



**2025 Rocky Mountain District High Performance Girls Camp  
Weber County Ice Sheet – Ogden, Utah  
June 27-29, 2025**

**Important Information**

The Rocky Mountain District of USA Hockey is pleased to announce its 2025 High Performance Girls Camp for 2012 birth year players. While furthering your player's development, our expectation is for all players to bring a strong desire to learn and become a better hockey player. Below is some important information to answer any questions you may have. As a reminder, all participants must be US citizens and registered with USA Hockey for the current season.

**Flight Information & Ground Transportation**

Players and goaltenders should arrive in the Ogden, Utah, area so they can arrive timely for registration at the Weber County Ice Sheet at 8am MDT on Friday, June 27, 2025. Players are **100%** responsible for all their ground transportation during the camp. The camp ends at 12:00 noon MDT on Sunday, June 29, so players can schedule their ground transportation and flights home from Salt Lake City International Airport (SLC) accordingly.

We would prefer all players input their flight itineraries or ground transportation notification and time of arrival into their Rocky Mountain Register account prior to May 15, 2025. While players are 100% responsible for their transportation, this gives us a reference point on player arrivals in Salt Lake City. Players must allow sufficient time to travel to/from Weber County Ice Sheet throughout the weekend so they are timely for all events while keeping continuity with their warm-up and routines and being a cordial and present teammate.

**Hotel Accommodations**

We have a number of great hotel options for the Camp. A link is provided below with hotels available along with other information for the Ogden area. Of course, if another hotel or housing option is preferred, you are not obligated to stay in any of the listed hotels. We only provide the hotel link below for your convenience.

<https://www.visitogden.com/places-to-stay/hotels/>

**Registration:**

Onsite player registration will take place at 8am-10am MDT on Friday June 27, 2025. At that time, players will receive team information, jerseys, socks, and a team schedule.

**Meals**

**Players will be on their own for food and drink Friday, Saturday, and Sunday.** Please must stay hydrated throughout the week as temperatures in the Ogden area can exceed 90°F outside.

**Ice Facilities**

Weber County Ice Sheet  
4390 Harrison Blvd Ogden, Utah 84403

<https://www.icesheetwcsc.com/>

Telephone: (801) 778-6360

### At A Glance

[Weber County Ice Sheet](#) is located 35 miles north of Salt Lake City on the campus of Weber State University in Ogden, Utah. The Ice Sheet opened in 1994 as an Olympics venue for the 2002 Winter Games and includes a skate sharpener plus Olympic and NHL-size ice sheets. Each rink has 4 locker rooms with normal accommodations (i.e. showers, officials rooms, bathrooms, etc.) The Ice Sheet includes a snack bar with many restaurants located nearby. The Ice Sheet is part of the Weber County Sports Complex with many sports happening continuously. The Hockey Stopz shop (gear, sticks, etc.) is a one-block walk from the Ice Sheet.

### Camp Fee

In order to cover costs of coaches, camp staff, ice time, and medical support, USA Hockey provides a non-profit, development opportunity at a reasonable cost of \$200 to camp participants. **Player fees are required to be paid in full by May 15, 2025, in order to secure your spot.** *If you are not registered and paid in full, the District reserves the right to select participants on our alternate list of candidates.*

### Daily Routine

Players can expect to be at the arena for multiple hours during the day. The staff recommends players plan accordingly with their families for meals, sleep, and logistics to/from the Weber County Ice Sheet. The camp staff also asks players to not bring valuable items into the rink during the camp. Players are responsible for their valuable items, so please keep them in a secure location.

A seminar/Q&A session with players will be held at the arena where players will hear from current and former collegiate athletes about their paths and what the athletes might see during their individual journeys. Parents can expect a seminar/meeting as well during the first part of the weekend.

### What to Bring

- \* Required USA Hockey Equipment (including mouthguard)
- \* Extra Hockey Sticks – skate sharpening at Ice Sheet and Hockey Stopz shop nearby
- \* Dry Land Gear – including running shoes for indoor Field House
- \* Toiletries – towel and water bottle
- \* Extra Cash for snacks, energy drinks, or food delivery

### Camp Conclusion

Camp will conclude by 12:00 noon MDT on Sunday June 29. Please allow adequate time for travel to the airport when scheduling departure flights.

### Summary

We look forward to providing a great opportunity for the elite level female players in the Rocky Mountain District. Our expectations are high for both on and off ice player development and positive camp experience. This is an opportunity for our players to develop and enhance their talent and hockey knowledge. We expect a professional and safe atmosphere for our players and staff as this opportunity is for young athletes who wish to take their game to a higher level. Best of luck, safe travels, and we look forward to seeing you in Ogden.

#### **Kathleen Smith**

Girls Camp Director  
USAH Legal Council Representative  
RMD Representative

#### **Ted Skinner**

Girls Camp Director  
USAH Girls Council Representative  
RMD Representative

#### **Melissa Mossberg**

Girls Camp Director  
Utah Affiliate Girls Vice President

