA licensed officials are required for all junior high/middle-level interscholastic competition.

4. MEDICAL COVERAGE

For all games and practices, emergency procedures should be in place as per DPI and Wisconsin Statute 121.02 (1) (g) Emergency Nursing Service. These should include, but are not limited to, such things as:

- a. A physician available by phone or on location.
- b. Phone location and phone numbers available for contacting physician and/or ambulance service.

5. CONCUSSION AND/OR UNCONSCIOUS PARTICIPANT

No athlete shall return to play or practice on the same day of being diagnosed with a concussion. Any athlete suspected of having a concussion must be evaluated by an appropriate health-care professional that day. Any athlete with a concussion must be medically cleared by an appropriate health-care professional prior to resuming participation in any practice or competition. Return to play must follow a step-wise protocol which includes provisions for delaying return to play based upon the return of any signs or symptoms. Any athlete deemed unconscious must have medical evaluation and clearance before being allowed to return to participation.

6. OXYGEN AND FLUIDS PROVIDED INTRAVENOUSLY

- a. Oxygen administered by mechanical means for recuperative purposes is not permitted.
- b. Fluids provided intravenously is an invasive procedure to be used only in emergency situations. An athlete may not return to competition the same day.

Note: See WIAA Medical Policies and Procedures for additional medical information.

7. RULES GOVERNING COMPETITION

The official rules for all interscholastic competition are contained in the (a) current editions of BASKETBALL RULES and CASE BOOK and (b) related publications and interpretations of the National Federation with these additional provisions:

NATIONAL FEDERATION ALLOWED ADAPTATIONS

- a. A technical foul will be assessed a coach for failure to maintain body contact with the bench at any time while the clock is running or is stopped, except to:
 - (1) Confer with bench personnel and players within the confines of the bench area during a charged time-out or the intermission between quarters and extra periods.

- (2) Rise and stand in front of their seat to signal players to request a time-out.
- (3) Confer with personnel at the scorers' table to request a time-out for a correctable error.
- (4) Confer with personnel at the scorers' table to request a time-out to prevent or rectify a timing or scoring mistake or an alternating possession mistake.
- (5) Attend an injured player when beckoned onto the court by an official.
- (6) Replace or remove a disqualified or injured player, or player directed to leave the game, from within the confines of his/her bench.

STATE ASSOCIATION REGULATIONS

- a. The school of a player who breaks a backboard is responsible for replacing the board.
- b. Junior high/middle level teams shall be allowed to wear old high school uniforms, which are now unapproved, provided participant safety is not jeopardized.
- c. Junior high/middle level contests are played in quarters.

8. FLAGRANT OR UNSPORTSMANLIKE CONDUCT AND INELIGIBLE ATHLETES

- a. A student, disqualified from a contest for flagrant or unsportsmanlike conduct, is suspended from interscholastic competition for no less than the next competitive event (but not less than one complete game or meet) at the same level of competition as the disqualification.
Note: An athlete ejected from a game for receiving two technical fouls in a game is subject to this suspension.
- b. Schools should establish their own policy as to whether athletes are allowed to be in uniform and participate in pregame and postgame activity, if they are ineligible to compete due to flagrant and/or unsportsmanlike conduct, athletic and/or academic code violations, or for any other reason.
- c. Any player who in the judgment of the official, intentionally spits on, strikes, slaps, kicks, pushes or aggressively physically contacts an official at any time shall be immediately ineligible for competition a minimum of 90 calendar days from the date of the confrontation. In addition, the player is ineligible to compete for the first 25% of the next season in that same sport.

CROSS COUNTRY

ALERT: State Law (175.22) prohibits use of cell phones (and other image-recording devices) in locker rooms except in emergency situations.

1. PARTICIPATION LIMITATIONS

- a. The maximum number of contests scheduled during a Monday through Friday week is two. A Saturday and/or Sunday contest is permissible. Exceptions are allowed due to cancellations of regularly scheduled contests.
- b. The maximum number of meets is eight, including any practice/scrimmage with another school.
- c. Competition involving students not eligible for the school's official interscholastic teams (e.g., Grades 6-7-8 students) must be conducted at a time other than during the period (start to finish) of a meet.

2. CONTEST CONTROL

- a. All schools are responsible before, during, and after a contest for the proper conduct of their coaches, athletes, students, and other spectators and, when requested, a school must complete a report regarding the contest in which a problem occurred (WIAA Bylaws, Article IX).
- b. Schools are expected to prohibit and/or eliminate pranks, mischief, or any other activity involving destruction, theft, etc., of athletic facilities, equipment, and materials.

3. LICENSED OFFICIALS

One WIAA licensed official (referee-starter) is required, but two are recommended for all interscholastic competition.

4. MEDICAL COVERAGE

For all meets and practices, emergency procedures should be in place as per DPI and Wisconsin Statute 121.02 (1) (g) Emergency Nursing Service. These should include, but are not limited to, such things as:

- a. A physician available by phone or on location.
- b. Phone location and phone numbers available for contacting physician and/or ambulance service.

5. CONCUSSION AND/OR UNCONSCIOUS PARTICIPANT

No athlete shall return to play or practice on the same day of being diagnosed with a concussion. Any athlete suspected of having a concussion must be evaluated by an appropriate health-care professional that day. Any athlete with a concussion must be medically cleared by an appropriate health-care professional prior to resuming participation in any practice or competition. Return to play must follow a step-wise protocol which includes provisions for delaying return to play based upon the return of any signs or symptoms. Any athlete deemed unconscious must have medical evaluation and clearance before being allowed to return to participation.

6. OXYGEN AND FLUIDS PROVIDED INTRAVENOUSLY

- a. Oxygen administered by mechanical means for recuperative purposes is not permitted.
- b. Fluids provided intravenously is an invasive procedure to be used only in emergency situations. An athlete may not return to competition the same day.

Note: See WIAA Medical Policies and Procedures for additional medical information.

7. RULES GOVERNING COMPETITION

The official rules for all interscholastic competition are contained in the (a) current editions of TRACK AND FIELD AND CROSS COUNTRY RULES, and CASE BOOK and (b) related publications and interpretations of the National Federation with these additional provisions:

NATIONAL FEDERATION ALLOWED ADAPTATIONS

- a. The maximum length of a course is 4000 meters for boys and girls (Rule 8-1-1).
- b. Measuring wheels on visiting courses must be used for coaching purposes only. If used to question or challenge the length of the course the coach shall be charged with "Unsportsmanlike Conduct" (Rule 8-6-1c).

Cross Country

- c. Any runner, coach, or team personnel who is observed tampering with a flag on the course anytime during premeet warm-ups, competition, or post-meet activities shall be charged with "Unsportsmanlike Conduct" (Rule 8-7).
- d. Any runner who has not reported to the clerk of course prior to the three-minute race countdown shall be charged with "Unacceptable Conduct" (Rule 8-7).

STATE ASSOCIATION REGULATIONS

- a. Uniforms/Equipment (Rule 4-3-1)
 - (1) Headwear – The only allowed head coverings are knit caps/headbands (ear warmers) which may be solid or multi-colored. School names, nicknames and mascots are allowed, along with manufacturer's logo. Items covering the entire head such as scarves, bandannas, do-rags, baseball caps, etc. may not be worn during competition. Waivers for other head coverings may be issued for medical situations by the WIAA staff.
 - (2) Athletes must compete using the defined appropriate shoes/spikes. Spikes, if allowed, may NOT be longer than 1/2 inch [Rule 8-6-1a(3)].
- b. Starting Procedure (Rule 8-4-4)

The following starting mechanics and techniques (season and WIAA tournament series) must be used at all meets:

 - (1) **STARTERS should not give instructions** nor answer questions after the three-minute countdown. The information given over the public address system must be:
 - 15 minutes to the start of the race
 - 10 minutes to the start of the race
 - 5 minutes to the start of the race
 - 3 minutes to the start of the race – **all runners must have reported to the clerk of course**
 - 2 minutes to the start of the race – **all runners remove sweats, coaches and non-competing athletes must vacate starting box area**
 - 1 minute to the start of the race – **all runners must be positioned, and remain, behind the starting line**
 - 30 seconds to the start of the race
 - 15 seconds to the start of the race
 - 10 seconds countdown to 5 secondsThe **starter** will then fire the gun when all runners are "**set and motionless.**"
 - (2) If a public address system is available the entire countdown to 5 seconds is done by the announcer. The starter will be responsible only for firing the gun when all runners are set and motionless.

Other than music used by meet management, noisemakers and audible music will not be allowed at or near the starting line (Earbuds are allowed).
- c. Coaches must report to their school administration within 48 hours following a contest any player or coach ejection. School administrators must then report the ejection to the WIAA via written communication with three (3) school days following the contest. This written communication must also include a plan of action to prevent future ejections. Officials will continue to provide electronic reports to the WIAA.

STATE ASSOCIATION RECOMMENDATIONS

The following recommendations apply to courses:

- a. Course should be marked no later than 1 1/2 hours before the meet.
- b. Course should only cross pavement, not run along the side of roads, parking lots, and sidewalks.
- c. Natural barriers should be utilized when possible.
- d. Blue flags should be used where the course is not lined or where there might be a question.
- e. Flags should be placed three feet to the side of lines.
- f. The starting line should be established so that lane 1 is on the runners' left.
- g. A visual marker (flag, cone, etc.) must be present 100 meters from the starting line to assist officials with recalls.
- h. Distance from start to first significant turn should be 300 to 400 yards. Double turns should be used instead of 90 degree turns where possible, particularly early in the course.
- i. Course should allow 800 meters before course narrows and restricts runners to pass.
- j. Chute should be constructed long enough and in such a manner to eliminate potential overflow of runners. (Rule 8-3-4, 8-3-5, 8-4-7 Fig. 10)
- k. Course distances should be as accurate as possible. Markers should be clearly visible at each mile with splits provided all runners at those points.
- l. Course should allow 1/2" spikes to be worn.
- m. Meet management must identify the restricted and nonrestricted areas.
- n. The use of lead and trail vehicles/carts is recommended. If only one vehicle/cart is available it should be used in a trail capacity.
- o. The use of music at meets should cease two minutes prior the start of the race.

8. FLAGRANT OR UNSPORTSMANLIKE CONDUCT

- a. A student, disqualified from a contest for flagrant or unsportsmanlike conduct, is suspended from interscholastic competition for no less than the next competitive event (but not less than one complete meet) at the same level of competition as the disqualification.
- b. Schools shall determine whether athletes are allowed to be in uniform and participate in premeet and postmeet activity if they are ineligible to compete due to flagrant and/or unsportsmanlike conduct, athletic and/or academic code violations, or for any other reason.
- c. Any player who in the judgment of the official, intentionally spits on, strikes, slaps, kicks, pushes or aggressively physically contacts an official at any time shall be immediately ineligible for competition a minimum of 90 calendar days from the date of the confrontation. In addition, the player is ineligible to compete for the first 25% of the next season in that same sport.

FOOTBALL

ALERT: State Law (175.22) prohibits use of cell phones (and other image-recording devices) in locker rooms except in emergency situations.

1. PRACTICE REQUIREMENTS

- a. Acclimatization Period
 - (1) Practice Days 1 and 2
 - (a) Helmets and mouth guards only; shorts are recommended.
 - (b) Wrestling or volleyball style kneepads may be allowed, but are not mandatory.
 - (c) All other equipment and pads (e.g. spider pads, hex pads or built-in padding and/or on clothing) are not permitted.
 - (2) Practice Days 3 Through 5
 - (a) Helmets, mouth guards, girdles and shoulder pads only; shorts are recommended.
 - (b) Wrestling or volleyball style kneepads may be allowed, but are not mandatory.
 - (c) All other equipment and pads (e.g. spider pads, hex pads or built-in padding and/or on clothing) are not permitted.
 - (3) Full pads may be worn after the acclimatization plan has been satisfied.
 - (4) The acclimatization period must be satisfied by all athletes individually.
- b. If multiple practices in a day are utilized (long day), they may not be scheduled on consecutive days. Practices are limited to alternating Short Days and Long Days.
 - (1) Short Day
 - (a) Maximum practice is 3 hours of physical activity plus a 30-minute recovery period.
 - (b) A 30-minute recovery period (rest in a cool environment, pads and helmets off, hydrate) must occur no later than 2 hours into practice.
 - (c) Unrestricted and unlimited access to water throughout physical activity is strongly encouraged.
 - (2) Long Day
 - (a) Maximum of one practice is 3 hours of physical activity plus a 30-minute recovery period.
 - (b) A 30-minute recovery period (rest in a cool environment, pads and helmets off, hydrate) must occur no later than 2 hours into practice.
 - (c) Minimum of a 3-hour break without physical exertion, in a cool environment, with rehydration before the second practice that day.
 - (d) The longer practice, which is limited to 3 hours of physical activity plus a 30-minute recovery period, may be at any time during the day. When combined with an additional helmet-only practice, there must be a 3-hour break between.
 - (e) Maximum additional practice is 1.5 hours with helmets and mouth guards only; knee pads may be allowed.
 - (f) Unrestricted and unlimited access to water throughout physical activity is strongly encouraged.
 - (3) After 10 practices to the end of the season
 - (a) Only one practice allowed per day.
 - (b) Maximum practice is 2.5 hours.
 - (c) A 30-minute recovery period is not required.
 - (d) Monitor weather and heat conditions and adjust appropriately.
 - (e) Unlimited access to water and hydration should be available.
- c. **Player on Player Contact**

There are five basic types of player on player contact:

 - (1) **Drill contact** - coach determined outcome

Air - Players should run unopposed without bags or any opposition.

Bags - Activity is executed against a bag, shield, or pad to allow for a soft-contact surface, with or without the resistance of a teammate or coach standing behind the bag.

Wrap or Control - Drills run at full speed until contact, which is above the waist with the players remaining on their feet.
 - (2) **Competition/Full Contact** - no coach determined outcome

Thud - Same as wrap but tempo is competitive with no pre-determined winner and the players are not tackling to the ground.

Live Competition or Full Contact - Full contact is defined as football drills or live game simulations where live action occurs - game speed where players execute full tackles at competitive pace taking players to the ground.
 - (3) **Limitations are the following:**

Drill Contact (Air, Bags and Wrap) is unlimited. Competition/Full Contact (Thud and Live/Full) has limitations. The Acclimatization Regulations also apply.

Week 1 - Only Drill Contact (Air, Bags and Wrap) is allowed and it is unlimited. Competition/Full Contact is not allowed.

Week 2 - Drill Contact (Air, Bags and Wrap) is unlimited. Competition/Full Contact (Thud and Live) is limited to 75 minutes per week (excluding a scrimmage).

Week 3 and beyond - Drill Contact (Air, Bags and Wrap) is unlimited. Competition/Full Contact (Thud and Live) is limited to 60 minutes per week (excluding games).

2. PARTICIPATION LIMITATIONS

- a. The maximum number of games is seven, including any practice/scrimmage with another school.
- b. No more than one football game may be scheduled during any Monday to Sunday period. No more than one game may be scheduled until the fifth day following the previously scheduled game (i.e., Friday to Wednesday and Saturday to Thursday).

Golf

3. CONTEST CONTROL

- All schools are responsible before, during, and after a contest for the proper conduct of their coaches, athletes, students, and other spectators and, when requested, a school must complete a report regarding the contest in which a problem occurred (WIAA Bylaws, Article IX).
- Schools are expected to prohibit and/or eliminate pranks, mischief, or any other activity involving destruction, theft, etc., of athletic facilities, equipment, and materials.

4. LICENSED OFFICIALS

Four WIAA licensed officials are recommended for all contests, but only three are required.

5. MEDICAL COVERAGE

For all meets and practices, emergency procedures should be in place as per DPI and Wisconsin Statute 121.02 (1) (g) Emergency Nursing Service. These should include, but are not limited to, such things as:

- A physician available by phone or on location.
- Phone location and phone numbers available for contacting physician and/or ambulance service.

6. CONCUSSION AND/OR UNCONSCIOUS PARTICIPANT

No athlete shall return to play or practice on the same day of being diagnosed with a concussion. Any athlete suspected of having a concussion must be evaluated by an appropriate health-care professional that day. Any athlete with a concussion must be medically cleared by an appropriate health-care professional prior to resuming participation in any practice or competition. Return to play must follow a step-wise protocol which includes provisions for delaying return to play based upon the return of any signs or symptoms. Any athlete deemed unconscious must have medical evaluation and clearance before being allowed to return to participation.

7. OXYGEN AND FLUIDS PROVIDED INTRAVENOUSLY

- Oxygen administered by mechanical means for recuperative purposes is not permitted.
- Fluids provided intravenously is an invasive procedure to be used only in emergency situations. An athlete may not return to competition the same day.

Note: See WIAA Medical Policies and Procedures for additional medical information.

8. RULES GOVERNING COMPETITION

The official rules for all interscholastic competition are contained in the (a) current editions of FOOTBALL RULES and CASE BOOK and (b) related publications and interpretations of the National Federation with these additional provisions:

NATIONAL FEDERATION ALLOWED ADAPTATIONS

- The following rule regarding the use of running time must be used:
After the first quarter, when the score differential reaches 35 points or more, coaches may mutually agree to implement the use of the running clock.
After the first half any time the score differential reaches 35 points or more, beginning with the ensuing kickoff the following changes, and only these changes, will be made regarding rules determining when the clock will and will not be stopped:
The clock will run continuously, except for the following situations where it will be stopped:
(1) All time-outs - charged, official, or for injury.
(2) Following a score.
Note: (1) Normal clock operating procedures resume when a team scores to make the differential less than 35 points in the third quarter. The running clock will be maintained in the fourth quarter even if the score differential goes below 35 points.
Note: (2) The use of this rule does not preclude the use of Rule 3-1-4 which reads: "A period or periods may be shortened in any emergency by agreement of the opposing coaches and the referee. By mutual agreement of the opposing coaches and the referee any remaining periods may be shortened at any time or the game may be terminated."

STATE ASSOCIATION REGULATIONS

- It is the responsibility of the host school to have the playing field and immediate sidelines completely enclosed by a permanent or temporary fencing, or by a rope, for purposes of crowd control.
- Nonvarsity teams shall be allowed to wear old varsity uniforms which are now unapproved provided participant safety is not jeopardized.

STATE ASSOCIATION RECOMMENDATION

It is recommended that a licensed official be used on the timepiece if the field clock is official.

8. FLAGRANT OR UNSPORTSMANLIKE CONDUCT AND INELIGIBLE ATHLETES

- A student, disqualified from a contest for flagrant or unsportsmanlike conduct, is suspended from interscholastic competition for no less than the next competitive event (but not less than one complete game or meet) at the same level of competition as the disqualification.
- Schools should establish their own policy as to whether athletes are allowed to be in uniform and participate in pregame and postgame activity, if they are ineligible to compete due to flagrant and/or unsportsmanlike conduct, athletic and/or academic code violations, or for any other reason.
- Any player who in the judgment of the official, intentionally spits on, strikes, slaps, kicks, pushes or aggressively physically contacts an official at any time shall be immediately ineligible for competition a minimum of 90 calendar days from the date of the confrontation. In addition, the player is ineligible to compete for the first 25% of the next season in that same sport.

GOLF

ALERT: State Law (175.22) prohibits use of cell phones (and other image-recording devices) in locker rooms except in emergency situations.

1. PARTICIPATION LIMITATIONS

- The maximum number of contests scheduled during a Monday through Friday week is two. A Saturday and/or Sunday contest(s) is permissible. Exceptions are allowed due to cancellations of regularly scheduled contests.
- The maximum number of meets is 12, including any practice/scrimmage with another school.

- c. Competition involving students not eligible for the school's official interscholastic teams (e.g., Grades 6-7-8 students) must be conducted at a time other than during the period (start to finish) of a meet.

2. CONTEST CONTROL

- a. All schools are responsible before, during, and after a contest for the proper conduct of their coaches, athletes, students, and other spectators and, when requested, a school must complete a report regarding the contest in which a problem occurred (WIAA Bylaws, Article IX).
- b. Schools are expected to prohibit and/or eliminate pranks, mischief, or any other activity involving destruction, theft, etc., of athletic facilities, equipment and material.

3. LICENSED OFFICIALS

NOT APPLICABLE

4. MEDICAL COVERAGE

For all meets and practices, emergency procedures should be in place as per DPI and Wisconsin Statute 121.02 (1) (g) Emergency Nursing Service.

These should include, but are not limited to, such things as:

- a. A physician available by phone or on location.
- b. Phone location and phone numbers available for contacting physician and/or ambulance service.

5. CONCUSSION AND/OR UNCONSCIOUS PARTICIPANT

No athlete shall return to play or practice on the same day of being diagnosed with a concussion. Any athlete suspected of having a concussion must be evaluated by an appropriate health-care professional that day. Any athlete with a concussion must be medically cleared by an appropriate health-care professional prior to resuming participation in any practice or competition. Return to play must follow a step-wise protocol which includes provisions for delaying return to play based upon the return of any signs or symptoms. Any athlete deemed unconscious must have medical evaluation and clearance before being allowed to return to participation.

6. OXYGEN AND FLUIDS PROVIDED INTRAVENOUSLY

- a. Oxygen administered by mechanical means for recuperative purposes is not permitted.
- b. Fluids provided intravenously is an invasive procedure to be used only in emergency situations. An athlete may not return to competition the same day.

Note: See WIAA Medical Policies and Procedures for additional medical information.

7. RULES GOVERNING COMPETITION

WIAA season regulations approved at the February Board of Control meeting and the official rules for all interscholastic competition are contained in the (a) current edition of RULES OF GOLF and (b) related publications and interpretations of the United States Golf Association with these additional provisions:

ADAPTATIONS TO USGA RULES

- a. The host school or a conference will determine the type of play (match, medal, or combination match-medal) governing competition.
- b. A player improperly attired will not be allowed to tee off. If the player removes an outer garment during play, and the clothing underneath is illegal, that player shall receive a warning for their first offense, and if they fail to correct the problem or commit a second offense, they will be disqualified from competition for unsportsmanlike conduct.
When a golf course has specific attire rules, (i.e., collared shirt) players will comply with the rule or will not be allowed to participate in the meet. Host school shall enforce the attire rule.
Inappropriate dress includes, but is not limited to, clothing displaying anything relating to drugs, alcohol, tobacco or inappropriate language or gestures.
(1) A boy must be attired in a shirt (not sleeveless) and golf slacks, tailored shorts (golf or tennis shorts) or jeans (but not those frayed or altered). Golf shoes or rubber-soled shoes must be worn.
(2) A girl must be attired in NO LESS than a sleeveless blouse and tailored shorts (golf or tennis shorts) or jeans (but not those frayed or altered). Golf shoes or rubber-soled shoes must be worn.
- c. Coaches aware of unsportsmanlike conduct (throwing or burying of clubs, swearing, etc.) should report the violation to the tournament manager. Unsportsmanlike conduct will be penalized as follows:
(1) Player: first violation - warning; second violation - 2 stroke penalty; third violation - disqualification from competition. Players may also assess another player a warning for the first violation and 2 stroke penalty for the second unsportsmanlike conduct violation, but must report a third violation to the tournament manager for disqualification.
In addition a two-stroke penalty will be assessed to a player who throws a club, which, even inadvertently strikes any person. Any flagrant throwing of a club, causing danger to any person will result in disqualification and that player will be required to miss the next meet.
(2) Coach: first violation - 2 stroke penalty applied to team score; second violation - disqualification of entire team.
Players disqualified from competition will also be required to miss the next event on their schedule.
- d. When the local committee believes temporary conditions interfere with proper playing of the game, permitting lifting, cleaning and replacing a ball anywhere through the green or on a closely mown area through the green may be provided. A closely mown area is the golfers own fairway only. If the fairway is not defined the players will determine fairway borders.
- e. Pull carts are permissible. Caddies, electric golf caddy, and riding carts are not permitted, except a riding cart may be approved by the WIAA for an individual with a permanent illness/disability. Permission must be requested for using a riding cart for a permanent illness/disability prior to the individual's first meet.
- f. One designated coach is allowed to coach during competition. The designated coach may give rule options to their own players anytime, and rule options to other competitors ONLY when asked by that competitor. The designated coach is not allowed on the greens or in the bunkers. The person acting as the coach must be under contract with the school as a golf coach. Players may accept verbal and hand signal advice from their school's designated coach only. Notes, tees, and other items left behind by teammates and/or coaches are prohibited. Coaches cannot align players while the player is at address nor delay Pace of Play in any way. Penalty for violation of the coaching rule is two strokes on first offense and disqualification of player on second offense by same player..
- g. A golf meet is closed and all committee decisions will stand once results of the meet have been officially announced.

Gymnastics

- h. Players are allowed to use an electronic measuring device (EMD) as approved by USGA regulations during competition. Exceptions include no use of communication devices (i.e., cell phones, smart phones, ipads, etc.). A player can request to use an EMD and/or ask for distance information and these must be provided.
- i. Electronic communication devices (e.g., cellular telephones, smartphones, PDAs, etc.) may be used in emergency situations, to follow live scoring and to text coach to coach during competition. Talking on one of these devices is only permitted off the golf course. Violations will be considered unsportsmanlike conduct, resulting in: first violation – two stroke penalty applied to team score; second violation – disqualification of entire team.
- j. When a player's ball lies on the putting green, there is no penalty if the ball or ball marker is accidentally moved by a player, his/her partner, his/her opponent or equipment.

8. FLAGRANT OR UNSPORTSMANLIKE CONDUCT

- a. A student, disqualified from a contest for flagrant or unsportsmanlike conduct, is suspended from interscholastic competition for no less than the next competitive event (but not less than one complete game or meet) at the same level of competition as the disqualification.
- b. Schools shall determine whether athletes are allowed to be in uniform and participate in pregame and postgame activity if they are ineligible to compete due to flagrant and/or unsportsmanlike conduct, athletic and/or academic code violations, or for any other reason.
- c. Any player who in the judgment of the official, intentionally spits on, strikes, slaps, kicks, pushes or aggressively physically contacts an official at any time shall be immediately ineligible for competition a minimum of 90 calendar days from the date of the confrontation. In addition, the player is ineligible to compete for the first 25% of the next season in that same sport.
- d. Disqualifications as a result of USGA rule violations (e.g., signing for a wrong score, arriving late for a tee time, etc.) shall not require a player to miss the next event for unsportsmanlike conduct.

GYMNASTICS

ALERT: State Law (175.22) prohibits use of cell phones (and other image-recording devices) in locker rooms except in emergency situations.

1. PARTICIPATION LIMITATIONS

- a. The maximum number of contests scheduled during a Monday through Friday week is two. A Saturday and/or Sunday contest is permissible. Exceptions are allowed due to cancellations of regularly scheduled contests.
- b. The maximum number of meets is 12, including any practice/scrimmage with another school.
- c. Competition involving students not eligible for the school's official interscholastic teams (e.g., Grades 6-7-8 students) must be conducted at a time other than during the period (start to finish) of a meet.

2. CONTEST CONTROL

- a. All schools are responsible before, during, and after a contest for the proper conduct of their coaches, athletes, students, and other spectators and, when requested, a school must complete a report regarding the contest in which a problem occurred (WIAA Bylaws, Article IX).
- b. Schools are expected to prohibit and/or eliminate pranks, mischief, or any other activity involving destruction, theft, etc., of athletic facilities, equipment, and materials.

3. LICENSED OFFICIALS

A minimum of two WIAA licensed officials (judges) are required, per event, for all varsity interscholastic competition. Two are recommended, but only one is required, per event, below the varsity level.

4. MEDICAL COVERAGE

For all meets and practices, emergency procedures should be in place as per DPI and Wisconsin Statute 121.02 (1) (g) Emergency Nursing Service. These should include, but are not limited to, such things as:

- a. A physician available by phone or on location.
- b. Phone location and phone numbers available for contacting physician and/or ambulance service.

5. CONCUSSION AND/OR UNCONSCIOUS PARTICIPANT

No athlete shall return to play or practice on the same day of being diagnosed with a concussion. Any athlete suspected of having a concussion must be evaluated by an appropriate health-care professional that day. Any athlete with a concussion must be medically cleared by an appropriate health-care professional prior to resuming participation in any practice or competition. Return to play must follow a step-wise protocol which includes provisions for delaying return to play based upon the return of any signs or symptoms. Any athlete deemed unconscious must have medical evaluation and clearance before being allowed to return to participation.

6. OXYGEN AND FLUIDS PROVIDED INTRAVENOUSLY

- a. Oxygen administered by mechanical means for recuperative purposes is not permitted.
- b. Fluids provided intravenously is an invasive procedure to be used only in emergency situations. An athlete may not return to competition the same day.

Note: See WIAA Medical Policies and Procedures for additional medical information.

7. RULES GOVERNING COMPETITION

The official rules for all interscholastic competition are contained in the (a) current edition of GIRLS GYMNASTICS RULES and MANUAL and (b) related publications and interpretations of the National Federation with these additional provisions:

NATIONAL FEDERATION ALLOWED ADAPTATIONS

- a. Scoring
 - (1) Team score is determined by adding the top four raw scores in each of the four individual events. (Rule 4-2-2)
 - (2) Varsity and junior varsity team scores may not be added to determine a final team score.
 - (3) Closed scoring will be used for all competition. (Rule 4-4-4)
- b. In situations where equipment failure occurs during warm-ups or during the meet, the equipment will be replaced or repaired if possible. If replacement or repair is impossible, the chief judge will rule to omit the event from the meet.

- c. Coaches will be allowed unlimited inquiries without penalty. (Rule 5-1-6)

STATE ASSOCIATION REGULATIONS

- a. All-around shall be considered as an individual event in all meets, and all-around entries shall compete in all events listed above.
 - (1) All-around participants must compete at the same level in all events to be considered for all-around scoring, unless all head coaches involved agree differently.
- b. A school may enter (for any of its teams) a maximum of five girls per event in dual and multischool competition. If a team does not have five entrants per event, their opponent may fill the open positions which are not to be counted towards the team total.
- c. Seeding
 - (1) Dual meets: The host school will determine if teams compete as a unit or alternate competitors.
 - (2) Meets involving three or more schools: A team must perform as a unit and draw for performing order, after which competition will be rotated.
 - (3) A girl who is up on two events, simultaneously, must be moved down three positions on the second event.
- d. Schools are encouraged to conduct meets with all events running concurrently, and it is strongly recommended that meets be conducted with no less than two events being run concurrently.
 - (1) When two events are run simultaneously, sessions will be determined by the host school.
- e. CD or MP3 player is permitted for floor exercise at all meets, and each school will be responsible for its own music and the mechanics thereof.
- f. The host school must provide a minimum of 60 minutes of warm-up time, stretches, bar settings and equipment warm-ups, prior to the scheduled meet starting time.
- g. For regular season meets, both duals and invitationals, where modified capital cup is used. If the first round of warm-ups occurs before march-in, then a two-minute touch is allowed, but not required. Following the first round, each team receives a ten-minute warm-up.
- h. If a non-modified capital cup meet is held, a two-minute touch per event is allowed but not required for each event.
- i. The official equipment for all competition will be provided by the host school. If the host school cannot provide official equipment, the visiting schools must be notified and allowed to bring official equipment, if possible.

Note: Visiting schools are allowed to bring their own vaulting board to all meets, with the understanding that any other competing school may also use it.

Note: In subvarsity competition, coaches may facilitate the handstand vault with a 1.0 deduction.
- j. Members of teams below the varsity level will not be penalized for failing to wear uniforms prescribed in the rules, provided: (1) a reasonable attempt is made to conform to the regulations and (2) participant safety is not jeopardized. The WIAA office should be informed about questionable situations.
- k. Judges may sit together as per Wisconsin judges protocol (Rule 2-2-1, b2).
 - (1) Judges must mark independently.
 - (2) No communication with other judges unless there is a question or discrepancy concerning scores or awarding proper credit to skills.

8. FLAGRANT OR UNSPORTSMANLIKE CONDUCT

- a. A student, disqualified from a contest for flagrant or unsportsmanlike conduct, is suspended from interscholastic competition for no less than the next competitive event (but not less than one complete game or meet) at the same level of competition as the disqualification.
- b. Schools should establish their own policy as to whether athletes are allowed to be in uniform and participate in pregame and postgame activity, if they are ineligible to compete due to flagrant and/or unsportsmanlike conduct, athletic and/or academic code violations, or for any other reason.
- c. Any player who in the judgment of the official, intentionally spits on, strikes, slaps, kicks, pushes or aggressively physically contacts an official at any time shall be immediately ineligible for competition a minimum of 90 calendar days from the date of the confrontation. In addition, the player is ineligible to compete for the first 25% of the next season in that same sport.

HOCKEY

ALERT: State Law (175.22) prohibits use of cell phones (and other image-recording devices) in locker rooms except in emergency situations.

Contact WIAA office for regulations.

LACROSSE

ALERT: State Law (175.22) prohibits use of cell phones (and other image-recording devices) in locker rooms except in emergency situations.

Contact WIAA office for regulations.

SOCCER

ALERT: State Law (175.22) prohibits use of cell phones (and other image-recording devices) in locker rooms except in emergency situations.

1. PARTICIPATION LIMITATIONS

- a. The maximum number of contests scheduled during a Monday through Friday week is two. A Saturday and/or Sunday contest(s) is permissible. Exceptions are allowed due to cancellations of regularly scheduled contests.
- b. The maximum number of matches is 12, including any practice/scrimmage with another school, and no more than four of the 12 may be multiple-school meets.

2. CONTEST CONTROL

- a. All schools are responsible before, during, and after a contest for the proper conduct of their coaches, athletes, students, and other spectators and, when requested, a school must complete a report regarding the contest in which a problem occurred (WIAA Bylaws, Article IX).

Softball

- b. Schools are expected to prohibit and/or eliminate pranks, mischief, or any other activity involving destruction, theft, etc., of athletic facilities, equipment and material.

3. LICENSED OFFICIALS

Two WIAA licensed officials are required for all interscholastic competition (see 7-a).

4. MEDICAL COVERAGE

For all meets and practices, emergency procedures should be in place as per DPI and Wisconsin Statute 121.02 (1) (g) Emergency Nursing Service. These should include, but are not limited to, such things as:

- a. A physician available by phone or on location.
- b. Phone location and phone numbers available for contacting physician and/or ambulance service.

5. CONCUSSION AND/OR UNCONSCIOUS PARTICIPANT

No athlete shall return to play or practice on the same day of being diagnosed with a concussion. Any athlete suspected of having a concussion must be evaluated by an appropriate health-care professional that day. Any athlete with a concussion must be medically cleared by an appropriate health-care professional prior to resuming participation in any practice or competition. Return to play must follow a step-wise protocol which includes provisions for delaying return to play based upon the return of any signs or symptoms. Any athlete deemed unconscious must have medical evaluation and clearance before being allowed to return to participation.

6. OXYGEN AND FLUIDS PROVIDED INTRAVENOUSLY

- a. Oxygen administered by mechanical means for recuperative purposes is not permitted.
- b. Fluids provided intravenously is an invasive procedure to be used only in emergency situations. An athlete may not return to competition the same day.

Note: See WIAA Medical Policies and Procedures for additional medical information.

7. RULES GOVERNING COMPETITION

The official rules for all interscholastic competition are contained in the (a) current edition of SOCCER RULES and (b) related publications and interpretations of the National Federation with these additional provisions:

NATIONAL FEDERATION ALLOWED ADAPTATIONS

- a. Overtime shall not be played at the middle level. Penalty kicks could be used to determine which team would advance in a tournament bracket.
- b. Yellow cards received during regular season must be counted. Once a player has accumulated five yellow cards, they are suspended for the next game. Once the player accumulates three additional yellow cards, they are suspended for the next two games. Three more, they are suspended three games, etc. These are minimum penalties.
- c. If a player receives a red card or a second yellow card resulting in disqualification, that individual is suspended for the next competitive game. These are minimum penalties. All yellow and red cards must be reported to the appropriate head coach.
- d. Soft and yielding caps may be worn during inclement weather (Rule 4-2-1f).
- e. In the event a game must be suspended because conditions make it impossible to continue before one complete half has been played, the game will continue from that point unless both coaches agree to let the recorded score stand. If at least one half of the game has been completed, the game is an official game.
- f. Following the completion of the first half, anytime the score differential reaches ten or more goals the coaches may mutually agree to end the game. After 60 minutes of play, if there is a score differential of 8 or more the game shall end.

STATE ASSOCIATION RECOMMENDATIONS

- a. It is recommended that restraining ropes or lines be placed a minimum of five yards from the sidelines for purposes of crowd control.
- b. It is recommended that both team benches be on the same side of the field with spectators located on the opposite side.
- c. It is recommended that schools have a scoretable and scorer/scorebook at games for the purpose of keeping track of cards, goals, and substitutions.

8. FLAGRANT OR UNSPORTSMANLIKE CONDUCT AND INELIGIBLE ATHLETES

- a. A student, disqualified from a contest for flagrant or unsportsmanlike conduct, is suspended from interscholastic competition for no less than the next competitive event (but not less than one complete game or meet) at the same level of competition as the disqualification.
- b. Schools should establish their own policy as to whether athletes are allowed to be in uniform and participate in pregame and postgame activity, if they are ineligible to compete due to flagrant and/or unsportsmanlike conduct, athletic and/or academic code violations, or for any other reason.
- c. Any player who in the judgment of the official, intentionally spits on, strikes, slaps, kicks, pushes or aggressively physically contacts an official at any time shall be immediately ineligible for competition a minimum of 90 calendar days from the date of the confrontation. In addition, the player is ineligible to compete for the first 25% of the next season in that same sport.

SOFTBALL

ALERT: State Law (175.22) prohibits use of cell phones (and other image-recording devices) in locker rooms except in emergency situations.

1. PARTICIPATION LIMITATIONS

- a. The maximum number of contests scheduled during a Monday through Friday week is two. A Saturday and/or Sunday contest(s) is permissible. Exceptions are allowed due to cancellations of regularly scheduled contests.
- b. The maximum number of contests is 12, including any practice/scrimmage with another school.

2. CONTEST CONTROL

- a. All schools are responsible before, during, and after a contest for the proper conduct of their coaches, athletes, students, and other spectators and, when requested, a school must complete a report regarding the contest in which a problem occurred (WIAA Bylaws, Article IX).
- b. Schools are expected to prohibit and/or eliminate pranks, and or mischief or any other activity involving destruction, theft, etc., of athletic facilities, equipment, and materials.

3. LICENSED OFFICIALS

One WIAA licensed official (umpire) is required for all contests at the junior high/middle level, two are recommended. Schools cannot use unlicensed individuals as their second official.

4. MEDICAL COVERAGE

For all meets and practices, emergency procedures should be in place as per DPI and Wisconsin Statute 121.02 (1) (g) Emergency Nursing Service. These should include, but are not limited to, such things as:

- a. A physician available by phone or on location.
- b. Phone location and phone numbers available for contacting physician and/or ambulance service.

5. CONCUSSION AND/OR UNCONSCIOUS PARTICIPANT

No athlete shall return to play or practice on the same day of being diagnosed with a concussion. Any athlete suspected of having a concussion must be evaluated by an appropriate health-care professional that day. Any athlete with a concussion must be medically cleared by an appropriate health-care professional prior to resuming participation in any practice or competition. Return to play must follow a step-wise protocol which includes provisions for delaying return to play based upon the return of any signs or symptoms. Any athlete deemed unconscious must have medical evaluation and clearance before being allowed to return to participation.

6. OXYGEN AND FLUIDS PROVIDED INTRAVENOUSLY

- a. Oxygen administered by mechanical means for recuperative purposes is not permitted.
- b. Fluids provided intravenously is an invasive procedure to be used only in emergency situations. An athlete may not return to competition the same day.

Note: See WIAA Medical Policies and Procedures for additional medical information.

7. RULES GOVERNING COMPETITION

The official rules for all interscholastic competition are contained in the (a) current editions of SOFTBALL RULES and CASE BOOK and (b) related publications and interpretations of the National Federation with the following provisions:

Note: Beginning with the 2010-11 season, the NFHS pitching distance will move to 43'. It is recommended, whenever possible, the middle level pitching distance remain at 40'.

NATIONAL FEDERATION ALLOWED ADAPTATIONS

- a. A double first base must be used for all games at all levels of competition (Rule 1-2-1 Note).
- b. A game called for any reason, where a winner cannot be determined, will be treated as a suspended game. If the game is to be completed, it will be continued from the point of suspension and a suspended game will be completed, unless both schools agree not to do so (Rule 4-2-3). If the score is tied and both schools agree not to complete the game, it should be counted as one-half win and one-half loss for each team (Rule 4-2-5).
- c. If a game is called prior to the completion of any full inning, NFHS Rule 4-2-2 will be applied.
- d. A game will end when after five innings a team is ten or more runs behind and has completed its turn at bat (Rule 4-2-3).
Note: By conference agreement, a game may end after three innings if a team is 15 or more runs behind and has completed its turn at bat (Rule 4-2-3).
- e. A minimum of 1-1/2 hour time limit may be placed on games. No new inning may be started once the time limit has elapsed, regardless of the number of innings played, unless tied (Rule 4-2-3).
- f. The number of innings for one or both games in a doubleheader may be scheduled for five (5) innings. Current game ending procedures still apply (Rule 4-2-3 Note 2).
- g. The International Tie-breaker may be used, with prior agreement/announcement, for all regular season games (mutual agreement by both teams) and regular season tournaments (host decision). Conferences may determine use of the tie-breaker and should have this stated in their by-laws. If a game is tied after seven innings, the game will continue using the International Tie-breaker. Each team starts the inning with the player who completed the last official at bat as a base runner on second base. Each team has the opportunity to bat each inning (Rule 4-2-6).

STATE ASSOCIATION RECOMMENDATIONS

- a. Nonvarsity teams shall be allowed to wear old varsity uniforms which are now unapproved provided participant safety is not jeopardized.
- b. Both head coaches and the umpires are responsible for being in possession of a current approved bat list from the ASA website.
- c. All batting helmets are required to be school colors or neutral (white, black, grey) colors. Only school logos, reward or commemorative stickers are allowed beyond the NFHS requirement (Rule 1-6-1 and 1-7-1).

8. FLAGRANT OR UNSPORTSMANLIKE CONDUCT AND INELIGIBLE ATHLETES

- a. A student, disqualified from a contest for flagrant or unsportsmanlike conduct, is suspended from interscholastic competition for no less than the next competitive event (but not less than one complete game or meet) at the same level of competition as the disqualification.
- b. Schools should establish their own policy as to whether athletes are allowed to be in uniform and participate in pregame and postgame activity, if they are ineligible to compete due to flagrant and/or unsportsmanlike conduct, athletic and/or academic code violations, or for any other reason.
- c. Any player who in the judgment of the official, intentionally spits on, strikes, slaps, kicks, pushes or aggressively physically contacts an official at any time shall be immediately ineligible for competition a minimum of 90 calendar days from the date of the confrontation. In addition, the player is ineligible to compete for the first 25% of the next season in that same sport.
- d. Nonvarsity teams shall be allowed to wear old varsity uniforms which are now unapproved provided participant safety is not jeopardized.
- e. Both head coaches and the umpires are responsible for being in possession of a current approved bat list from the ASA website.

SWIMMING & DIVING

ALERT: State Law (175.22) prohibits use of cell phones (and other image-recording devices) in locker rooms except in emergency situations.

1. PARTICIPATION LIMITATIONS

- a. The maximum number of contests scheduled during a Monday through Friday week is two. A Saturday and/or Sunday contest(s) is permissible. Exceptions are allowed due to cancellations of regularly scheduled contests.
- b. The maximum number of meets is 12, including any practice/scrimmage with another school.
- c. Competition involving students not eligible for the school's official interscholastic teams (e.g., Grades 6-7-8 students) must be conducted at a time other than during the period (start to finish) of a meet.

2. CONTEST CONTROL

- a. All schools are responsible before, during, and after a contest for the proper conduct of their coaches, athletes, students, and other spectators and, when requested, a school must complete a report regarding the contest in which a problem occurred (WIAA Bylaws, Article IX).
- b. Schools are expected to prohibit and/or eliminate pranks, mischief, or any other activity involving destruction, theft, etc., of athletic facilities, equipment and material.

3. LICENSED OFFICIALS

Two WIAA licensed officials are required for all interscholastic competition.

4. MEDICAL COVERAGE

For all meets and practices, emergency procedures should be in place as per DPI and Wisconsin Statute 121.02 (1) (g) Emergency Nursing Service. These should include, but are not limited to, such things as:

- a. A physician available by phone or on location.
- b. Phone location and phone numbers available for contacting physician and/or ambulance service.

5. CONCUSSION AND/OR UNCONSCIOUS PARTICIPANT

No athlete shall return to play or practice on the same day of being diagnosed with a concussion. Any athlete suspected of having a concussion must be evaluated by an appropriate health-care professional that day. Any athlete with a concussion must be medically cleared by an appropriate health-care professional prior to resuming participation in any practice or competition. Return to play must follow a step-wise protocol which includes provisions for delaying return to play based upon the return of any signs or symptoms. Any athlete deemed unconscious must have medical evaluation and clearance before being allowed to return to participation.

6. OXYGEN AND FLUIDS PROVIDED INTRAVENOUSLY

- a. Oxygen administered by mechanical means for recuperative purposes is not permitted.
- b. Fluids provided intravenously is an invasive procedure to be used only in emergency situations. An athlete may not return to competition the same day.

Note: See WIAA Medical Policies and Procedures for additional medical information.

7. RULES GOVERNING COMPETITION

The official rules for all interscholastic competition are contained in the (a) current edition of SWIMMING AND DIVING RULES and (b) related publications and interpretations of the National Federation with these additional provisions:

NATIONAL FEDERATION ALLOWED ADAPTATIONS

- a. Exhibition
 - (1) There must be prior written mutual agreement among the involved schools. This must be facilitated prior to the day of the meet.
 - (2) Officials should be informed that the meet will include exhibition performances and in what events. The notification should be prior to the day of the meet.
 - (3) The number of individual exhibition entries in an event should not exceed the maximum allowed for the meet. If a school is allowed three entries per individual event, the maximum allowed for exhibition is three.
 - (4) Exhibition performances should not adversely affect the length of the meet. (Rule 3-2-1-a).
- b. For competing without submitting an entry card (sign-up) sheet, the competitor or relay team shall be disqualified from that event only. Other legally entered competitors or relay teams from that same school shall not be penalized (Rule 3-2 Pen.).
- c. In dual meets, the entries for the varsity event become official and no changes will be allowed upon the start of the JV event which precedes it. Coaches and officials may elect to use another system if agreed to prior to the start of competition (Rule 3-2-3).
- d. When it is noted a heat is missing a contestant, the meet referee will hold that heat until the situation can be resolved. The involved contestant must be charged with a false start for delay of the meet for that event, but shall be allowed further competition in the meet (Rule 3-2-4).
- e. The Length of Events may be modified for nonvarsity competition and invitational meets (Rule 5-1-1).
- f. In all meets (championship and nonchampionship) there must be dual confirmation of a false start by the referee and starter before a school swimmer or relay team is disqualified. (Rule 8-1-3).
- g. In all championship meets having at least three officials, there must be dual confirmation of relay takeoffs before a school swimmer or relay team is disqualified.
- h. Diving Competition (Rule 9-1-1)
 - (1) Diving competition will be conducted on one meter boards only.
 - (2) If a host school cannot conduct diving competition because of water depth, the following options are available:
 - (a) With prior mutual consent, conduct diving at an alternate site and add diving points to total meet score.
 - (b) No diving competition – points are lost to the meet. Total team score from 11 swimming events only. Note: A break of at least 15 minutes, including at least 10 minutes in water, must be taken during the normal diving event unless there is mutual agreement of all involved schools to shorten.
 - (3) If a host school can conduct diving, but is competing with schools which do not sponsor diving because of illegal facilities, the conference (if

a conference meet) or the meet contract (if a nonconference meet) shall determine if diving will be scored. If diving is not conducted, the length of the break needs to be determined.

- (4) If a school, however, has a legal facility but is not sponsoring diving because of lack of a coach or athletes, diving must be conducted in meets with schools sponsoring diving and appropriate points for diving forfeited to opponent(s).

STATE ASSOCIATION REGULATIONS

- a. Feet first entry shall be required every time an individual enters a swimming pool with the exception of supervised situations such as starting a race, practice starts, and practice dives.
- b. All coaches shall review with their swimmers and parents the dangers associated with a head first entry into a swimming pool.
- c. Prior to competition, warm-up procedures are required to have one-way sprint starts only. Swimmers start at one end and exit at the opposite end of the pool.
- d. Prior to the visiting school beginning their warm-ups, there will be a meeting that includes an official (if available), head coaches from each team and the captains from each team to review the warm-up procedure, pool environment, water-depth at both ends, uniform rules, starting blocks, lane selection, emergency procedures, conference rule differences, lifeguard issues and other pertinent issues.
- e. During competition, athletes shall not perform the pike dive (scoop or hole in the water) forward start. The penalty for the first violation shall result in disqualification of the swimmer from that event. A second violation in the same meet shall result in the swimmer being disqualified from the remainder of the meet, but not the next meet. The swimmer is deemed to have violated this rule if he/she leaps higher into the air than would be the case in the traditional flat racing start and bends at the hips at the peak of the dive and enters the water with the body inclined at any angle greater than 45 degrees with relation to the surface of the water. Dual confirmation is not required as this will be considered an illegal start (violation) rather than a false start.
- f. During competitive meets (swimming and diving) there shall be a lifeguard (minimum age of 16) on duty before the visiting team may enter the pool or diving well and until the last member of the visiting team leaves the pool/well. The lifeguard shall be someone who is not responsible for any other duties during this time frame.
- g. Starting platforms shall be removed, covered, or otherwise rendered unusable for entries into water of any depth when there are no lifeguards on duty to supervise the proper use of the platforms.
- h. Meet contracts shall specify depth of water in the starting end and height of starting blocks.
- i. During championship meets, the pool shall be closed during the coaches meeting.
- j. Schools shall be knowledgeable of the current state code regarding public swimming pools found in Chapter HFS 172 and available from their local county health department.
- k. Number of Diving Entries
The maximum allowed number of divers in a dual meet is limited to the same number of entries allowed for swimming. In four-lane pools, maximum of eight (four varsity and four JV) divers for both teams with a maximum of six divers allowed if only one team sponsors diving. In a six-lane pool, maximum of 12 divers for both teams or nine divers for one team. In an eight-lane pool, a maximum of 16 divers for both teams or 12 divers for one team.
- l. Meet Committee
 - (1) All championship meets should appoint a meet committee consisting of referee, starter, meet manager and two coaches, not from the same school or host school.
 - (2) Their responsibilities are to rule on situations not covered by rules.
 - (3) Their jurisdiction does not extend to questions arising out of the actual conduct of competition.
 - (4) Responsibility for enforcing and interpreting rules governing conduct of competition rests with the meet referee.
- m. All competitors, once officially entered, must compete in all heats and rounds of competition (excluding swim-offs) for which they entered except:
 - (1) With a declared false start.
 - (2) When illness or injury certified by a physician or the referee forces a competitor to withdraw.
 - (3) In both situations, the event counts as an entry withdrawn and no replacement is allowed.
 - (4) A competitor who withdraws because of injury or illness may be reinstated by the referee or a physician at any time.

8. FLAGRANT OR UNSPORTSMANLIKE CONDUCT AND INELIGIBLE ATHLETES

- a. A student, disqualified from a contest for flagrant or unsportsmanlike conduct, is suspended from interscholastic competition for no less than the next competitive event (but not less than one complete game or meet) at the same level of competition as the disqualification.
- b. Schools should establish their own policy as to whether athletes are allowed to be in uniform and participate in pregame and postgame activity, if they are ineligible to compete due to flagrant and/or unsportsmanlike conduct, athletic and/or academic code violations, or for any other reason.
- c. Any player who in the judgment of the official, intentionally spits on, strikes, slaps, kicks, pushes or aggressively physically contacts an official at any time shall be immediately ineligible for competition a minimum of 90 calendar days from the date of the confrontation. In addition, the player is ineligible to compete for the first 25% of the next season in that same sport.

TENNIS

ALERT: State Law (175.22) prohibits use of cell phones (and other image-recording devices) in locker rooms except in emergency situations.

1. PARTICIPATION LIMITATIONS

- a. The maximum number of contests scheduled during a Monday through Friday week is two. A Saturday and/or Sunday contest(s) is permissible. Exceptions are allowed due to cancellations of regularly scheduled contests.
- b. The maximum number of meets is 12, including any practice/scrimmage with another school, and no more than four of the 12 may be multiple-school meets.
- c. Students may play either a singles or doubles match, not both, on the same day.

Tennis

- d. Competition involving students not eligible for the school's official interscholastic teams (e.g., Grades 6-7-8 students) must be conducted at a time other than during the period (start to finish) of a meet.

2. CONTEST CONTROL

- a. All schools are responsible before, during, and after a contest for the proper conduct of their coaches, athletes, students, and other spectators and, when requested, a school must complete a report regarding the contest in which a problem occurred (WIAA Bylaws, Article IX).
- b. Schools are expected to prohibit and/or eliminate pranks, mischief, or any other activity involving destruction, theft, etc., of athletic facilities, equipment and material.

3. LICENSED OFFICIALS

NOT APPLICABLE

4. MEDICAL COVERAGE

For all meets and practices, emergency procedures should be in place as per DPI and Wisconsin Statute 121.02 (1) (g) Emergency Nursing Service.

These should include, but are not limited to, such things as:

- a. A physician available by phone or on location.
- b. Phone location and phone numbers available for contacting physician and/or ambulance service.

5. CONCUSSION AND/OR UNCONSCIOUS PARTICIPANT

No athlete shall return to play or practice on the same day of being diagnosed with a concussion. Any athlete suspected of having a concussion must be evaluated by an appropriate health-care professional that day. Any athlete with a concussion must be medically cleared by an appropriate health-care professional prior to resuming participation in any practice or competition. Return to play must follow a step-wise protocol which includes provisions for delaying return to play based upon the return of any signs or symptoms. Any athlete deemed unconscious must have medical evaluation and clearance before being allowed to return to participation.

6. OXYGEN AND FLUIDS PROVIDED INTRAVENOUSLY

- a. Oxygen administered by mechanical means for recuperative purposes is not permitted.
- b. Fluids provided intravenously is an invasive procedure to be used only in emergency situations. An athlete may not return to competition the same day.

Note: See WIAA Medical Policies and Procedures for additional medical information.

7. RULES GOVERNING COMPETITION

WIAA season regulations approved at the January Board of Control meeting and the official rules for all interscholastic competition are contained in the (a) current edition of FRIENDS AT COURT and (b) related publications and interpretations of the United States Tennis Association with these additional provisions:

ADAPTATIONS TO USTA RULES

- a. The conference (for conference matches) or host school (for nonconference matches) will determine type of play, number on a team, players participating in both singles and doubles, the tie-breaker procedure to be used, the system of scoring to be used, etc.
- b. All players must wear appropriate clothing during warm-ups and competition. Manufacturer's small names or logo's on warm-up or competition clothing are not a violation if they do not exceed 2" x 3" (excluding shoes, socks, and racquet). University and professional names and logos are not allowed on warm-up or competition apparel. Hats are allowed if they refer to a team's school name, nickname, or mascot. Plain hats are acceptable.

A player detected wearing inappropriate clothing during a match (any time after first serve by either player) will without warning:

- (1) Be penalized, at the time of detection, one game at the conclusion of the game in progress.
 - (2) Must replace the inappropriate clothing before resuming play. (Turning the clothing inside out is not acceptable.)
 - (3) Be penalized according to the rule book for undue delay in replacing such uniforms.
 - (4) A second offense will be penalized by loss of the set in progress, and a third offense will be penalized by loss of match in progress.
 - (5) Penalties are cumulative throughout dual or multiple school events.
 - (6) Enforcement of this rule is the responsibility of the host school.
 - (7) Under severe weather conditions, appropriate adjustments can and should be allowed (i.e., illegal sweatshirts may be turned inside out). Hats may be worn as long as illegal logos are not showing.
 - (8) Nonvarsity teams shall be allowed to wear old varsity uniforms, which are now unapproved, provided participant safety is not jeopardized.
- c. No coaching which interferes with continuous play will be allowed. (Continuous play starts with the warm-up.)
 - (1) Coaching will be allowed during any changeover (except the first of a set) for a maximum of ninety (90) seconds beginning with completion of the last point. First offense – warning, second and subsequent offenses – point penalty.
 - (2) Between the first and second sets with a maximum time limit of two minutes and with the understanding that the player(s) remains on the court.
 - (3) Between the second set and 10 pt. match tie-break (when applicable) during the three minutes rest period.

Note: The number of coaches per school is limited to two people. The head coach and assistant must be under contract with the school as tennis coaches. Improper use of the coaching privilege could result in dismissal of those coaching privileges and/or disqualification of the player. Parents are not allowed to coach while players are on the court.

- (4) Nonvarsity players while playing in nonvarsity competition may accept verbal and hand signal advice from their school's designated coach. The coach is not allowed on the court as identified by current rules.
- d. Court Conduct - The sequence of penalties for misconduct shall be warning, point, and default.
 - (1) A doubles team is considered and penalized as a unit on the same basis as an individual.
 - (2) It is the responsibility of the tournament manager to enforce misconduct regulations.

- (a) It is recommended that the tournament manager secure whatever assistance is necessary to enforce the regulations.
 - (b) It is recommended that coaches enforce appropriate penalties on their own players.
 - (c) All penalties are to be reported to the tournament manager.
 - (d) It is the tournament manager's responsibility to keep track of penalty progression.
- (3) Players must keep towels courtside, not behind end lines.
- e. Foot Faults – A player or their coach must issue two warnings to their opponent prior to a foot fault being called. After two warnings, play may be stopped to request an umpire. If an umpire is not available, it is the responsibility of the host school to provide a competent foot-fault judge for the remainder of that match. If an umpire or competent judge is available, all subsequent foot faults must be called on both players by that individual.
- If a competent foot-fault judge is not available, the player may call obvious foot faults on their opponent.
- f. Rest periods offered shall be one hour for singles players and 30 minutes for doubles teams between all matches regardless of play format. Two hours of rest must be offered to singles players between matches where the two-out-of-three set format is used outdoors. Indoor single matches where the two-out-of-three set format is used also require a two-hour recovery period is offered when a match lasts longer than 120 minutes.

8. WIAA SEASON REGULATIONS SUPERSEDE USTA RULES.

9. FLAGRANT OR UNSPORTSMANLIKE CONDUCT AND INELIGIBLE ATHLETES

- a. A student, disqualified from a contest for flagrant or unsportsmanlike conduct, is suspended from interscholastic competition for no less than the next competitive event (but not less than one complete game or meet) at the same level of competition as the disqualification.
- b. Schools should establish their own policy as to whether athletes are allowed to be in uniform and participate in pregame and postgame activity, if they are ineligible to compete due to flagrant and/or unsportsmanlike conduct, athletic and/or academic code violations, or for any other reason.
- c. Any player who in the judgment of the official, intentionally spits on, strikes, slaps, kicks, pushes or aggressively physically contacts an official at any time shall be immediately ineligible for competition a minimum of 90 calendar days from the date of the confrontation. In addition, the player is ineligible to compete for the first 25% of the next season in that same sport.

TRACK & FIELD

ALERT: State Law (175.22) prohibits use of cell phones (and other image-recording devices) in locker rooms except in emergency situations.

1. PARTICIPATION LIMITATIONS

- a. The maximum number of contests scheduled during a Monday through Friday week is two. A Saturday and/or Sunday contest(s) is permissible. Exceptions are allowed due to cancellations of regularly scheduled contests.
- b. The maximum number of meets is 12, including indoor and outdoor meets and any practice/scrimmage with another school.
- c. An individual may compete in a maximum of four events, but in no more than three running events or three field events.
- d. Competition involving students not eligible for the school's official interscholastic teams (e.g., Grades 6-7-8 students) must be conducted at a time other than during the period (start to finish) of a meet.

2. CONTEST CONTROL

- a. All schools are responsible before, during, and after a contest for the proper conduct of their coaches, athletes, students, and other spectators and, when requested, a school must complete a report regarding the contest in which a problem occurred (WIAA Bylaws, Article IX).
- b. Schools are expected to prohibit and/or eliminate pranks, mischief, or any other activity involving destruction, theft, etc., of athletic facilities, equipment, and materials.

3. LICENSED OFFICIALS

Two WIAA licensed officials (field referee and starter) are required for all junior high/middle-level interscholastic competition.

4. MEDICAL COVERAGE

For all meets and practices, emergency procedures should be in place as per DPI and Wisconsin Statute 121.02 (1) (g) Emergency Nursing Service. These should include, but are not limited to, such things as:

- a. A physician available by phone or on location.
- b. Phone location and phone numbers available for contacting physician and/or ambulance service.

5. CONCUSSION AND/OR UNCONSCIOUS PARTICIPANT

No athlete shall return to play or practice on the same day of being diagnosed with a concussion. Any athlete suspected of having a concussion must be evaluated by an appropriate health-care professional that day. Any athlete with a concussion must be medically cleared by an appropriate health-care professional prior to resuming participation in any practice or competition. Return to play must follow a step-wise protocol which includes provisions for delaying return to play based upon the return of any signs or symptoms. Any athlete deemed unconscious must have medical evaluation and clearance before being allowed to return to participation.

6. OXYGEN AND FLUIDS PROVIDED INTRAVENOUSLY

- a. Oxygen administered by mechanical means for recuperative purposes is not permitted.
- b. Fluids provided intravenously is an invasive procedure to be used only in emergency situations. An athlete may not return to competition the same day.

Note: See WIAA Medical Policies and Procedures for additional medical information.

7. RULES GOVERNING COMPETITION

The official rules for all interscholastic competition are contained in the (a) current editions of TRACK AND FIELD AND CROSS COUNTRY RULES and CASE BOOK and (b) related publications and interpretations of the National Federation with these additional provisions:

Track & Field

NATIONAL FEDERATION ALLOWED ADAPTATIONS

- a. The National Federation order of running events is **NOT** followed in Wisconsin. The correct order of events designed by the Wisconsin high school track and field coaches is as follows (Rule 1-2-1):

Boys	Girls
3200 Meter Relay	3200 Meter Relay
110 Meter Hurdles	100 Meter Hurdles
100 Meter Dash	100 Meter Dash
1600 Meter Run	1600 Meter Run
800 Meter Relay	800 Meter Relay
400 Meter Dash	400 Meter Dash
400 Meter Relay	400 Meter Relay
300 Meter Intermediate Hurdles	300 Meter Low Hurdles
800 Meter Run	800 Meter Run
200 Meter Dash	200 Meter Dash
3200 Meter Run	3200 Meter Run
1600 Meter Relay	1600 Meter Relay
Discus	Discus
High Jump	High Jump
Long Jump	Long Jump
Pole Vault	Pole Vault
Shot Put	Shot Put
Triple Jump	Triple Jump

- b. The correct order of events designed by the Wisconsin high school track and field coaches for combined (boy-girl) meets is as follows:

3200 Meter Relay (girls)*	400 Meter Relay (boys)
3200 Meter Relay (boys)*	300 Meter Low Hurdles (girls)
100 Meter High Hurdles (girls)	300 Meter Intermediate Hurdles (boys)
110 Meter High Hurdles (boys)	800 Meter Run (girls)
100 Meter Dash (girls)	800 Meter Run (boys)
100 Meter Dash (boys)	200 Meter Dash (girls)
1600 Meter Run (girls)	200 Meter Dash (boys)
1600 Meter Run (boys)	3200 Meter Run (girls)*
800 Meter Relay (girls)	3200 Meter Run (boys)*
800 Meter Relay (boys)	1600 Meter Relay (girls)
400 Meter Dash (girls)	1600 Meter Relay (boys)
400 Meter Dash (boys)	Field Events
400 Meter Relay (girls)	

Note: (1) *The 3200 Meter Relay and Run must be conducted in the normal order of running events. It is legal, however, to run each of these events jointly (boys and girls together).

(2) Other events, but not the javelin or hammer throw, are permissible.

(3) Co-ed relays are not permitted.

(4) It is recommended that the hurdle race be 110 meters for boys and 100 meters for girls at a 30-inch height. The number and placement of hurdles should be consistent with National Federation rules.

- c. If a student participates in more than the allowed number of events, the student is **ONLY** disqualified from the excessive event(s). The points/places earned in the excessive event(s) shall be forfeited. Lower place winners will be advanced (Rule 4-2-2).
- d. Pole Vault Competition (Rule 6-5)
- (1) Pole vault competition will be allowed only at facilities where the rule book equipment specifications are met.
 - (2) If a host school cannot conduct pole vault, because equipment does not meet rule book specifications, the following options are available to that school:
 - (a) Conduct pole vault competition at an alternate site and add vaulting points to the total meet score.
 - (b) No pole vault competition - points are lost to the meet. Total team score from 16 events only.
 - (3) If a host school can conduct pole vault, but is competing with schools which do not sponsor pole vault, because equipment does not meet rule book specifications, the conference (if a conference meet) or the host school (if a nonconference meet) shall determine meet events. Decisions which must be made include: if pole vault will be conducted and scored, or if pole vault will be conducted for exhibition only.
 - (4) If a school, however, has a facility meeting rule book equipment specifications, but is not sponsoring pole vault, because of lack of a coach or athletes, the pole vault must be conducted in meets with schools sponsoring pole vault and appropriate points for the pole vault forfeited to opponent(s).
- e. Jury of Appeals (Case Book Situation 3.4.3 Comment, p. 14) – Responsibilities include hearing and ruling on appeals of referees' decisions, including the decision to re-run (or not re-run), who is eligible and when it will occur.

GUIDELINES FOR WHEELCHAIR ATHLETES

- a. Criteria: Anyone with a permanent disability resulting in loss of mobility is eligible. WIAA's physician's form must be on file with the school nurse or designated personnel responsible for student health issues.

- b. Equipment: Manual wheelchairs only for track events. May be specialized racing chairs or court chairs. All participants must wear a protective helmet. All participants must wear protective gear as prescribed by their physician. Shoes are not required. It is the responsibility of the athlete's family to provide and maintain the wheelchair.
- c. A throwing chair, maximum of 75 cm high is allowed for shot put competition. Both boys and girls will throw the 4k shot.
- d. Events: Traditional track events including the following events; 100, 400, 800, and 1600, meters. Field event; shot put. There is a maximum of 4 events but no more than 3 track events may be contested in one single meet.
- e. Rules of competition: Schools are expected to notify the host school (of the meet) 24 hours prior to the scheduled meet that they intend to have a wheeled athlete competing. All wheeled athletes must compete in separate races from able-bodied athletes. All track events should be coed whenever possible. For races contested entirely in lanes, one lane should be left open between athletes.
Wheeled athletes competing in the shot put may be included with the able bodied athletes but are considered exhibition.
- f. Rules of competition: Schools are expected to notify the host school (of the meet) 24 hours prior to the scheduled meet that they intend to have a wheeled athlete competing. All wheeled athletes must compete in separate races from able-bodied athletes.
Wheeled athletes competing in the shot put may be included with the able-bodied athletes, but are considered exhibition.
- g. All track events should be coed whenever possible.
- h. For 100 meter races, one lane should be left open between athletes.
- i. Scoring: These events are considered "exhibition" only. No points will be awarded.

STATE ASSOCIATION REGULATIONS

- a. Field Events
 - (1) Two feet of 2 inch thick additional padding is required around the landing pad area of the pole vault pit. Any additional obstructions beyond the two-foot extension should also be padded.
 - (2) Three to four feet of 2 inch thick additional padding is required around the sides and back of the high jump landing pad.
 - (3) Athletes taking warm-up throws for the shot and discus are prohibited from taking more than two implements into the circle at one time.
 - (4) In subvarsity competition, 1-1-1 is recommended, but not required.
 - (5) The weight of the shot for boys and girls is 4.0 kilograms (8 lbs., 13 oz.).
- b. Uniforms/Equipment
 - (1) Pole vaulters may wear a properly fitted helmet. The helmet should be "round and smooth and able to withstand multiple impacts". Helmets should not have a facemask or visor attachment. Helmets are recommended to meet ASTM pole vault helmet standards. The helmet should never be a substitute for safe equipment or sound technique.
 - (2) Pole vaulters must weigh, in the presence of the athletic director and head track coach (if head coach is the athletic director, another administrator will assume this responsibility) three times per season. Week 36 (March 6) or prior to the first competition, and no sooner than Week 40 (April 3) and 46 (May 15). The pole vaulter's weight must be recorded on the Weight Verification Form as per NFHS (Rule 6-5-3). One copy of the form must be kept on file with each member school. An additional copy must be made available on request by meet officials prior to each competition. Failure to comply with weigh-in procedures will result in disqualification from that event.
 - (3) Headwear – Only headbands or knit caps which are unadorned except for school name, school nickname, or school mascots are legal.
 - (4) A single manufacturer's logo/trademark no more than 2 1/4 square inches with no dimension more than 2 1/4 inches is permissible on all items of apparel.
 - (5) Athletes must compete using the defined appropriate shoes/spikes.
 - (6) The identical relay uniform rule applies to all varsity and nonvarsity teams.

STATE ASSOCIATION RECOMMENDATIONS

- a. It is recommended that conference meets and invitationals follow the WIAA tournament order of events and other defined meet procedures.
- b. The conference (if a conference meet) or the host school (if a nonconference meet) shall determine how the discus throw, long jump, shot put, and triple jump are conducted (i.e., trials and finals, finals only, open pit, etc.).
- c. It is recommended that the "five alive" continuing flight procedure be used for all high jump and pole vault competition.
- d. Acceleration zones cannot be used for indoor meets unless all legs of the relay are conducted in assigned lanes.
- e. By rule book definition, relays are races between teams of four contestants, each running one leg (distance).
All other relays (for example – three person relay, high jump relay, etc.) do not meet rule book definition, thus the regulations of identical uniforms, relay event cards, etc., (unless specified by the meet management) do not pertain.

8. FLAGRANT OR UNSPORTSMANLIKE CONDUCT

- a. A student, disqualified from a contest for flagrant or unsportsmanlike conduct, is suspended from interscholastic competition for no less than the next competitive event (but not less than one complete meet) at the same level of competition as the disqualification.
- b. Schools shall determine whether athletes are allowed to be in uniform and participate in pregame and postgame activity if they are ineligible to compete due to flagrant and/or unsportsmanlike conduct, athletic and/or academic code violations, or for any other reason.
- c. Any player who in the judgment of the official, intentionally spits on, strikes, slaps, kicks, pushes or aggressively physically contacts an official at any time shall be immediately ineligible for competition a minimum of 90 calendar days from the date of the confrontation. In addition, the player is ineligible to compete for the first 25% of the next season in that same sport.

VOLLEYBALL

ALERT: State Law (175.22) prohibits use of cell phones (and other image-recording devices) in locker rooms except in emergency situations.

1. PARTICIPATION LIMITATIONS

- a. The maximum number of contests scheduled during a Monday through Friday week is two. A Saturday and/or Sunday contest(s) is permissible. Exceptions are allowed due to cancellations of regularly scheduled contests.

Volleyball

- b. The maximum number of meets is 13, including any practice/scrimmage with another school, and no more than six of the 13 may be multiple-school meets.

2. CONTEST CONTROL

- a. All schools are responsible before, during, and after a contest for the proper conduct of their coaches, athletes, students, and other spectators and, when requested, a school must complete a report regarding the contest in which a problem occurred (WIAA Bylaws, Article IX).
- b. Schools are expected to prohibit and/or eliminate pranks, mischief, or any other activity involving destruction, theft, etc., of athletic facilities, equipment, and materials.

3. LICENSED OFFICIALS

Two WIAA licensed officials are recommended for all junior high/middle-level competition, but only one (referee) is required.

4. MEDICAL COVERAGE

For all meets and practices, emergency procedures should be in place as per DPI and Wisconsin Statute 121.02 (1) (g) Emergency Nursing Service.

These should include, but are not limited to, such things as:

- a. A physician available by phone or on location.
- b. Phone location and phone numbers available for contacting physician and/or ambulance service.

5. CONCUSSION AND/OR UNCONSCIOUS PARTICIPANT

No athlete shall return to play or practice on the same day of being diagnosed with a concussion. Any athlete suspected of having a concussion must be evaluated by an appropriate health-care professional that day. Any athlete with a concussion must be medically cleared by an appropriate health-care professional prior to resuming participation in any practice or competition. Return to play must follow a step-wise protocol which includes provisions for delaying return to play based upon the return of any signs or symptoms. Any athlete deemed unconscious must have medical evaluation and clearance before being allowed to return to participation.

6. OXYGEN AND FLUIDS PROVIDED INTRAVENOUSLY

- a. Oxygen administered by mechanical means for recuperative purposes is not permitted.
- b. Fluids provided intravenously is an invasive procedure to be used only in emergency situations. An athlete may not return to competition the same day.

Note: See WIAA Medical Policies and Procedures for additional medical information.

7. RULES GOVERNING COMPETITION

The official rules for all interscholastic competition are contained in the (a) current editions of VOLLEYBALL RULES, CASE BOOK AND MANUAL and (b) related publications and interpretations of the National Federation with these additional provisions:

NATIONAL FEDERATION ALLOWED ADAPTATIONS

- a. The length and number of sets per match may be modified (Rule 1-2-1).
 - (1) It is recommended that subvarsity volleyball matches also use rally scoring. Conferences and schools may choose to use traditional side-out scoring if they feel it will enhance skill development. Recommended rally scoring formats could include:
 - (a) Best of five. If a fifth and deciding set is played it will be rally score to 15 points, no cap.
 - (b) Three set match. All sets rally score to 25 points.
 - (c) Best of three. All sets rally score to 25 points.
- b. Line judges - Two **ARE RECOMMENDED** for all junior high/middle level school competition, but two **ARE REQUIRED** if only one WIAA licensed official (referee) is contracted. Host school and/or conference will decide on how these officials will be provided (i.e., host school provides or both schools furnish one (Rule 5-1-1).
- c. Teams will switch benches, unless opposing coaches and officials mutually agree to remain on the same bench throughout the match. (Rule 9-1-2). If teams remain on the same bench throughout the match, line judges must switch sides between sets.

STATE ASSOCIATION REGULATIONS

- a. It is recommended for statewide consistency that the WIAA tournament prematch warm-ups procedures be adopted and followed for all season play. Prematch warm-ups shall consist of 20 minutes.
 - (1) 6 minutes – both teams on the court doing ball drills, but no net play.
 - (2) 7 minutes – home team on court alone.
 - (3) 7 minutes – visiting team on court alone.
 - (4) National Anthem – teams lined up on the sideline in front of their bench.
 - (5) 1 minute – team huddle in bench area.
 - (6) Introduction of teams from the baseline.
 - (7) Teams will then follow the defined National Federation prematch protocol.
 - (8) Allowed exceptions include:
 - (a) The introduction procedure can be modified for special circumstances (i.e., parents night).
 - (b) If two courts are available both can be used for warm-ups. The involved coaches should mutually agree on procedures for court usage. The visiting team must, however, be provided equal usage of the main court.
 - (c) When hosting a multi-team event, the host school may provide a modified warm-up schedule.
- b. Uniform/Equipment
 - (1) Nonvarsity teams shall be allowed to wear old varsity uniforms which are now unapproved provided participant safety is not jeopardized (Rule 4-2).
- c. Sets – In invitational tournaments and nonvarsity competition, the length and number of sets per match may be modified (Rule 1-2-1).

8. FLAGRANT OR UNSPORTSMANLIKE CONDUCT

- a. A student, disqualified from a contest for flagrant or unsportsmanlike conduct, is suspended from interscholastic competition for no less than the next competitive event (but not less than one complete meet) at the same level of competition as the disqualification.

- b. Schools shall determine whether athletes are allowed to be in uniform and participate in prematch and postmatch activity if they are ineligible to compete due to flagrant and/or unsportsmanlike conduct, athletic and/or academic code violations, or for any other reason.
- c. Any player who in the judgment of the official, intentionally spits on, strikes, slaps, kicks, pushes or aggressively physically contacts an official at any time shall be immediately ineligible for competition a minimum of 90 calendar days from the date of the confrontation. In addition, the player is ineligible to compete for the first 25% of the next season in that same sport.

WRESTLING

ALERT: State Law (175.22) prohibits use of cell phones (and other image-recording devices) in locker rooms except in emergency situations.

1. PARTICIPATION LIMITATIONS

- a. The maximum number of contests scheduled during a Monday through Friday week is two. A Saturday and/or Sunday contest(s) is permissible. Exceptions are allowed due to cancellations of regularly scheduled contests.
- b. The maximum number of meets is 12, including practice/scrimmage with another school, and there is no limit to number of multiple-school meets.
- c. A student may wrestle (1) a maximum of five matches and (2) a total of 15 minutes (not including overtimes) on any day.
- d. Competition involving students not eligible for the school's official interscholastic teams (e.g., Grades 6-7-8 students) must be conducted at a time other than during the period (start to finish) of a meet.

2. CONTEST CONTROL

- a. All schools are responsible before, during, and after a contest for the proper conduct of their coaches, athletes, students, and other spectators and, when requested, a school must complete a report regarding the contest in which a problem occurred (WIAA Bylaws, Article IX).
- b. It is the responsibility of schools to eliminate pranks and/or mischief, such as throwing things onto the mat area, or any other activity involving destruction and/or theft of meet equipment and materials (season and WIAA tournament series).

3. LICENSED OFFICIALS

One WIAA licensed official is required for all interscholastic competition.

4. MEDICAL COVERAGE

For all meets and practices, emergency procedures should be in place as per DPI and Wisconsin Statute 121.02 (1) (g) Emergency Nursing Service. These should include, but are not limited to, such things as:

- a. A physician available by phone or on location.
- b. Phone location and phone numbers available for contacting physician and/or ambulance service.

5. CONCUSSION AND/OR UNCONSCIOUS PARTICIPANT

No athlete shall return to play or practice on the same day of being diagnosed with a concussion. Any athlete suspected of having a concussion must be evaluated by an appropriate health-care professional that day. Any athlete with a concussion must be medically cleared by an appropriate health-care professional prior to resuming participation in any practice or competition. Return to play must follow a step-wise protocol which includes provisions for delaying return to play based upon the return of any signs or symptoms. Any athlete deemed unconscious must have medical evaluation and clearance before being allowed to return to participation.

6. OXYGEN AND FLUIDS PROVIDED INTRAVENOUSLY

- a. Oxygen administered by mechanical means for recuperative purposes is not permitted.
- b. Fluids provided intravenously is an invasive procedure to be used only in emergency situations. An athlete may not return to competition the same day.

Note: See WIAA Medical Policies and Procedures for additional medical information.

7. RULES GOVERNING COMPETITION

The official rules for all interscholastic competition are contained in the (a) current editions of WRESTLING RULES, CASE BOOK AND MANUAL and (b) related publications and interpretations of the National Federation with these additional provisions:

NATIONAL FEDERATION ALLOWED ADAPTATIONS

- a. The determination of weight classes for competition is left to the discretion of schools, and it is strongly recommended there be as many matches as available participants.
- b. The maximum weight differential, regardless of weight classes used, will be (1) 10 pounds for all weight classes up to 100 pounds, (2) 10% for 100-200 pounds and (3) 30 pounds for any wrestlers weighing more than 200 pounds. If the weight differential prevents a match over 200 pounds, there are no forfeit points involved.
- c. First period is one-minute long and second and third periods two-minutes long each. The second and third periods may be shortened in (1) dual competition by mutual agreement and (2) multiple-school meets by majority sentiment.
- d. Weigh-ins must be conducted as outlined in the rule book and must be shoulder-to-shoulder and within the specified time period. Exception: Conferences may adopt a twice-a-season weigh-in procedure in place of shoulder-to-shoulder weigh-ins prior to a match. This procedure does not apply to nonconference meets.
 - (1) Coaches are required to provide the referee a written line-up prior to weigh-ins. All actual weights are to be recorded by the referee on the line-up card provided. Once a wrestler is weighed in, his weight is recorded, and the official signs the weigh-in sheet, at the time the weight becomes official whether the wrestler wrestles or not. Anyone for whom an actual weight is not recorded is not eligible to wrestle.
- e. The following modifications to injury time-outs will be used in all competition regarding injuries to the head and neck involving cervical column and/or nervous system:
 - (1) In the absence of certified medical personnel, (physician and/or certified athletic trainer) all injuries to the head and neck involving the cervical column and/or nervous system will be covered by the same time frame as other injuries.

Wrestling

- (2) When certified medical personnel are present, they have jurisdiction to extend the allowed time limit to a maximum of five minutes for evaluation of the injuries to the head and neck involving cervical column and/or nervous systems only, at which time the athlete would be required to prepare without delay for continuation or default the match.
- (3) A second occurrence of injury to the head and neck involving cervical column and/or central nervous system in the same match shall require the wrestler to default the match.

Note: When this provision is used, time consumed for the injury will in no way affect time used, or available, for other types of injuries.

8. STATE ASSOCIATION REGULATION

- a. For any matches at any level scheduled for 4 minutes or less, a thirty minute rest period is required.
- b. Middle school wrestlers may wear gym shorts and a t-shirt. This can be worn over the top of their singlet or worn with compression shorts or a tight-fitting undergarment. If gym shorts are worn, they must be fastened around the wrestler's waist and t-shirts must be tight fitting.

9. FLAGRANT OR UNSPORTSMANLIKE CONDUCT AND INELIGIBLE ATHLETES

- a. A student, disqualified from a contest for flagrant or unsportsmanlike conduct, is suspended from interscholastic competition for no less than the next competitive event (but not less than one complete game or meet) at the same level of competition as the disqualification.
- b. Schools should establish their own policy as to whether athletes are allowed to be in uniform and participate in pregame and postgame activity, if they are ineligible to compete due to flagrant and/or unsportsmanlike conduct, athletic and/or academic code violations, or for any other reason.
- c. Any player who in the judgment of the official, intentionally spits on, strikes, slaps, kicks, pushes or aggressively physically contacts an official at any time shall be immediately ineligible for competition a minimum of 90 calendar days from the date of the confrontation. In addition, the player is ineligible to compete for the first 25% of the next season in that same sport.
- d. It is recommended that all wrestlers be legally equipped. To increase participation, uniform modifications are permitted provided such modifications are unlikely to result in injury to the wrestler or opponent.

Appendices

Note: the following appendices reflect WIAA Board of Control guidelines, interpretations, and policies. They are not to be confused with the WIAA membership's Constitution, Bylaws, and Rules of Eligibility.

WIAA Appeal Process

A. Aggrieved Parties May Appeal Decision

If an administrator or board of education of a member school, a student or parent/guardian or a game official is dissatisfied with a decision or with a ruling or interpretation of the Executive Director's office relative to the provisions of the Constitution, Bylaws, Rules of Eligibility, or Guide for Officials, and such administrator, board of education, student or parent/guardian or game official is an aggrieved and affected party, such party may within 15 days of receipt of the original decision submit to the WIAA, a notice of appeal of the decision and a request for a formal hearing before the Board of Control.

Any aggrieved parties appealing a decision or a ruling or interpretation of the Executive Director relative to the provisions of the Constitution, Bylaws, Rules of Eligibility or Guide for Officials must cite the provision of the Constitution, The Bylaws, The Rules of Eligibility, or Guide for Officials allegedly violated and must state the waiver sought or the relief desired.

B. Application/Status

The WIAA Appeals Procedures do not apply to the Executive Director's rulings, interpretations or decisions relating to sports regulations, National Federation rules or regulations, WIAA adopted National Federation rules or regulations as amended or any other determinations not specifically set forth in paragraph A above. The decision of the Executive Director and any penalty or penalties imposed shall remain in effect until such time as a contrary decision is made by the Board of Control pursuant to the procedures set forth herein. If there is an event or competition which is scheduled to take place prior to the time a determination is made by the Board of Control, the Executive Director's decision will remain in effect until such time as a determination is made by the Board of Control.

C. Notice

The Executive Director shall notify the appealing party, of the time and place set for a hearing on the appeal. The hearing shall be conducted in conjunction with a regularly scheduled meeting of the Board, or the matter may be heard at a special meeting of the Board at the discretion of the Board.

D. Attendance at the Hearing

Member school administrators, boards of education, students or parents/guardian or game officials who are appealing parties are entitled to attend hearings. In the instance of a student submitting the appeal, such student may be represented by the member school attended. Any person entitled to be in attendance at such hearing may represent themselves. Such persons are also entitled to be represented by counsel.

E. Board of Control to Hear Appeals

The Board of Control of the Association shall hear and decide all appeals brought under the provision of these rules. The President of the Board of Control may appoint a hearing officer to preside over the hearing or may act as the hearing officer. The hearing officer may, at the beginning of the hearing, ask for statements clarifying the issues involved or factual matters to which the appealing party will stipulate and agree. The appealing party shall present its defense and proofs. The parties may offer such evidence, including the testimony of witnesses, as they desire, and which shall be relevant to the proceedings. Each party shall have the right to cross examine witnesses of the adverse party. All parties shall be afforded the opportunity to examine all documents introduced.

F. Closing of Hearing

The hearing officer shall specifically inquire of all parties whether they have further evidence. Upon receiving negative replies, the hearing officer shall declare the hearing closed.

G. Hearing in Absence of any Party

The hearing may proceed in the absence of any party who, after it is shown has received due notice thereof, fails to be present or fails to request an adjournment. A majority of the members shall constitute a quorum for any meeting. Adjournments may be considered by the hearing officer upon the request of a party or upon the initiative of the hearing officer. However, a decision shall not be made solely upon the default of a party but shall be based upon the evidence in the matter before the Board.

H. Decision of the Board

The decision of the Board of Control shall be made by a majority of the voting members at the hearing no later than the next regularly scheduled meeting following the hearing. The decision shall be in writing, signed by the Board of Control President or Executive Director, and shall state the conclusions of the Board. It shall be mailed to the appealing party. All decisions of the Board shall be final and nonappealable except as provided by these rules.

I. Video Replay

School administration may have up to 24 hours to submit one, unedited video of the play where a player was ejected from a contest, to identify a misidentified student-athlete to the respective sport director. The review will be conducted by WIAA Executive staff and any designee, after the conclusion of the game. The result of the review is final with no ability to appeal the decision.

Conference Alignment

(Board of Control Guidelines and Philosophy)

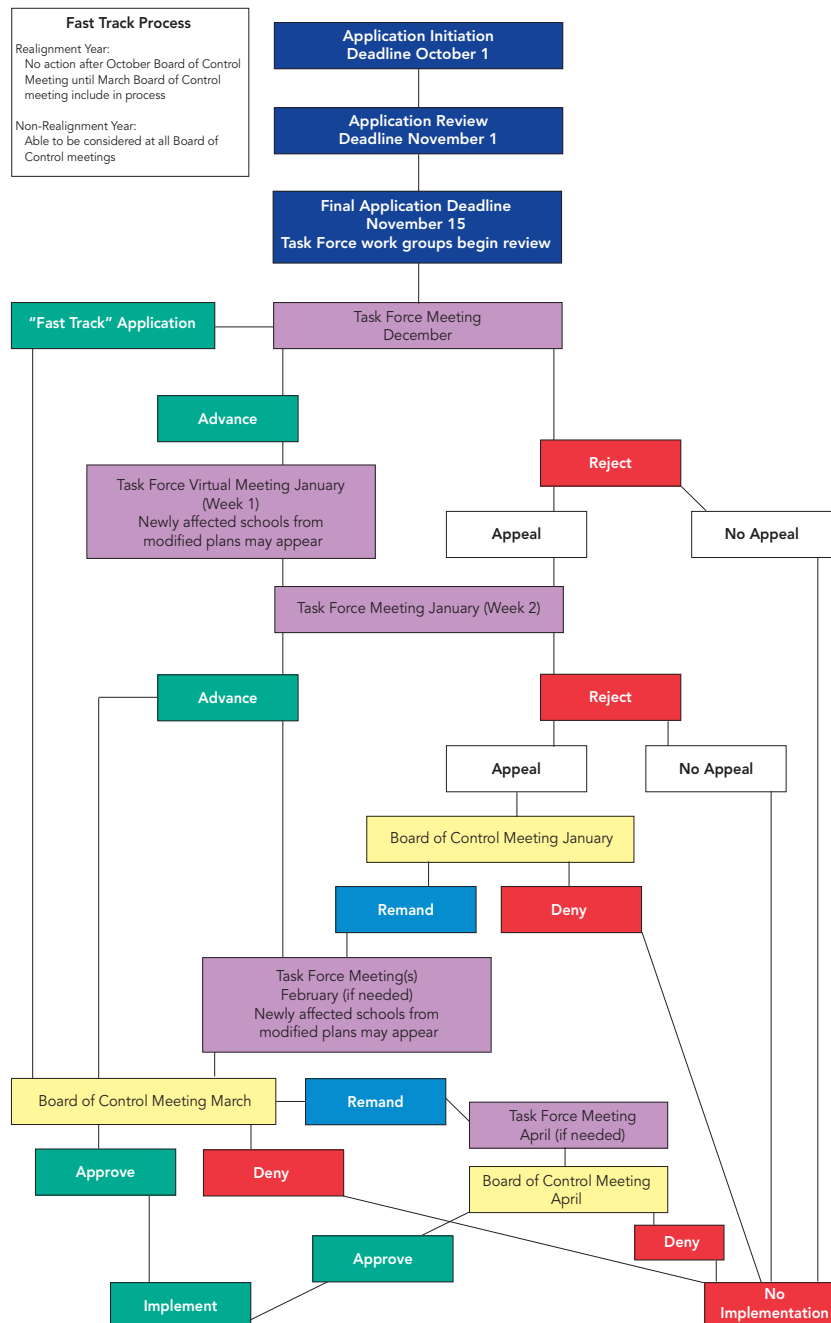
The Board of Control's authority in conference alignment is outlined in the Constitution of the WIAA under Article VI-Powers and Duties of the Board of Control, Section 10, as follows:

The Board of Control has the authority to take action to bring about a reasonable conference affiliation and relationship for member high schools. Reasonable conference affiliation and relationship with member high schools may include total movement of member schools, sport specific relief, and/or scheduling assistance.

Note: While it is not generally the intent to make wholesale changes in existing conference lines; it should be understood that there could be adjustments in areas where conference affiliation problems are particularly acute. It should also be understood that it may not be realistic to find a solution for every member school.

For inclusion in a conference, any member high school, either through co-op application or by singular sponsorship, must offer one sport for boys and one sport for girls during the school year seasons: fall, winter, and spring. Schools that are not coeducational must adhere to a similar single-gender requirement.

Conference Realignment Flow Chart



Authority of Contest Manager

The Constitution reference for this section, Authority of Contest Manager, is Article X – Game Control on Page 27 of this HANDBOOK.

Guidelines

It is necessary that a school designate a contest manager for every contest it hosts. This applies to all sports and all levels of competition. It is also important it be understood that the coach will automatically serve as the contest manager if no one else is so identified. The individual that will serve as contest manager should introduce themselves to the contest officials prior to the contest.

These guidelines are limited to the authority of a contest manager as it relates to whether or not:

- A. A contest shall begin after all participants have arrived.
- B. A contest should continue after it has started.

In both cases, the manager will be concerned only with playing conditions, i.e., weather, facilities, equipment, and/or crowd control.

- A. Unless otherwise indicated in the rule book of the sport involved, the contest manager's authority exists from the time participating teams arrive up to the actual start of the contest.
- B. The contest manager's authority is limited once the contest begins. They may, at an appropriate time, consult with game officials to indicate concern about safety of the participants as it relates to weather, facilities, equipment, and/or crowd control. The manager is not to interject concerns regarding such things as rough play, score differential, judgment calls, or quality of officiating. Only the contest officials have the authority to terminate a contest once it has begun.
- C. If because of conduct the contest is to be rescheduled on a different day, the WIAA office should be involved in that decision.

Note: If the contest is to be resumed, proper note must be made of all pertinent details; for example, in a football game – yard line, down, yards-to-go, time, unsportsmanlike penalties, etc. Documentation of these details should be made in the form of a signed agreement by representatives of all schools involved.

When a Coach is Contest Manager

All the above provisions apply. The coach, prior to and following the contest, must act in a capacity of contest manager as well as coach. During the contest, they may, in addition to serving as coach, be called upon to take action as a contest manager as provided in B. above.

Reporting System

When a contest is not allowed to start after teams have arrived or is interrupted because of poor conduct on the part of spectators, contestants, and/or coaches, a letter of explanation must be sent to the WIAA office, by the contest manager and the contest officials, providing:

- A. Details regarding the incident.
- B. Plans, if any, for rescheduling or resuming the contest.

Note: It is recognized that no single guideline or statement can be all inclusive. Contest managers are expected to take any action they feel necessary as they administer their duties.

Blood-Borne Pathogens Outline of Responsibilities and Procedures

- I. Through OSHA/DILHR/DPI each school is required to have an exposure control plan that includes:
 - A. Training of total staff.
 - B. Protection of staff.
 - C. Protection of students.
 - 1. Have trained person available.
 - 2. Be prepared to handle bleeding situations.
 - 3. Get student safely back into school programs.
- II. Officials determine who must leave contest by enforcement of national rule
 - A. Because of bleeding and/or open wound.
 - B. Because of excessive blood on uniform.
- III. School personnel handles blood-related situations in accordance with OSHA/DILHR/DPI regulations.

Concussion Information - When in Doubt, Sit Them Out!

1. Before a student may participate in practice or competition: At the beginning of a school year for a youth athletic activity, the person operating the youth athletic activity shall distribute a concussion and head injury information sheet to each person who wishes to participate in that youth athletic activity. No person may participate in a youth athletic activity unless the person returns the information sheet signed by the person and, if they are under the age of 19, by their parent or guardian. At the beginning of a season for a youth athletic activity, a concussion and head injury information sheet shall be distributed to each person who will be coaching that youth athletic activity.
2. An athletic coach, or official involved in a youth athletic activity, or health care provider shall remove a person from the youth athletic activity if the coach, official, or health care provider determines that the person exhibits signs, symptoms, or behavior consistent with a concussion or head injury or the coach, official, or health care provider suspects the person has sustained a concussion or head injury.
3. A person who has been removed from a youth athletic activity may not participate in a youth athletic activity until he or she is evaluated by a health care provider and receives a written clearance to participate in the activity from the health care provider. No athlete shall return to play or practice on the same day of being diagnosed with a concussion or rendered unconscious.

These are some SIGNS of concussion (what others can see in an injured athlete):

Dazed or stunned appearance
 Change in the level of consciousness or awareness
 Confused about assignment
 Forgets plays
 Unsure of score, game, opponent
 Clumsy
 Answers more slowly than usual
 Shows behavior changes
 Loss of consciousness
 Asks repetitive questions or memory concerns

Concussion SYMPTOMS are often categorized into four main areas:

1. Physical – This describes how they feel: headache, nausea, vomiting, dizziness, tired, and loss of consciousness (which is uncommon in concussion). Vision and balance problems are also recognized as potential signs and symptoms of a concussion.
2. Thinking – Poor memory and concentration, responds to questions more slowly and asks repetitive questions. Concussion can cause an altered state of awareness and thinking.
3. Emotions – A concussion can make a person more irritable or sad and cause mood swings.
4. Sleep – Concussions frequently cause trouble falling asleep and may wake athletes up overnight, which can make them more fatigued throughout the day.

Injured athletes can exhibit many or just a few of the signs and/or symptoms of concussion. However, if a player exhibits any signs or symptoms of concussion, the responsibility is simple: remove them from participation. An athlete should never return to play on the same day. **"When in doubt sit them out."**

It is important to notify a parent or guardian of any athlete with a suspected concussion. All athletes with a concussion must be evaluated and receive written medical clearance by an appropriate health care provider before returning to practice (including conditioning and weight lifting) or competition.

RETURN TO PLAY

In order to resume activity, the athlete must be **symptom free** and off any pain control or headache medications that they were not taking prior to the concussion. The athlete should be carrying a full academic load without any significant accommodations for 1-2 days. Finally, the athlete must have written medical clearance from an appropriate health care provider.

The program described below is a guideline for returning concussed athletes when they are symptom free. Athletes with multiple concussions and athletes with prolonged symptoms often require a prolonged or different return to activity program and should be managed by a physician that has experience in treating concussion.

The following program allows for one step per 24 hours. The program allows for a gradual increase in heart rate/physical exertion, coordination, and then allows contact. If symptoms return, the athlete should stop activity and notify their healthcare provider before progressing to the next level.

- STAGE ONE: Daily activities that do not increase symptoms (gradual reintroduction of school, work and walking).
- STAGE TWO: Light aerobic exercise: slow to medium pace jogging, stationary cycling. No resistance training. This allows for increased heart rate.
- STAGE THREE: Sport-specific exercise: moderate to higher intensity running or skating drills, but no activities with risk of head impact. This allows for increased heart rate and agility/movement.
- STAGE FOUR: Non-contact training: Higher intensity aerobic fitness, and non-contact/non-collision team training drills (e.g., passing drills). May begin progressive resistance training. This increases coordination and thinking during sport.
- STAGE FIVE: Full contact practice. Following medical clearance, participate fully in normal training activities. This restores confidence and allows coaches to assess functional skills.
- STAGE SIX: Full clearance / Normal game play.

Ref: Wisconsin State Statute 118.293 Concussion and head injury.

Required Number of Officials for Contests

A function of the Wisconsin Interscholastic Athletic Association is the licensing of game officials for interscholastic competition as stipulated in its CONSTITUTION under Powers and Duties of the Board of Control as follows:

The Board of Control shall license game officials for interscholastic competition, and the Board shall have the authority to determine qualifications, procedure for advancement and conditions for revocation, suspension or probation of license.

Member schools of this Association are required to use only WIAA licensed sport officials as stipulated under Article IX - Officials Qualifications in the BYLAWS as follows:

A school shall use only persons licensed with the Association for purposes of officiating interscholastic contests – varsity, junior varsity, sophomore, freshman and junior high/middle level school (Grades 6-8). The following number of licensed officials (as noted in parenthesis) are required for each sport.

Baseball (2) – Umpires (Three person crews are acceptable. Three person crews will be used at sectionals, four person crews will be used at State). For junior high/middle level one licensed official is required but two are recommended. Note: Schools cannot use unlicensed individuals as their second official.

Basketball (2) – Referee and Umpire (Three person crews are acceptable. Three person crews will be used at regionals, sectionals and State.)

Cross Country (1) – Referee-Starter (two are recommended for all interscholastic competition).

*Football – Regular Season (4): Referee, Umpire, Linesman, and Line Judge
Playoffs (5): Referee, Umpire, Linesman, Line Judge, and Back Judge*

Note: For interscholastic competition other than senior high varsity games, only three officials are required (four are recommended). Five person crews are acceptable.

Gymnastics – Judges (2): Per event - Varsity. Judges (1): Per event - Junior Varsity

Hockey (3) – Referee, Assistant Referee, and Linesman - at all levels of competition.

Lacrosse (2) – Licensed officials are required at all levels. Three recommended for varsity competitions.

Soccer (3) – Head Referee and Assistant Referee (2) required for all varsity (nonconference and conference) duals.

Note: Two officials are acceptable for varsity multi-school tournaments and subvarsity contests.

In emergency situations, one licensed WIAA official and two volunteers may be used to officiate subvarsity games. The volunteers would not need to be licensed and would not be required to be in a uniform. The volunteer official would only indicate when the ball is out-of-bounds and which team would get the throw in. The volunteer will not call offside.

Softball (2) – Umpires - (Three person crews are acceptable. Three person crews will be used at the state tournament and the sectional championship.) For junior high/middle level one licensed official is required but two are recommended. Note: Schools cannot use unlicensed individuals as their second official.

Swimming and Diving (2) – Referee and Starter. Diving - Championship Meets (2). Diving - Non-Championship Meets (1).

Track and Field (2) – Field Referee and Starter

Volleyball (2) – R1 and R2

Note: For interscholastic competition other than senior high varsity games, only one licensed official is required (two are recommended).

Wrestling (1) – Referee

Middle level/junior high members are required to use the number of game officials as noted above in all competitions unless otherwise noted.

Individuals in high school may apply for licensing and officiate contests up to and including the 9th grade level. High school students, classified as Limited/Restricted (L/R), are allowed to officiate subvarsity contests in all sports except hockey as long as they are assigned with a fully licensed, non-high school official. High school age officials are also able to be assigned as lines people for varsity contests in soccer.

Contracts engaging services of officials (available on WIAA website) must be executed by officially designated representative of the schools for ALL interscholastic competition at ALL levels of competition. Contracts are required for Association sponsored tournament competition as well as all other types of interscholastic activity.

WIAA member schools and officials are reminded that games/meets should not be started at any level of competition without the required number of officials. Schools and officials expose themselves to potential problems as well as WIAA disciplinary action if a game/meet starts with less than the number of officials required. If an official becomes incapacitated after a game/meet begins, the school is expected to attempt to fill the position with another licensed official.

Purpose of Licensure

1. It is the purpose of this Association, in its program of licensing officials, to advance the best interest of interscholastic competition by:
 - a. Aiding officials in acquiring a thorough knowledge of playing rules in all sports.
 - b. Promoting uniformity in the mechanics of officiating.
 - c. Encouraging competent young officials to replace retiring officials.
 - d. Establishing classifications for officials.

2. A thorough knowledge of playing rules and an ability to interpret these rules will be regarded by this Association as a primary requirement of all officials. To help implement this requirement, this Association conducts sport meetings or offers online video presentations. The official is required to attend a sport meeting in sports in which they are conducted for the purpose of keeping informed of rules changes and new interpretations as well as general review of all rules and regulations. If no sport meeting is offered officials are required to watch an online video. All officials are required to take a written examination(s) for those sports in which they are offered.
3. A thorough knowledge of the mechanics of officiating is imperative for a properly officiated contest.
4. Dedication to high-professional standards as developed by tradition and through practice will be regarded by this Association as highly desirable on the part of officials. A proper attitude toward the avocation of officiating will contribute toward the total value of the interscholastic program.
5. The WIAA encourages the formation of local officials associations. All officials are encouraged to become active members of such associations.

Licensure Procedure

1. Officials license is valid from August 1 through July 31. License applications for any particular sport will not be accepted after the first day of the WIAA tournament series in that sport. Exceptions will be made for officials wishing to work junior high/middle level contests.
2. Individuals in high school may apply for licensing and officiate contests up to and including the 9th grade level. High school students, classified as Limited/Restricted (L/R), are allowed to officiate subvarsity contests in all sports except hockey as long as they are assigned with a fully licensed, non-high school official. High school age officials are also able to be assigned as lines people for varsity contests in soccer. Note: After two years' experience as a L/R official there is opportunity for advancement to L2 upon high school graduation with verification.
3. The basic fee for each licensed official (no fees charged to high school students) will be \$35. A \$15 sport fee will be assessed for each sport for which you elect to be licensed.
4. A criminal background check will be done on all officials. Background checks are not required for high school age (L/R) officials.
5. OFFICIALS LICENSE APPLICATION
 - a. Persons applying for the first time or after a break in service may file an application with the WIAA at any time (in accordance with procedure Number 1).
 - b. Officials reapplying for a license **outside of** the published **windows (June 30, September 15-30 and January 1-15)** will be required to pay a processing fee of \$30.
6. Completion of your application will result in:
 - a. Online access to the WIAA BULLETIN.
 - b. Name being placed in the WIAA online Officials Directory.
 - c. Prior to each sport season officials will receive appropriate rules books, case books, and officials manuals (when published). Simplified and illustrated rules books are available from the WIAA at an additional charge.
7. The WIAA is offering current and former military personnel the opportunity to license as a WIAA sport official by waiving the basic licensing fee and the sport fee for two years. This offer is extended to those current and former military personnel who are licensing as a WIAA sport official for the first time.
8. By applying for a license to officiate WIAA athletic contests, applicant acknowledges that he/she is performing duties as an independent contractor and not as an employee of the school or of the WIAA when officiating contests authorized by the issuance of this license.

Classification System

1. Officials may advance one level in classification each year if all requirements for the next level are met.

Note: L1, L2, and L3 officials will be allowed to advance two levels in classification per sport, per year, when credited for attending a WIAA approved officiating clinic or completing a NFHS officiating video for the sport(s) licensed, provided they meet all the criteria for the new level (maximum one clinic or NFHS officiating video per sport/year). Note: Clinic attendance or NFHS officiating video does not eliminate the sports meeting video requirement. L4, L5 and Master officials attending a WIAA approved clinic or NFHS officiating video or conducting a WIAA approved clinic will be given credit for one varsity contest on their schedule of games.
2. Officials will maintain their current classification level for any of the following reasons (will not advance):
 - a. Miss the deadline for submitting Part I or Part II (if applicable) exam.
 - b. Did not achieve the required exam score for the next level but did achieve the necessary score to maintain their current level.
 - c. Did not have the required number of contests for the next level but did have the required number of contests to maintain their current level.
 - d. Submitted Classification Request and Schedule form late but did achieve the necessary number of contests to maintain their current level.
3. Officials will drop in classification for any of the following reasons:
 - a. Did not watch the online **rules** video.
 - b. Did not submit Part I or Part II (if applicable) exam.
 - c. Did not work the required number of contests for the L5 or Master classification level.
 - d. A Master official did not achieve the required Part I and Part II (if applicable) exam score and/or did not have the required number of varsity contests for the Master level.
 - e. Repetitive violation of requirements listed in No. 2.
4. L1 officials that do not submit an exam and/or do not meet the sport meeting requirement will be classified as a L0 official. Classified as a L0 official shows the individual is licensed but has chosen to not submit an exam and/or watch the rules video.
5. An official's classification level will be dropped one level, in a given sport, for each year he/she is not licensed.

Coaches' Education

WIAA REQUIREMENTS FOR COACHES NOT LICENSED TO TEACH (CNLTs)

The Wisconsin Interscholastic Athletic Association (WIAA) has approved the American Sport Education Program (ASEP) Coaching Principles and Sport First Aid Courses and also the National Federation of State High School Associations (NFHS) Fundamentals of Coaching and First Aid, Health and Safety for Coaches to meet the educational requirement for Coaches Not Licensed to Teach (CNLTs). This requirement became effective with the 1994-95 school year and requires CNLTs to successfully complete an approved coaches' education program prior to coaching during a second school year.

The following do not have to take an approved course:

A student teacher while student teaching.

An individual with an administrator's or counselor's license.

Guest lecturers (one time appearance).

Individuals with a coaching degree or similar course completion. Transcripts must be provided to WIAA with a request to waive the fundamentals of coaching course.

The following must take an approved course before they can coach a second year:

Anyone that does not fit one of the above listed categories.

Anyone that does not have a current license to teach in Wisconsin.

The following conditions do not exempt a person from the requirement:

Holding a license to teach that has expired.

Being a volunteer.

Being unpaid.

Being an occasional, but regularly scheduled lecturer or demonstrator.

Having been a student teacher but is no longer officially in that capacity.

Being a nonvarsity coach.

Being an assistant coach.

WIAA REQUIREMENTS FOR ALL PAID COACHES

All paid coaches shall be certified and will maintain certification in First Aid, Cardiopulmonary Resuscitation (CPR) certification, and AED operation.

Spectator Conduct Statement

The Wisconsin Interscholastic Athletic Association objects to the use of activities, materials, logos, apparel, mascots, or gestures that are profane, vulgar, insulting, or offensive to others. The membership disapproves of any form of taunting or expression that is intended or designed to embarrass, ridicule, disrespect, or demean others under any circumstances including on the basis of race, religion, gender, or national origin.

Policy for UAVs at WIAA Tournament Series Events

The WIAA policy for Unmanned Aerial Vehicles (UAVs) or drones focuses on public safety and the facilitation of event planning and administration.

The use of drones/UAVs for any purpose at WIAA State Tournament Series may be permitted at WIAA outdoor events only, provided the following conditions and requirements are satisfied:

- A. Drone operation at WIAA Tournament Series events requires a Remote Pilot Certificate and adherence to all Unmanned Aircraft Systems (Part 107) limitations, certifications, requirements and responsibilities; advanced written consent (at least 24 hours) from the WIAA executive office; as well as approval of host facility event management.
- B. A signed agreement holding the ownership and operators of event facilities and the WIAA harmless from any claims of harm to individuals or damage to property. In addition, UAV operators must provide event management proof of insurance with liability limits of not less than \$1 million that identifies the WIAA and its member school as additionally insured.
- C. UAV controllers must maintain line of sight at all times during operation and are prohibited from flying UAVs over playing surfaces, seating and spectator areas where and when people are present, as well as event parking areas where and when people and vehicles are present.
- D. UAV controllers and their employers are responsible for ensuring operators are trained in the use of the drone that they operate. UAV operators must be aware of the risks that include, but not limited to, personal injury and property damage caused by the UAV as a result of weather, operator error or judgment, and failure of device systems and equipment.
- E. When recording or transmitting visual images,* UAV controllers must avoid areas reasonably considered private in accordance with social norms. These areas include, but are not limited to, restrooms, locker rooms, individual residences and health treatment rooms. In Wisconsin, it is a misdemeanor to use a drone to "photograph, record, or otherwise observe another individual in a place where the individual has a reasonable expectation of privacy." (Wis. Stat. § 942.10).

Tournament host managers shall refuse admission to any individual or group attempting or intending to use a UAV without authorization. Tournament host managers are authorized to suspend play, if necessary, to remove and confiscate any authorized or unauthorized use of a UAV in prohibited areas during WIAA Tournament Series events.

Failure to follow this policy may result in WIAA sanctions, as well as local, state and federal penalties if applicable.

This policy will be updated as deemed necessary to reflect changes in WIAA administrative policies, as well as federal, state and local regulations.

Drone Requirement Checklist at WIAA Tournaments:

- ___ FAA approval with Remote Pilot Certificate or Part 107 waiver (commercial, non-hobby)
- ___ Aircraft registration and markings with pilot certification
- ___ WIAA Executive Staff approval
- ___ Venue host administration approval
- ___ Proof of insurance as required by this policy
- ___ Statement that the operators are trained in the use of the UAV

* Any unauthorized use of any transmission, internet stream, photo, image, film, videotape, audio tape, play-by-play depiction or description of any competition and/or game action is prohibited without written consent of the WIAA. All "Real-time," or tape-delayed audio, video or textual transmission of play-by-play is exclusive property of the WIAA and rights-granted entities. Any account/transmission of real-time video, audio or textual play-by-play is prohibited on-site or off-site without consent of the WIAA.

Licensing and Royalty Policy

The name, emblem and/or logos of the WIAA are registered service marks with the U.S. Patent Office and are protected from unlawful use for the benefit of the Wisconsin Interscholastic Athletic Association and its member schools.

Any use of the WIAA emblem and logos shall obligate a vendor doing business with the WIAA or with a WIAA member school to adhere to WIAA licensing policy. For royalty and licensing fees information, contact the WIAA in connection with any commercial or noncommercial venture using WIAA marks on any merchandise and/or apparel, or with any promotion or service.

By virtue of membership in the WIAA, any member school assigned a WIAA Tournament Series event on the regional, sectional or State level shall be authorized by the Association with respect to use of any or all WIAA service marks subject to the following terms and conditions of this policy.

1. WIAA member schools may only contract with WIAA-licensed vendors to produce any items commercial or noncommercial merchandise and/or apparel, or with any promotion or service displaying the WIAA name and/or logos. Vendors without license to use WIAA marks must contact the WIAA for royalty and license fee information.
 - a. Member schools are permitted and encouraged to use the WIAA name and/or logo. No approval from the WIAA is required for use of the WIAA logo in internally produced printed publications and on painted playing surfaces, facility walls, or permanent structures.
 - b. Member schools may not authorize an unlicensed vendor to use the WIAA name and/or logos.
2. Adherence to the WIAA licensing policy, including royalties and fees, for all agreements/contracts between member schools and outside vendors for products or merchandise received in the agreement are the responsibility of the member school arranging the agreement. The WIAA retains the right to require submission, upon request, of samples of any product for the purpose of licensing compliance and quality control.
3. Any use of the WIAA name, emblem and/or logos on all merchandise and apparel, including—but not limited to—patches, shirts, sweatshirts, hats, shorts, pants, towels, artifacts, souvenirs, equipment, official/umpire gear and apparel, spectator/business giveaways and promotions—require licensing with the WIAA to produce and distribute. Contact the WIAA for royalty and licensing information.
4. Licensing fees apply for any item of apparel or merchandise that is purchased with the intent for resale or as promotional giveaway displaying the WIAA marks or WIAA Tournament Series branding. No fee is applied for items not intended for resale or promotional giveaways.
5. For printed materials, no licensing fee is required for a vendor or manufacturer working with a member school to produce products or services intended for the school's promotion and dissemination of WIAA information, services or brand.
6. Upon approval of the WIAA executive staff, a license and fee are not required for items and apparel produced by a member school or an association partner as a service to the WIAA, which are not intended for resale or branded with sponsored promotion.

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Media may use the WIAA name, emblem, and/or logos as part of its news coverage of WIAA events in publications, video, brochure, advertisement, commercial, etc., relating to its coverage of the WIAA only. Permission from the WIAA is not required and the terms of this policy do not apply. However, the use of any WIAA name, emblem, and/or logo on any merchandise, service, or promotional items created and distributed in connection with the coverage, and/or the sale of any service, image/photos, apparel, or merchandise is subject to the licensure policy. Contact the WIAA for royalty and licensing information.

The enforcement of this policy shall be with each member school in conjunction with the WIAA. The collection of revenue required pursuant of this policy shall be the responsibility of the entities arranging the actual production and distribution of any merchandise, apparel, or service. All contracts or agreements with vendors, manufacturers, suppliers, and distributors of merchandise, apparel, or service shall incorporate and adhere to WIAA licensing policies and may include requiring/disclosing accounting of revenues and expenses to the WIAA. The WIAA retains the right to enforce this policy for itself or any member school at any or all events upon its discretion.

2024-2025

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July							August							September						
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2025-2026

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